



Student Worksheet

Respect - Caring for Mother Earth

Name: _____ Date: _____

Section 1: Introduction to Respect and Mother Earth

Respect means treating the land, the animals, and each other with kindness and care. It also means understanding that everything is connected, and we have a responsibility to protect it.

1. In your own words, what does 'respecting the land' mean to you?

Answer: _____

2. Think about your daily life. List three ways you can show respect for the environment around you.

Answer: _____

Section 2: Lesson 1 - Land-Based Learning

Land-based learning is learning by spending time in nature, listening to elders, and using traditional knowledge to live in harmony with and protect the environment.

Activity: Watch one of the following videos on land-based learning and answer the questions below:

Video Links:

1. <https://youtu.be/4F6hg8uwZuQ?si=IGRc1LNV02fivqP0>

2. <https://youtu.be/D6HwhKZdmRM?si=liDgQI-Jv5spRVpu>

1. What did you learn from the video about the importance of connecting with nature?

Answer: _____

2. How can land-based learning help your community?

Answer: _____

Section 3: Lesson 2 - Land-Based Learning in Sandy Lake

In Sandy Lake, land-based learning includes activities like fishing, identifying plants, and learning from elders.

Activity: Create a Seasonal Calendar

Draw or describe what happens during each season in Sandy Lake. Include activities like fishing or harvesting plants.

Spring: _____

Summer: _____

Fall: _____

Winter: _____

Section 4: Lesson 3 - Citizen Science

Citizen science allows individuals and communities to contribute to scientific research and protect the environment.

Activity: Plan a Citizen Science Project

1. Choose a topic:

- Water quality monitoring
- Wildlife observation
- Plant identification
- Invasive species monitoring

2. Write a short plan for your project, including what you will study and how you will collect data.

Answer: _____

Section 5: Lesson 4 - Two-Eyed Seeing

Two-eyed seeing combines Indigenous knowledge and Western science to create stronger solutions for environmental problems.

Activity: Reflection and Application

1. Write one example of Indigenous knowledge and one example of Western science that could work together to protect the environment.

Answer: _____

2. How can combining these two ways of knowing benefit Sandy Lake?

Answer: _____
