

BOYS SOCCER – RULES / EXPECTATIONS For Players and Parents

- In Order for you to be a High School Athlete, you must first be a student. Academics come before athletics. Without your eligibility, you are not helping the team.
- Be Prepared when you show up to any Practice or Game. When you show up you should be early and prepared for practice when practice time starts.
- **Ask 3 rule!** You ask two other teammates your question before you ask coaches unless it is something that only applies to you!
- YOU need to be responsible for YOU.
- PLAYERS - If you need to speak with the coach and need to call, please do. Do not have your parents call for you. We expect all players to talk with us and not send their parents to talk to us. You are in high school and should be able to take care of yourself.
 - PARENTS- If you decide to call and talk with a coach, We may discuss that call with the player.
- The 24 hour rule - Please wait 24 hours after major events or games to express concerns or contact the coaches.
- If you were late, missed practice, forgot your shoes, stayed up late, left your belongings behind, etc... Additional fitness may be the penalty for this behavior.
- **We never want to hear you swear. Ever. We will decide what is a swear word. There is no need for them. An incremental amount of fitness will be the penalty for this behavior.**
- Players – when we ask for volunteers, we expect everyone to volunteer.
- Playing time will only be discussed if the player asks the coach. If a parent has a concern about playing time it may be discussed but the player must initiate and ask.
- Parents: If you feel that your child needs time away from soccer because grades are falling – We will back you. But please, let's talk about it together before we do anything drastic.
- If practice, game or team event is missed, the coaches shall decide on the adjustment of playing time for that incident.

Bring proper apparel. Dress for the weather and bring all parts/colors of your uniform. This includes Games and Practice!

BOYS SOCCER – GAME DAY RULES

- Arrive and dress for the game. By the time captains are called, all equipment shall be on. Jersey and guards on, and jewelry off.
- Pre-game – ready to warm up 40 minutes prior to game time.
- If we have the national anthem and/or player introductions, we line up by jersey number, on sideline by our bench, lowest number farthest from half line.
- Questions for the officials go through captains.
- DO NOT ARGUE with the officials, they will not change their minds. Keep your comments to yourself.
- Display good sportsmanship – winning and losing.
- Continuous competition is a MUST!
- Keep equipment on until after shaking hands unless you are injured.
- When the whistle blows at half and at the end of the game, jog to the bench.
- Everyone that can walk, shakes hands with the opposing team. We will line up on the half line or on the sideline to shake hands.
- Post game – the team will gather to discuss the game, this is part of the contest, stay throughout.
 - Varsity - Stay to support the JV and/or help clean up the dugouts/benches, equipment, get corner flags, release nets and gather game balls.
 - JV - Stay to support the Varsity and/or help clean up the dugouts/benches, equipment, get corner flags, release nets and gather game balls.
- With roundtrip buses, all players are expected to ride the bus home with the team, unless specific arrangements have been made and been cleared by coaches. See athletic policies and procedures.

BOYS SOCCER – PRACTICE RULES

- **All equipment shall be picked up and put away at the close of practice – check with the coach before you leave. Equipment remaining after practice can result in additional fitness training for the team.**

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