

OM

Om Shree Krishnaya Param Brahmane Namah!

Om Namō Bhagavathe Vaasudhevaayah!

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॥ ॐ नमो भगवते वासुदेवाय ॥

Om Namō Bhagavathe Vaasudhevaayah!

॥ तृतीयस्कन्धः ॥

THRITHEEYASKANDHAH (CANTO THREE)

॥ द्वात्रिंशोऽध्यायः - ३२ ॥

**DHVAATHRIMSATHTHAMOADDHYAAYAH (CHAPTER
THIRTY-TWO)**

**Kaapileyopaakhyaane [Saathwikagethi Niroopanam] (In the
Story of Kapila [Advice about Movements of Saathwik Entities])**

[With this chapter the divine advice of Philosophical and Scientific Principles of Saamkhya Saasthra and Yoga Nishtaas by Kapila Maharshi to his mother, Dhevahoothi, will conclude. Varnaasrama Ddharmmaas and multifold Yoga Nishtaas are being narrated here. We can read the distinctive impacts of activities of materialistic beings versus those of transcendental beings or Yogees. We can read here the importance and need of performing selfless actions for attainment of Soul-Realization. This chapter will conclude with a list of people to

whom these divine Principles should not be advised as well as another list of people to whom these divine Principles can be and or should be advised. Please continue to read...]

कपिल उवाच

Kapila Uvaacha (Kapila Bhagawaan Said):

अथ यो गृहमेधीयान् धर्मानेवावसन् गृहे ।
काममर्थं च धर्मान् स्वान् दोग्धि भूयः पिपर्ति तान् ॥ १॥

1

Attha yo grihameddheeyaan ddharmmaanevaavasan grihe
Kaamamarththam cha ddharmmaamscha dhogdhddhi bhooyah
piparththi thaan.

A person who adheres to Varnnaasrama would initially complete Brahmacharya and then would enter into family life or Grihastthaasrama. In Grihastthaasrama he lives with his spouse and children and performs all types of material activities required for maintenance and management of family. And as a result of those material activities, he acquires all befitting results of Ddharmma, Arthththa and Kaama. This is cyclic. [Due to the cyclic nature of these material activities, he is bound to have innumerable births and deaths as described in previous chapters.]

स चापि भगवद्धर्मात्काममूढः पराङ्मुखः ।
यजते क्रतुभिर्देवान् पितृंश्च श्रद्धयान्वितः ॥ २॥

2

Sa chaapi Bhagawathdhddharmmaath kaamamooddah
paraangmukhah
Yejathe krathubhirdhdhevaan pithrimscha sredhddhayaanvithah.

The materialistic person would blindly be going after fulfillment of sensual pleasures. He would be disinterested and devoid of selfless devotional services to Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. But he offers prayers and worships to favorite deities just for fulfillment and satisfaction and gratification of material interests. [Say for example for rain he will pray to Indhra, for wealth he will pray Maha Lakshmy, for education Saraswathi and like that.]

तच्छ्रद्धयाऽऽक्रान्तमतिः पितृदेवव्रतः पुमान् ।
गत्वा चान्द्रमसं लोकं सोमपाः पुनरेष्यति ॥ ३॥

3

Thachcchredhddhayaakraanthamathih pithridhevavrathah pumaan
Gethvaa Chaandhramaasam lokam Somapaah punareshyathi.

The materialistic person will be praying and worshiping their favorite deities or Dhevaas and forefathers or Pithroos with full confidence and faith for their appeasement and self-gratification of their materialistic sensual interests. With such prayers they could be elevated to the planet of Moon or Chandhra Loka. While they are on the planet of Moon, they would try to enjoy the best by drinking Soma Resa or juice of “Soma Plant” which is an intoxicating drink and enjoying their life with materialistic merriment and joy. And as soon as the effects of their prayers are over and completed, they would be dropped back into the planet of Earth or even below that. [This is to show that the prayers of Dhevaas and or Pithroos have only temporary results and benefits but the one who wishes to attain ultimate salvation should pray none other than Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan with meditative concentration and steadfast devotion.]

यदा चाहीन्द्रशय्यायां शेतेऽनन्तासनो हरिः ।
तदा लोका लयं यान्ति त एते गृहमेधिनाम् ॥ ४॥

4

Yedhaa chaAheendhrasayyaayaam setheAnathaasano Harih
Thadhaa lokaa leyam yaanthi tha ethe grihameddhinaam.

When Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan goes to his divine bed of Anantha or Sesha Naaga all the materialistic planets like Moon, Sun and the heavenly planets like Swargga and the Holy planets like Sathya Loka, the abode of Brahma Dheva, would all be completely destroyed and submerged under the flood of ultimate deluge. [Except the planet of Vaikuntta which is the abode of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan nothing will be in existence at that time.

ये स्वधर्मान् न दुह्यन्ति धीराः कामार्थहेतवे ।
निःसङ्गा न्यस्तकर्माणः प्रशान्ताः शुद्धचेतसः ॥ ५॥

5

Ye svaddharmmaanna dhuhyanthi ddheeraah kaamaarththahethave
Nissangga nyesthakarmmaanah presaanthaah sudhddhachethasah.

निवृत्तिधर्मनिरता निर्ममा निरहङ्कृताः ।
स्वधर्माख्येन सत्त्वेन परिशुद्धेन चेतसा ॥ ६॥

6

Nivritthiddharmmanirathaa nirmmamaa nirahamkrithaah
Svaddharmmaakhyena saththvena parisudhddhena chethasaa.

सूर्यद्वारेण ते यान्ति पुरुषं विश्वतोमुखम् ।
परावरेण प्रकृतिमस्योत्पत्त्यन्तभावनम् ॥ ७॥

7

Sooryadhvaarena the yaanthi purusham visvathomukham
Paraavaresam prekrithimasyothpaththyanthabhaavanam.

Oh my dear divine mother, those who are intelligent with pure and uncontaminated wisdom and those who are materially liberated or those who are leading materially detached life and those who are unattached to any modes of material nature and those who are mentally and physically cleansed and purified and those who are dutifully involved in Varnnaasrama Ddharmmaas and have dedicated all their actions and activities at the feet of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan and those who do not wish to attain any material result for any of their actions or activities and those who do not possess any interest in any material aspects and those who are not proud of their material body are the best and the noblest beings. Noblest men, as stated above, would never execute their Svaddharma with the intention of milking out any types of material gains or benefits. And such types of noblest men are dominant with Sathwa Guna or virtuous qualities. All Sathwa Guna Preddhaanees would always be moving in the purest and brightest path of Soorya Bhagawaan or Sun-god and would make use of all their actions and activities for the betterment and uplifting of this universe. Because of their divine and dedicated and selfless actions and activities they would definitely attain Vaikunta Loka which is the abode of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan who is the ultimate creator, controller, protector and dissolver of this universe and all the living and non-living entities therein and as well as those of all other universes.

द्विपरार्धावसाने यः प्रलयो ब्रह्मणस्तु ते ।
तावदध्यासते लोकं परस्य परचिन्तकाः ॥ ८ ॥

8

Dhviparaardhddhaavasaane yah prelayo brahmanasthu the
Thaavadhaddhyaasathe lokam parasya parachinthakaah.

Oh, the divine daughter of Manu, those who worship Brahma Dheva would be able to live with all material comforts in Brahma Loka or Sathya Loka for two Paraardhddhaas which is the same as one lifetime of Brahma Dheva which is called as one Brahma Prelaya Kaala with his blessings. [Please understand that material comforts

are available in all the planets except Vaikuntta Loka which is purely transcendental.]

क्षमाम्भोऽनलाऽनिलवियन्मन इन्द्रियार्थ-
भूतादिभिः परिवृतं प्रतिसञ्जिहीर्षुः ।
अव्याकृतं विशति यर्हि गुणत्रयात्मा
कालं पराख्यमनुभूय परः स्वयम्भूः ॥ ९॥

9

KshaambhoAnalaAnilaviyanmanaindhriyaarththa-
Bhoothaadhbihh parivrittham prethisanjiheershuh
Avyaakritham visathi yerhi gunathreyaathmaa
Kalam paraakhyamanubhooya parassvayambhooh.

A Brahma Prelaya, or one lifetime of Brahma Dheva which is also Two Paraardhddhaas, is defined as the Time that Brahma Dheva, the creator of the universe and all the entities therein, merges back into the Supreme God who is the Primary and Primordial Personality who is none other than Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan after experiencing and enjoying the full livable time of all the three modes of nature. After that Brahma Dheva closes the universe covered by the layers of five Basic Elements like the 1) Earth, 2) Water, 3) Air, 4) Fire and 5) Ether and the Mind, Ego, Consciousness, etc.

