



## This week @ Port Huron Schools

From the desk of Superintendent Theo Kerhoulas

### Tuesday, October 25, 2022

• Nov. 23-25

Upcoming events at Port Huron Schools:

### Superintendent Theo Kerhoulas can be reached at: superintendent@ phasd.us





# National Principals Month Oct. 31 Half-Day - All Students

Nov. 6 Daylight Savings (Turn clocks back one hour)
Nov. 8 Election Day (No School Students; Teacher PD)
Nov. 21 Board Meeting, 7 p.m. (PHHS PAC)
Nov. 22 Elem Records Day (Half day - Elem only)

• Nov. 29-Dec. 2 Elem PT Conf (Half days - Elem only)

Weekly District Events for the Week of Oct. 24, 2022

Thanksgiving Break (Schools closed)

National Make a Difference Day was this past Saturday, Oct. 22, and I wanted to give a "Superintendent Shout Out" to highlight a few of our student groups who developed projects specifically for this event:

- The Student Council at Indian Woods
   Elementary is sponsored "Sock-tober"
   and raised almost 1,000 pairs of socks,
   partnering with Hunter Hospitality House
   and Pathway Homeless Shelter to give
   back to those in need...
- The MAD (Make a Difference) Club at <u>Port Huron Northern</u> gave handmade thank you cards to the staff, donated to a local charity, made uplifting posters for the building, and gave a treat to the bus drivers.

More photos of these events can be seen on the Indian Woods Facebook page and the Port Huron Northern Facebook page.



The Indian Woods Student Council displaying socks gathered during Sock-tober.



The PHN MAD Club distributing cards and treats

On Thurs., Oct. 20, two of our elementary schools hosted events sponsored by Title 1. Crull Elementary hosted a Family Game Night where families played games that help students learn and master critical skills for language arts, math and more while enjoying pizza. Garfield Elementary hosted a Family Math Night, where families played fun math games with their child, and received a free game and a large pizza to take home.

To see more photos from these events, please visit the <u>Crull Elementary</u>
<u>Facebook page</u> and the <u>Garfield</u>
<u>Elementary Facebook page</u>.





Crull Elementary Family Game Night





Garfield Elementary Family Math Night



## Send Your Child to School Ready to Learn

A <u>nutritious breakfast</u> fuels up kids and gets them ready for the day. In general, kids who eat breakfast have more energy and do better in school. Kids who eat breakfast also are less likely to be absent, and make fewer trips to the school nurse with stomach complaints related to hunger. You can help boost your child's attention span, concentration, and memory by providing breakfast foods that are rich in whole grains, fiber, and protein, as well as low in added sugar. If your child is running late some mornings, send along fresh fruit, nuts, yogurt, or half a peanut butter and banana sandwich. All Port Huron School buildings provide nutritious breakfast options before the first bell, and both high schools offer a second chance breakfast as well, between first and second hour.

Kids also need the right amount of sleep to be alert and ready to learn all day. Most school-age kids need 10 to 12 hours of sleep a night. Bedtime difficulties can arise at this age for a variety of reasons. Homework, sports, after-school activities, TVs, computers, and video games, as well as hectic family schedules, can contribute to kids not getting enough sleep. Lack of sleep can cause irritable or hyperactive behavior and might make it hard for kids to pay attention in class. It's important to have a consistent bedtime routine, especially on school nights. Be sure to leave enough time before bed to allow your child to unwind before lights out and limit stimulating diversions like TV. video games, and Internet access.

On Wed., Oct. 19, kindergarten and first grade students at Garfield Elementary enjoyed a visit from Blue Water Love on a Leash. To see more photos of this event, please visit the Garfield Elementary Facebook page.







PHHS and PHN volleyball teams at Oct. 4 "pink" event

Our middle and high school athletic teams often hold "pink" events to support breast cancer research or individuals currently battling the disease. Recently, **the PHN and PHHS Girls Volleyball teams** held a pink event at their game on Oct. 4. They raised a total of \$550.45 for Taking a Shot at Breast Cancer. Great job, ladies!

(Photo used by permission of <u>T. Dalton Photography</u>.)

We are grateful for the work of the St. Clair County Community Foundation and the opportunities afforded our students through programs funded by the Foundation. One example is **Kimora Price** (PHHS '23/TEC) who is participating in the Basic EMT program thanks in part to a \$3,000 grant to Tri-Hospital EMS from the Foundation's Emily Bigelow Emergency Services Fund. Read more about Emily and her journey in this article on the SCC Community Foundation's website.



Kimora Price (second from right) pictured with four fellow TEC students





High School Sports Update: Congratulations are in order to both the PHHS and PHN Varsity Football teams on sharing the MAC Blue Championship.

Currently, the Huskies are 4-1 (conference) and 8-1 (overall); the Big Reds are 4-1 (conference) and 7-2 (overall).



We invite our community and our staff to pay tribute to an exceptional Port Huron School employee using the Staff Recognition link on our website. To pay tribute to an exceptional Port Huron Schools student, please email <a href="mailto:superintendent@phasd.us">superintendent@phasd.us</a>
Entries will be considered for our monthly board recognition program when it resumes and for Tribute Tuesdays on our Facebook page. In addition, all entries submitted during the 2022-2023 school year will be considered for our annual Advocator, Innovator, and Educator of the Year awards given during Teacher Appreciation Week in May. Help us celebrate the great things happening District-wide by taking a few minutes to acknowledge our students and staff!

Want to be part of the Port Huron Schools' team? A current list of vacancies is listed on the <u>District website</u>. Qualified candidates must be able to pass background, physical, and drug screenings.







### **Quick Links:**

For your reference, here's a list of links to information shared in recent issues of *This Week* @ *Port Huron Schools*:

Early Childhood Center Registration (GSRP, 3 & 4 year old tuition programs)

**Enrollment Information** 

Harrison Adult <u>Learning Center</u> - Registration Information

PHS TV Schedule

Past issues of This Week @ Port Huron Schools

Peachjar FAQ

Skyward FAQ

Staff Recognition link

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