CCSAR SOG Attachment 1

# BASIC SKILLS ASSESSMENT CHECKLIST

To be used for CCSAR Field Team Members. Personnel who have completed LSFTM, MSAR, TR Wilderness or other approved certification courses will not be required to demonstrate these skills.

**Team Members Name:** _____

Pack Test: This will be the entire Grape Smuggler Loop in Piney Knob which is approximately 2 miles. It will be at night while wearing a pack with "SAR Field Team Member Minimum Required Personal Gear List. Must be completed in less than 40 minutes.

_____

_____




Wilderness Preparedness: 6 Hours at night with only what is typically in your SAR pack. During this time frame you will be taught, demonstrate and be checked off on: Fire making, Emergency Shelters, Demonstration of gear list and Basic Rescue Rigging.

- Fire Making: Demonstrate ability to build a fire capable of boiling water.
  _____
  _____
  _____

- Emergency Shelters: Demonstrate ability to construct emergency shelter capable of protection from the elements.
  _____
  _____
  _____

- Demonstration of CCSAR Field Team Member Minimum Required Gear List: You will be required to demonstrate and discuss all items in the "SAR Field Team Member Minimum Required Personal Gear List"

  _____
  _____
  _____

- Basic Rescue Rigging: You will be required to demonstrate Figure 8 on a bite, Figure 8 follow through, Square knot, Clove Hitch and Munter Hitch. You will also demonstrate how to build a 3:1 mechanical advantage using available gear and package a patient in either a Basket Litter or a Sked type Litter.

  _____
  _____
  _____

## SAR Field Team Member Minimum Required Personal Gear List:

- 2-fire starters 1 being water resistant (recommend a BIC and a Ferro fire starting rod)
- 1-water resistant fire tender (recommend PJ balls, see google)
- 1-space blanket
- 1-toilet paper and/or baby wipes
- 1-backpack (large enough to accommodate personal gear)
- 2-liters of water or 1 liter of water and a water purification device
- Adequate amount of food for 24 hours (2-6 hours for Hasty Search)
- 1-Small Pot for boiling water
- 1-pad & pencil
- 1-pair eye protection
- 1-small amount of flagging
- 1-head lamp and extra batteries & one backup light source & extra batteries
- 1-pair durable leather palm gloves
- 1-whistle
- 1-pocket knife/multi tool
- 1-folding wood cutting saw or pruning shears
- 1-Baseplate compass
- 1-30foot body cord (provided by CCSAR)
- 3-Carabeners (provided by CCSAR)
- Rescue Helmet (provided by CCSAR)
- Cell phone with SAR TOPO
- Two-way radio/s provided by CCSAR for training and active searches.
- Appropriate clothing and footwear

**SAR TEAM Minimum Required Medical Kit:**

**For NCOEMS Credentialed EMR, EMT, AEMT & MEDIC Only**

- 1-SAM Splint
- 1-roll of self-adhesive wrap 2”
- 1-roll of tape
- 4-Ibuprofin/Aspirin/Acetaminophen
- 4-Antihistamine tablets
- 4-Antacid Tablets
- 2-Antiseptic Cleansing pads
- 2-roller gauze
- 1-Trauma pad
- 2-pairs nitrile gloves
- 2-Triangle bandages
- 1-Tourniquet
- 1-Bio Bag
- Personal medications

**For all other team members that are not NCOEMS Credentialed EMR, EMT, AEMT & MEDIC**

- Member must provide nitrile gloves and personal first aid and medical items that they may require including sufficient prescription medication and antidotes for their personal use.