एवं परेत्य भगवन्तमनुप्रविष्टा
ये योगिनो जितमरुन्मनसो विरागाः ।
तेनैव साकममृतं पुरुषं पुराणं
ब्रह्म प्रधानमुपयान्त्यगताभिमानाः ॥ १०॥

10

Evam parethya Bhagawanthmanuprevishtaa
Ye yogino jithamarunmanaso viraagaah

6

Thenaiya saakamamritham purusham puraanam
Brahma preddhaanamupayaanthyagethaabhimaanaah.

The great Yogees who were able to get liberated and detached from material world by constant and meditative practice of Praanaavyaama or Breathing Exercise and dedicated and devotional services to Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan would initially go to Brahma Loka. They would stay there as fully liberated Yogi until the Brahma Prelaya Kaala and then at the time of Brahma Prelaya they will also merge into the Primordial Supreme Personality of Godhead, Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan, along with Brahma Dheva. [So, the Yogees are not directly reaching Vaikuntta but only via Brahma Loka or Sathya Loka.]

अथ तं सर्वभूतानां हृत्पद्मेषु कृतालयम् ।
श्रुतानुभावं शरणं ब्रज भावेन भामिनि ॥ ११ ॥

11

Attha tham sarvvabhoothaanaam hridh padhmeshu krithaalayam
Sruthaanubhaavam saranam vraja bhaavena, bhaamini.

Oh, the most divine and chaste lady, therefore always please worship and pray at the lotus feet of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan who is the divine consort of Goddess Sri Maha Lakshmy and dedicate all your deeds unto Him for His blessings and shelter and support. Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan is actually residing within your heart and in the heart of everyone and all.

आद्यः स्थिरचराणां यो वेदगर्भः सहर्षिभिः ।
योगेश्वरैः कुमाराद्यैः सिद्धैर्योगप्रवर्तकैः ॥ १२ ॥

12

Aadhyah stthiracharaanaam yo vedhagerbhassaharshibhih
Yogeswaraih kumaaraadhyaisidhddhairiyogaprevarththakaih

भेददृष्ट्याभिमानेन निःसङ्गेनापि कर्मणा ।
कर्तृत्वात्सगुणं ब्रह्म पुरुषं पुरुषर्षभम् ॥ १३॥

13

Bhedhadhrishtyaabhimaanena nissnggenaapi karmmanaa
Karththrithvaath sagunam Brahma purusham purusharshabham.

स संसृत्य पुनः काले कालेनेश्वरमूर्तिना ।
जाते गुणव्यतिकरे यथापूर्वं प्रजायते ॥ १४॥

14

Sa samsrithya punah kale kaalenEswaramoorththinaa
Jaathe gunavyethikare yetthaapoorvvam prejaayathe.

Brahma Dheva is the first of all the creations. Brahma Dheva is called as Vedha Gerbha because Vedhaas are produced from him. He is unattached to material life though he is the creator of the material universe and all the entities therein. He is with four faces. Though he is totally unattached with material universe and performs all deeds and actions selflessly and dedicates all deeds and actions as devotional services to his Master and Creator Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan he is unable to renounce the false pride inculcated within his consciousness that he is “doer” of all these tasks. [What it tells is that Brahma Dheva does all the work without any selfish interest and with full dedication to Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. But in his mind he thinks: “I am selflessly performing all the tasks for my Master Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan”. That is a selfish pride.] And because of that selfish pride Brahma Dheva has to be born back into the material universe again and again. Same is the case with great Rishees like Sanath Kumaaraas and Prejaapathees like Mareechi and other great Sidhddhaas and Saadhdhhyas even after merging with Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan at the time of Brahma Prelaya have to be born back into the material universe again and again because of the false pride that they possess as what they are. [What it means is that Sanath Kumaara

has the feeling that “I am Sanath Kumaara” and Mareechi the feeling that “I am Mareechi” and so on.]

ऐश्वर्यं पारमेष्ठ्यं च तेऽपि धर्मविनिर्मितम् ।
निषेव्य पुनरायान्ति गुणव्यतिकरे सति ॥ १५॥

15

Aisvaryam paarameshttyam cha theapi ddharmmavinirmitham
Nishevya punaraayaanthi gunavyethikare sathi.

Those who are fortunate to be admitted in Brahma Loka have to return to this Earth once they have enjoyed all the prosperities and auspiciousness entitled for that planet of Brahma Dheva as the results of all their virtuous and selfless deeds with the dominance of Sathwa Guna.

