HWRSD

Wellness Advisory Committee AGENDA

Date: Thursday, September 28th **Time**: 7:00am - 8:00am

Location: Miles River Room (adjacent to gym on MRMS side)

Committee Members Present:

Wendy Ng Zachary Best Bryan Menegoni Bryan Menegoni Jessica McGraw Maribeth Ting

Jeffrey Becker Stacey Verge

- 1. Introductions of Members
- 2. Establishing Committee Norms
 - a. No Robert's Rules, Group Consensus
- 3. Reviewing Current Wellness Policy
 - a. Food Safety guidelines
 - i. Serving hot food at concession stands
 - ii. Serving any food on school premise (outside of Food Services Dept)
 - iii. Bake sale policies
- 4. New Initiatives/Goals
 - a. Review and create district wide food allergy policy
 - b. Incorporating grow wall and nutrition education
 - c. Breakfast need: Under Catherine Donovan, breakfast was tried, but not successful.
- 5. Other Business/Historic agenda items
 - Self Care Cabinets for teacher's rooms
 - Updates to menstrual care product availability to students
 - Currently new period product dispensers are on site but have not been installed. (Lea sent email to Tom requesting installation update). This was an ed fund grant received by two High School Students as part of their Civil Action Project.
 - Nurses in the Middle and High School have large supply of period products in their offices
 - HW Goes Green updates Zero-Waste
 - Return to reusable trays
 - Silverware pilot at high school
- 6. Turf field construction materials health implications.