**Third Grade**
**Leader in Me-January Activities**

| **Week of** | **Activity** |
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| Jan. 6th | For a Leader in Me school, one of our 5 Core Paradigms is that caregivers, family members, and teachers partner to support the whole student. View the Welcome to Leader in Me resource to learn more! |
| Jan. 13th | We are excited to share the 7 Habits with our family members and caregivers. Try this activity as a family: Take a "strategic pause." Get a sip of water, stretch, breathe in, and think of something happy. When is strategic pause helpful? As we learn about the habits, We invite you to use the Habit Homework Menu and challenge your family to engage in the activities! |
| Jan. 20th | This week, we learned about paradigms. We define a paradigm as our point of view or the way we see something. View the Paradigms article to learn more about Leader in Me paradigms and ways to engage your family! |
| Jan. 27th | This week, we learned how a growth mindset helps us learn to stretch our brain to help us when we are faced with challenges. Invite your learner to share something that was hard for them at first and is easy now. |