ये त्विहासक्तमनसः कर्मसु श्रद्धयान्विताः ।
कुर्वन्त्यप्रतिषिद्धानि नित्यान्यपि च कृत्स्नशः ॥ १६॥

16

Ye thvihaasakthamanasah karmmasu sraddhddhayaanvithaah
Kurvvantnyaprethishidhddhaani nithyaanyapi cha krithsnasah.

Those who are addicted to the comforts and pleasures of the material world would perform all prescribed duties and responsibilities in accordance with Varnnaasrama Ddharmmaas with good faith and confidence so that they can enjoy them. Though they involve in fruitive actions for fulfillment of Vedhic norms the underlying motivation is selfish interest and attachment to the material pleasures and comforts. [This means that it is not sufficient to adhere to Vedhic Norms with selfish motivation but should perform them selflessly without having any material attachment or interest.]

रजसा कुण्ठमनसः कामात्मानोऽजितेन्द्रियाः ।
पितृन् यजन्त्यनुदिनं गृहेष्वभिरताशयाः ॥ १७॥

Rejasaa kanttamanasah kaamaathmaanoajithendhriyaah
Pithroon yejanthyanudhinam griheshvabhirethaasayaah.

Those people dominant with Rejo Guna or Mode of Passion are full of anxieties and hopes and expectations. They would be performing actions with the desire to meet with their sensual gratifications prompted by uncontrolled senses. They would perform oblations and rituals and rites for appeasement of forefathers or ancestors and Poojaas and worship to favorite deities for fulfillment of material pleasures for self as well as for the welfare and progress of their family and to acquire social status and name and fame.

त्रैवर्गिकास्ते पुरुषा विमुखा हरिमेधसः ।
कथायां कथनीयोरुविक्रमस्य मधुद्विषः ॥ १८ ॥

Thraivarggikaasthe purushaa vimukhaa Harimedddhasah
Katthaayaam katthneeyoruvikramasya maddhudhvishah

नूनं दैवेन विहता ये चाच्युतकथासुधाम् ।
हित्वा शृण्वन्त्यसद्गाथाः पुरीषमिव विड्भुजः ॥ १९ ॥

Noonam Dhaiwena vihathaa ye chaAchyuthakatthaasuddhaam
Hithvaa srinvanthyasadhgaatthaah pureeshamiva vidbhujah.

दक्षिणेन पथार्यम्णः पितृलोकं व्रजन्ति ते ।
प्रजामनु प्रजायन्ते श्मशानान्तक्रियाकृतः ॥ २० ॥

Dhekshinena patthaaryamnah pithrulokam vrajanthi the

Prejaamanu prejaayanthe smasaanaanthakriyaakrithah.

Those people who are concentrating mainly on Ddharmma, Arthththa and Kaama called as “Thrai Varggikaas” or the “Three Types” leave aside the most divine glorifying stories of the Supreme God, Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan, and get completely involved in the day to day affairs of material matters and choose to praise the evil deeds of demonic Asuraas and their material achievements just like how the dogs opt for filthy shit instead of clarified butter. Thus, those people waste their entire life for the satisfaction of wasteful material affairs. In fact, every day their death occurs. After death they would reach the home of ancestors or the home of Aryamaa during the southern solstice. [Aryamaa is the presiding god of ancestors.] Then again as the result of the performance of rites and rituals by their predecessors they would take birth again in this material world in accordance with the activities of previous births. This cycle of births and deaths would continue forever.

ततस्ते क्षीणसुकृताः पुनर्लोकमिमं सति ।
पतन्ति विवशा देवैः सद्यो विभ्रंशितोदयाः ॥ २१ ॥

21

Thathasthe ksheenasukrithaah punarllokamimam sathi
Pathanthi vivasaa dhevaissadhyo vibhramsithodhayaah.

As they would have performed only very little pious and virtuous activities during their lifetime the results of holiness gained by them would be very minimal. And as soon as the holiness accumulated by them is exhausted, they will be pushed down from heaven by the associates of Aryamaa. Thus, they would fall back on to this material world bound by the results of their materially contaminated sensual activities and would again be entrapped into the miseries and distresses of this material world.

