

**Article type:** Letter to the editor, technical note, reflection article, original article or review article.

Title must be clear and descriptive, in both Spanish and English, in Times New Roman 12, bold font, left aligned, no end point, with a maximum of 20 words. Abbreviations and acronyms should be avoided

Título claro y descriptivo, tanto en español como en inglés, en letra Times New Roman 12, negrita, alineado a la izquierda, sin punto final, con un máximo de 20 palabras. Se deben evitar abreviaturas y siglas

#### Abstract

Provide an unstructured abstract in Spanish and English, not exceeding 200 words, addressing the purpose, methodology, results, and conclusions of the study. Avoid references and uncommon abbreviations.

**Keywords:** Include three to six keywords, avoiding non-standard abbreviations, which will be used for indexing the article.

### Resumen

Proporcionar un resumen no estructurado en español e inglés, de no más de 200 palabras, abordando el propósito, metodología, resultados y conclusiones del estudio. Evite referencias y abreviaturas poco comunes.

**Palabras clave:** Incluya de tres a seis palabras clave, evitando abreviaturas no estándar, que se utilizarán para indexar el artículo.

### Introduction

Contextualize the topic, present relevant background, and establish the study's objective, as well as reviewing the existing literature to highlight the significance and novelty of the research.

### Materials and methods



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Research articles: Must include specific information about the materials used, such as ingredients, equipment, and techniques. A clear explanation of the experimental procedures is required, including testing conditions and applied statistical analyses. This is essential for other researchers to replicate the study. If applicable, ethical committee approval should be mentioned, especially in studies involving humans or animals.

*Systematic review articles:* Although no original experiments are presented, a critical analysis of existing methods in the literature should be provided, discussing their applicability and effectiveness. It is useful to include a synthesis of different approaches and techniques that have been used in the field, as well as recommendations for future research.

### Results and discussion

Present and objectively analyze the study's findings, followed by an interpretation that links them to the existing literature. Discuss the practical and theoretical implications of the study, as well as its limitations.

# **Figures**

- Ensure uniformity in fonts and sizes when creating illustrations.
- Include the sources used when applicable.
- Use fonts such as Arial, Courier, Times New Roman, Symbol, or similar.
- Number figures in the order they appear in the text.
- Adapt the size of illustrations to the dimensions required for the published version.
- Ensure that color images are accessible to visually impaired individuals.

## **Tables**

- Number tables sequentially with Arabic numerals and a descriptive header.
- Avoid vertical lines and minimize horizontal lines.
- Include a description that allows for independent understanding of the table.
- Provide explanations for abbreviations, values, and statistics used in data analysis, with appropriate references.

### **Conclusions**

Summarize the most important findings, highlight their relevance, analyze their implications, and propose possible directions for future research. This section closes the article, emphasizing its contributions to the field.



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# Acknowledgments

Authors may acknowledge individuals, institutions, and organizations that contributed to the research. This acknowledgment should be included in a separate section at the end of the manuscript, just before the references.

#### References

References must follow the guidelines of the American Psychological Association (APA) Publication Manual, seventh edition (2020), updated according to new formats and media, covering everything from printed documents to digital resources. Information about each cited source must be provided, including the author, year of publication, title of the work, title of the journal or book, volume number, and pages. References should be organized alphabetically by the last name of the first author. In-text citations can be included in the following ways:

- "... according to Casariego et al. (2024), chitosan coatings reduced weight loss in tomatoes and delayed their ripening..."
- "... chitosan coatings reduced weight loss in tomatoes and delayed their ripening (Casariego et al., 2024)..."

It is the author's responsibility to ensure that all references mentioned in the text are present in the reference list and vice versa. Citing unpublished results or personal communications is not allowed.

Use updated, high-quality references, especially those published in the last five years and from reputable national and international scientific journals, preferably indexed in recognized databases.

Avoid citing own works. If information that is not part of one's own experiment and not "common knowledge" is included, it must be attributed through citation. It is suggested that original articles contain between 15 and 30 references, and review articles between 35 and 50. At least 50% of the references should be recent primary publications (from the last five years).