



Dear Kramer Family,

We want your child to be successful in school and that means supporting and encouraging their whole development. While excelling in academic classes is important, children also need skills to take on learning challenges, make good decisions, manage strong emotions, and get along with others.

In a few weeks, we'll begin Second Step® Elementary, a research-based social-emotional learning program designed to improve children's social-emotional skills. Second Step skills and concepts are designed to help children both in and out of school. Four units will cover the following over the school year:

Growth Mindset & Goal-Setting: Children learn how to pay attention and manage distractions, develop a growth mindset, and apply goal-setting strategies to their social and academic lives.

Emotion Management: Children learn how to identify and label emotions and use emotion management strategies—including stress management for older students—to calm strong feelings.

Empathy & Kindness: Children learn how to recognize kindness and act kindly, have empathy for others and take others' perspectives, and recognize kind acts and empathy as important elements of building and maintaining relationships.

Problem-Solving: Children learn how to identify and state a problem, recognize if a problem is an accident, and use the STEP problem-solving process:

S: Say the problem

T: Think of solutions

E: Explore the outcomes

P: Pick a solution

Additional links are provided below with grade specific lesson information, as well as ways you can help your student practice these skills at home. If you have any questions about Second Step Elementary, please don't hesitate to contact me or your child's teacher for more information. Thank you for your support as we work to build a safe and supportive school community.

Sincerely,

Robin Durham, School Counselor

Kramer Elementary School

durhamr@talawanda.org, (513) 273-3553

Home Link **Kindergarten:**

https://drive.google.com/file/d/1AgsDCqkP6gfLo-PjDpLKlrmYdD1spEFO/view?usp=drive_link

Home Link **Grade 1:**

https://drive.google.com/file/d/1qXcWZDW8SfXrPAk3s9Msak8luS-3_Ynw/view?usp=drive_link

Home Link **Grade 2:**

https://drive.google.com/file/d/1a2pP65xKU6cyHsnL-9RvCcpG2_86AnOy/view?usp=drive_link

Home Link **Grade 3:**

https://drive.google.com/file/d/1CsxMwSsAnBFsiOwb-2N1hyoBCvPlpTi2/view?usp=drive_link

Home Link **Grade 4:**

https://drive.google.com/file/d/1Cwi1Lecr-TVezzmNgBUD0uetOgxajcWL/view?usp=drive_link

Home Link **Grade 5:**

https://drive.google.com/file/d/1H6YfvWk8hVovPx9eCuUOEerSDRHN1UQg/view?usp=drive_link