तस्मात्त्वं सर्वभावेन भजस्व परमेष्ठिनम् ।
तद्गुणाश्रयया भक्त्या भजनीयपदाबुजम् ॥ २२ ॥

Thasmaaththvam sarvvabhaavena bhajasva parameshttinam
Thadh gunaasrayayaa bhakthya bhajneeyapadhaambujam.

Oh, my dear mother, therefore you must always worship and offer obeisance at the lotus feet of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan who is the most worthy to be worshipped. You should always listen with full concentration and meditative attention and dedication and steadfast devotion and nobility to the glorifying and devotional stories and songs of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. You should firmly establish in your mind and consciousness that Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan is nothing but the Soul of each and every one and of all and there is nothing in the universe other than Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. Whatever we hear, whatever we see, whatever we experience and whatever anyone can ever think of or visualize in mind are the entire one and only one Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. With that understanding please pray, worship and offer obeisance to Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan always.

वासुदेवे भगवति भक्तियोगः प्रयोजितः ।
जनयत्याशु वैराग्यं ज्ञानं यद्ब्रह्मदर्शनम् ॥ २३॥

Vaasudheve Bhagawathi bhakthiyogah preyojithah
Jenayathyaasu vairaagyam jnjaanam yedh Brahmadhersanam.

Oh, the purest lady, thus you would be able to establish steadfast and stable and concentrated devotion on Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan who is the consort of Sri Maha Lakshmy and within whose heart and mind Sri Maha Lakshmy always resides and hence called as Sreenivaasa. And this is what is called Bhakthi Yoga and would establish Bhakthi Yoga easily. With the attainment of Bhakthi Yoga you would also acquire Jnjaana the Divine Knowledge of Wisdom which is essential for Brahmaanubhoothi or Knowledge of

ParaBrahma Thatththvam. [Para Brahma Thatththvam is the knowledge that “I” and Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan or the “Supreme God” is one and the same or the knowledge that there is No “I” other than Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan.]

यदास्य चित्तमर्थेषु समेष्विन्द्रियवृत्तिभिः ।
न विगृह्णाति वैषम्यं प्रियमप्रियमित्युत ॥ २४॥

24

Yedhaasya chiththmarththeshu sameshvindhriyavritthibhih
Na vighrihnaathi vaishamyam priyamapriyamithyutha.

स तदैवात्मनाऽऽत्मानं निःसङ्गं समदर्शनम् ।
हेयोपादेयरहितमारूढं पदमीक्षते ॥ २५॥

25

Sa thaDhaiwaathmanaathmaanam nissanggam samadhersanam
Heyopaadheyarehithamaarooddam padhameekshathe.

When steadfast devotees are able to concentrate and fix mind and consciousness on Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan, they would be able to enjoy blissful ecstasy of transcendental realization. The devotees can reach to that level of exaltation only when they are able to equipoise all material senses like sound, sight, etc. At that time, they will not have the feeling that “this is favorite” and “that is un-favorite”; and “this is beautiful” and “that is ugly”; etc. They would hear, see, feel, taste and understand all and everything is exactly the same. [This means that they will attain Self-Realization or Soul-Realization that “they” and “God” are one and the same. This is the feeling of “Aham Brahmaasmi or Aham Brahmasmi” meaning “I am Brahma”.] There would be nothing in the universe for them to be renounced or abandoned or there would be nothing in the universe for them to be received or accepted. They would see everything exactly as the same or they will be “Sama Dhrik”. Oh, mother that is the most exalted level anyone can ever

attain, or anyone ever need to attain. That is the most blissful position. And that is exactly the Soul-Realization. And that is Paramaathma Thatththvam.

ज्ञानमात्रं परं ब्रह्म परमात्मेश्वरः पुमान् ।
दृश्यादिभिः पृथग्भावैर्भगवानेक ईयते ॥ २६॥

26

Jnjaanamaathram param Brahma ParamaathmEswarah pumaan
Dhrisyaadhibhih prithagbhaavairBhagawaaneka eeyathe.

Oh, my dear mother, with attainment of Transcendental Wisdom and Knowledge alone one can see Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan as Supreme God, as the Primordial Primary Personality, as Paramaathma, as Parabrahmam and as the Only Controller and Lord of everything and anything we see, or we can think of. But it is only because of our corrupted and contaminated material senses and false ego we are fully impaired and hence we may see Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan in an infinite number of Forms. In fact, Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan is only one. [This would clearly establish that Sankhya Saasthra and Adhvaitha Sidhddhaantha or Monotheism are one and the same. There is a general notion that Saamkhya Saasthra and Adhvaitha Sidhddhaantha are conflicting.]

