

Red Beans and Rice

Ingredients:

1 green bell pepper, chopped
1 medium onion, chopped
3 cloves garlic, chopped
3 celery stalks, chopped
2 tablespoons vegetable oil
1 lb smoked sausage, sliced
1 cans (15 oz) red beans
3 teaspoons Creole seasoning
Hot cooked rice

Instructions:

Saute green pepper, onion, garlic, and celery in vegetable oil until tender. Add sausage, and cook until done. Pour in red beans and Creole seasoning. Cook until simmering. Serve over hot cooked rice.

Recipe found at <http://theperiwinklepiggy.blogspot.com>