The Whole World is Very Narrow Bridge – Challenging or Uplifting?
AA Tikkun Leyl Shavuot – June 11, 2024
Rabbi Neil Sandler

כל העולם כולו, גשר צר מאוד
והעיקר: לא לפחד כלל.

Kol haolam kulo, gesher tzar meyod,
V'ha'ikar: Lo l'fached klal.

The whole world is a very narrow bridge,
And the most important thing is not to fear at all.

Rabbi Nachman of Breslov
(1772-1810, Great-Grandson of the Ba'al Shem Tov)

Hitbodedut (solitariness) – Rabbi Nachman

"It is very good to pour out your thoughts before God like a child pleading before his parent. God calls us My children, as it is written (Deuteronomy 14:1), "You are children to God." Therefore, it is good to express your thoughts and troubles to God like a child complaining and pestering his parent."

Likutei Halakhot, Yoreh Deah

The core idea in the service of God is that a person should have no fear, as our rabbis taught us that in this world a person needs to walk on a very narrow bridge, and the most important thing is that this person should have no fear. The most important thing as a person is strengthening herself to walk across this narrow bridge in peace and without fear is the holy faith.

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