एतावानेव योगेन समग्रेणेह योगिनः ।
युज्यतेऽभिमतो ह्यर्थो यदसङ्गस्तु कृत्स्नशः ॥ २७॥

27

Ethaavaaneva yogena samagrenehah yoginah
Yujyatheabhimatho hyarththo yedhasanggasthu krithsnasah.

The most important thing is that one should not have any attachment or interest with anything, either material or spiritual, at all. Those who have reached that level definitely have attained all the benefits of

mastering all the Yogaas like Karmma Yoga, Bhakthi Yoga, JnJaana Yoga, etc.

ज्ञानमेकं पराचीनैरिन्द्रियैर्ब्रह्म निर्गुणम् ।
अवभात्यर्थरूपेण भ्रान्त्या शब्दादिधर्मिणा ॥ २८॥

28

Jnjaanamekam paraacheenairindhriyairBrahmanirggunam
Avabhaatharththaropena bhraanthya sabdhaadhiddharmminaa.

It is only because of the contaminated and speculative sense perceptions we get to see Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan in many different forms. Due to speculative sense perception, we will have a deceptive power of recognition as a result of the wavering nature of mind and consciousness which would lead and direct us into mistaken identity. That is the reason why they see Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan in many different forms.

यथा महानहं रूपस्त्रिवृत्पञ्चविधः स्वराट् ।
एकादशविधस्तस्य वपुरण्डं जगद्यतः ॥ २९॥

29

Yetthaa mahaanahamroopasthrivrith panjchaviddhah svraat
Ekaadhesaviddhasthasya vapurandam jegadhyethah

Now we know about the formation of the material world. At the very beginning from the Eternal Energy of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan the Maha Thatththva or Principle of Basic Elements was formed. From Maha Thatththva the false ego, the three Gunaas or Material Modes of Nature, Panjcha Bhoothaas or Five Material Elements, Five JnJaanendhriyaas or Perceptive Organs, Five Karmmendhriyaas or Organs of Actions and Avaboddha Manas or Mind of Consciousness were all formed from the Cosmic Form of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. And of course, this entire universe in the form of an Egg or Andamayam is also a

part of the Cosmic Form of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. Please understand it clearly.

एतद्वै श्रद्धया भक्त्या योगाभ्यासेन नित्यशः ।
समाहितात्मा निःसङ्गो विरक्त्या परिपश्यति ॥ ३०॥

30

Ethadhvai sradhddhayaa bhakthyaa yogaabhyaasena nithyasah
Samaahithaathmaa nissanggo virakthyaa paripasyathi.

Therefore, if you are continuously and without any interruption practice all the Yogaas with full attention, concentrated meditation, steadfast devotion, stable and equipoise mind and consciousness and strict detachment to material life then you should be able to visualize and experience the presence of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan, the Supreme Personality of GodHead, who is always residing within you.

इत्येतत्कथितं गुर्वि ज्ञानं तद्ब्रह्मदर्शनम् ।
येनावबुद्ध्यते तत्त्वं प्रकृतेः पुरुषस्य च ॥ ३१॥

31

Ithyethath katthitham gurvvi jnjaanamthadh Brahmadhersanam
Yenaavabuddhyathe thatthvam prekritheh purushasya cha.

Oh, my dear most respectful mother, thus I have explained your various popular methods to attain Brahma Saakshaathkaaram or Realization of Para Brahma or Soul-Realization. With this knowledge one should be able to realize and recognize the Prekrithi or Matter and Purusha or Soul or Brahma and their intermingling nature and relationship.

ज्ञानयोगश्च मन्निष्ठो नैर्गुण्यो भक्तिलक्षणः ।
द्वयोरप्येक एवार्थो भगवच्छब्दलक्षणः ॥ ३२॥

Jnjaanayogascha mannishtto nairgunyo bhakthilekshanah
Dhvayorapyeka evaarththo Bhagawachcchadhalekshanah.

The Nirguna Jnjaana or Knowledge of Wisdom untouched or non-contaminated by modes of nature would help you for the establishment of Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan within your mind. Steadfast Devotion and Unbounded Love fixed within Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan would both also be helpful to recognize my [please bear in mind Kapila is Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan] True Form which is the Absolute Truth or the Eternal Truth.

