



Franklin City Schools

High School September Menu

<i>What makes a free breakfast -</i> students can take up to 4 items, must take at least 3 items with one of those items being at least ½ cup of fruit, vegetable, fruit juice or fruit/vegetable juice.		<i>What makes a free lunch -</i> students must select at least 3 of the 5 components and one of the components must be ½ cup of fruit or vegetable component for their tray to count as a reimbursable meal.		1% White, Fat Free White or Fat Free Flavored Milk may be offered daily
<u>Breakfast cost</u> 1-12 Free Adult \$2.50		<u>Lunch cost</u> 1-12 Free Adult \$5.00		
Monday	Tuesday	Wednesday	Thursday	Friday
1) NO SCHOOL	2) Taco Tuesday Taco Pizza Black Beans Pineapple	3) Chicken Sandwich Carrots Strawberries	4) Pot Sticker Rice Bowl Broccoli Mixed Fruit	5) Fish Sandwich Mac n Cheese Juice
8) Wildcat Pizza Fries Pears	9) Taco Tuesday Soft Tacos Refried Beans Apples	10) Mini Corn Dogs Carrots Peaches	11) Lasagna Roll ups Roll Salad Grapes	12) Hot Ham & Cheese Green Beans Juice
15) Wildcat Pizza Fries Mixed Fruit	16) Taco Tuesday Fiesta Sticks w/ Cheese Salad Pineapple	17) Chicken Nuggets Roll Mashed Potatoes Gravy Applesauce	18) Cheeseburger Day Cheeseburgers Baked Beans Peaches	19) Sloppy Joe Sandwich California Blend Juice
22) Wildcat Pizza Fries Sidekicks	23) Taco Tuesday Walking Tacos Black Beans Oranges	24) Meatball Subs Salad Pears	25) Chicken and Rice Bowl Carrots Banana	26) Hot Dogs Corn Juice
29) Wildcat Pizza Fries Pineapple	30) Taco Tuesday Taco Bites Refried Beans Applesauce			

Menu Subject to change without notice.

Other main entrees may be available.

Fresh fruit, fruit juice and fresh vegetables may also be available.

Ala Carte items may be available at additional cost.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

USDA Nondiscrimination Statement For all other FNS nutrition assistance programs, state or local agencies, and their sub recipients, must post the following Nondiscrimination Statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: program.intake@usda.gov