यथेन्द्रियैः पृथग्द्वारैरर्थो बहुगुणाश्रयः ।
एको नानेयते तद्वद्भगवान् शास्त्रवर्त्मभिः ॥ ३३ ॥

Yetthendhriyaih prithagdhvaarairarththo behugunaasrayah
Eko naaneyathe thadvadh Bhagawaan saasthravarthmabhih.

A single object would be perceived differently by different sense organs in accordance with the different modes of nature or qualities attached to each of those particular sense organs. [This means that we could perceive a particular object in a particular way when we see it and at the same time our perception could change when we feel it and could change when we taste it and could change when we hear about it and so on...] Similarly different Philosophical Research, different Scientific Views, different Ethical Theories, different Puraanaas and Ithihaasaas, etc. should all have very different perceptions, views and understandings about the same Me, Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. Oh, the divine daughter of the Emperor of the Universe, that is how I, Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan, could be explained differently in Saankhya Saasthra, Vedha Saasthra, Ethical Philosophies, etc. Please understand that clearly.

क्रियया क्रतुभिर्दानैस्तपःस्वाध्यायमर्शनैः ।
आत्मेन्द्रियजयेनापि सन्न्यासेन च कर्मणाम् ॥ ३४॥

34

Kriyayaa krathubhirdhdhaanaisthapassvaaddhyaayamarsanaih
Aathmendhriyajeyenaapi sannyaasena cha karmmanaam.

योगेन विविधाङ्गेन भक्तियोगेन चैव हि ।
धर्मेणोभयचिह्नेन यः प्रवृत्तिनिवृत्तिमान् ॥ ३५॥

35

Yogena vividdhaanggena bhakthiyogena chaiva hi
Ddharminenobhayachihnena yah prevriththinivarththimaan.

आत्मतत्त्वावबोधेन वैराग्येण दृढेन च ।
ईयते भगवानेभिः सगुणो निर्गुणः स्वदृक् ॥ ३६॥

36

Aathmathaththvaavaboddhena vairaagyena dhriddena cha
Eeyathe Bhagawaanebhissaguno nirrgunah svadhrik.

By constructing wells, ponds, pools, inns, etc. for daily uses of poor and needy people purely out of selfless generosity and not with any selfish motivation and not with the interest of earning name and fame for yourself you can tender devotional services to Lord Sri Vaasudheva Sri Maha Vishnu Bhagawaan. Similarly by Bhakthi Yoga, by performing fruitive activities of sacrifices, by observing austerities, by providing charities to the needy ones, by controlling senses and sensual desires, by observing penance, by adhering to Vedhic traditions, by Ashtaamga Yoga, by reading Vedhaas and other spiritual texts, by researching and mastering the principles explained in Puraanaas and Ithihaasaas, by renouncing material life, by following Righteous Principles, by Prevriththi or Righteous Actions, by Nivriththi or Non-performance of Non-Righteous Actions, by acquiring

the knowledge required for Soul-Realization, by Renouncing Material Life, by being Nirguna or by conquering the material modes of nature and or by being Poornna Gunavaan meaning the one who is full of Pure and Uncontaminated quality of Material Mode of Nature of Sathwa Guna one should be able to recognize and reach the Self Effulgent Lord Sri Vaasudheva Sri Maha Vishnu Bhagavaan who is the Lord of all Lords. [These are all the various methods explained by Kapila to his mother, Dhevahoothi, for attainment of Soul-Realization.]

प्रावोचं भक्तियोगस्य स्वरूपं ते चतुर्विधम् ।
कालस्य चाव्यक्तगतेर्योऽन्तर्धावति जन्तुषु ॥ ३७ ॥

37

Praavocham bhakthiyogasya svaroopam the chathurvviddham
Kaalasya chaavyekthageetheryoanthardhddhaavathi jenthushu.

In addition to above I have also explained to you the Nishkaama Yoga or Devotional Services without desire for any rewards or results, Sakaama Yoga or Devotional Services for fulfillment of selfish motivations or desires, Nirguna Yoga and Saguna Yoga. These are all the four different social divisions of Yogaas. My dear mother, I have also explained to you the Subtle Form of Eternal Time which could only be recognized and realized by its Gross or Coarse Form by us.

जीवस्य संसृतीर्बह्वीरविद्याकर्मनिर्मिताः ।
यास्वङ्ग प्रविशन्नात्मा न वेद गतिमात्मनः ॥ ३८ ॥

38

Jeevasya samsritheerbbehveeraavidhyaakarmmanirmmithaah
Yaasvangga previsaannaathmaa na vedha gethimaathmanah.

Oh, my dear mother, I have also explained to you the adverse impact of the fruitive material activities of people whose mind and consciousness are contaminated with false ego and consider that

their Jeeva or Soul is the Material Body and carry egoistic pride on that Material Body. In accordance with the various materially motivated activities they will end up in assuming many different births and deaths as different species in the material universe. [What this means is that your next birth or births after the death of this life or deaths of future lives would be in accordance with your activities of previous life or lives.]

नैतत्खलायोपदिशेन्नाविनीताय कर्हिचित् ।
न स्तब्धाय न भिन्नाय नैव धर्मध्वजाय च ॥ ३९॥

39

Naithath khalayopadhisennaavineethaaya karhichith
Na sthabddhaaya na bhinnaaya naiva ddharmmaddhvajaaya cha.

न लोलुपायोपदिशेन्न गृहारूढचेतसे ।
नाभक्ताय च मे जातु न मद्भक्तद्विषामपि ॥ ४०॥

40

Na lolupaayopadhisenna grihaaroodda chethase
Naabhaakthaaya cha me jaathu na madhbhakthadhvishaamapi.

Oh, my dear mother, these divine Philosophical Scientific Principles or Thatthva Arthththa Saasthraas should not be advised or taught to those who are Evil or Envious or Greedy or Devilish or Proud or Rude or Discourteous or Wicked or Fully Attached to Material Life or Impious or those who keep hatred to True Devotees or those who do not like to listen to Divine Ethical Philosophies or those who possess such Negative Qualities.

श्रद्दधानाय भक्ताय विनीतायानसूयवे ।
भूतेषु कृतमैत्राय शुश्रूषाभिरताय च ॥ ४१॥

41

Sredhhdhaddhaanaaya bhakthaaya vineethaayaanasooyave
Bhootheshu krithamaithraaya susrooshaabhirethaaya cha.

बहिर्जातविरागाय शान्तचित्ताय दीयताम् ।
निर्मत्सराय शुचये यस्याहं प्रेयसां प्रियः ॥ ४२॥

42

Behirjaathaviraagaaya saanthachiththaaya dheeyathaam
Nirmmathsaraaya suchaye yesyaaham preyasaam priyah.

Whereas these divine Philosophical Scientific Principles or Thatthva
Arthththa Saasthraas can be and should be advised to those who are:
Faithful Devotees, Respectful to their Masters, Humble, Virtuous,
Pious, Pure, Un-Envious, Calm, Serene, Peaceful, Loveable,
Affectionate, Self-Restrained, Morally-Righteous and Interested to
listen to these Principles.

य इदं शृणुयादम्ब श्रद्धया पुरुषः सकृत् ।
यो वाभिधत्ते मच्चित्तः स ह्येति पदवीं च मे ॥ ४३॥

43

Ya idham srinuyaadhamba sredhddhayaa purushassakrith
Yo vaabhiddhaththe machchiththassahyethi padhaveenjcha me.

Anyone who listens to my glorifying stories or chanting of My names
or chants My names with steadfast devotion to Me (Lord Sri
Vaasudheva Sri Maha Vishnu Bhagawaan) then that person would
instantaneously reach my abode of Vaikuntta and would attain My
own position. Oh, my dear mother, there is absolutely no doubt about
it.

इति श्रीमद्भागवते महापुराणे पारमहंस्यासंहितायां
तृतीयस्कन्धे कापिलेये द्वात्रिंशोऽध्यायः ॥ ३२॥

Ithi Sreemat Bhaagawathe Mahaa Puraane Paaramahamsyaam
Samhithaayaam
Thritheeyaskanddhe Kaapiley[opaakhyaane]
[Saathwikagethiniroopanam] Dhvaathrimisaththamoaddhyaayah

Thus, we conclude the Thirty-Second Chapter [named as the Story
of] Kapila Advice [about Movements of Saathwik Entities of Third
Canto] of the Most Divine and the Supreme Most and Greatest
Mythology known as Sreemad Bhagawatham.

Om Shree Krishnaya Param Brahmane Namah!
Om Namoh Bhagavathe Vaasudhevaayah!
Om Namoh Bhagavathe Vaasudhevaayah!
Om Namoh Bhagavathe Vaasudhevaayah!