## The 2025 Twilight Cross Country Invitational hosted by Naperville North High School



Date: Wednesday, October 8th, 2025

Schools: Batavia, Dixon (B), Downers Grove North,
Downers Grove South, Geneva, Glenbard West (B),
Hersey (B), Jones College Prep, Lane Tech, Lincoln Way
(Central) (G), Lyons Township, Metea Valley, Minooka,
Naperville Central, Naperville North, Neuqua Valley,
Northside College Prep (B), Oak Park and River Forest,
Plainfield North, Waubonsie Valley, Wheaton
Warrenville South (G), Yorkville

PLEASE FILL OUT THIS GOOGLE FORM FOR TEAM INFORMATION BY OCTOBER 4th. THIS WILL HELP THE ANNOUNCER TO MAKE THE NIGHT SPECIAL!

Location: <u>Settlers Hill XC Course, Geneva IL</u>

Schedule: 5:00 Coaches' Meeting

5:15 Changes must be made with timer

Athletes should report to the line 15 minutes before each race.

5:45 F/S Boys (unlimited)

5:50 F/S Girls (unlimited) (race will be run staggered with the FS boys)

6:30 JV Boys (unlimited)

6:35 JV Girls (unlimited) (race will be run staggered with the JV boys)

7:15 Varsity Boys (limit 10)

7:45 Varsity Girls (limit 10)

NOTE: Awards will be given out near the finish line on a rolling basis once the results from a race are finalized. There will be no ceremony at the end.

## Coaches' Notes (most of this is new this year):

- 1. We are at Settlers Hill this year due to a turf construction project at Naperville North. Our intent is to move back to NNHS for 2026.
- 2. Buses may drop off athletes at the top of the course. To do this, you must enter using the access road off of Fabyan Parkway, just west of Kirk Road. Take the first right into the golf course and follow the access road to the top of the course. Buses must then drive back down the road to park in the lot by the Fox Valley Ice Arena off of Kirk Road, where teams will meet the buses at the conclusion of the meet. This means that your teams will need to walk down the backside of the course (see the next point for lighting advice).
- 3. Although we are providing lighting for the course and start/finish areas, it will be advisable to have your own light sources beyond everyone's cell phone flashlights.

  Battery-powered camp lights and/or battery-powered, easy-to hang string lights might be good options to light your own camps, as we cannot guarantee perfect lighting for all team camps. On meet day, there is no moonrise until after midnight, so it is likely to get fairly dark.

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- 4. There will be plenty of port-a-potties (24) and water provided at the finish line. Athletes and teams should come equipped with sufficient water resources for consumption prior to their races.
- 5. After the meet, teams will have to walk down the course to meet their buses in the parking lot. We will not be able to manage bus traffic for everyone getting back up the hill at the same time after the conclusion of the meet.

Awards: Custom awards will be presented by New Balance and given to the first 20 individuals in each race. Team awards will be given to the top two teams in each varsity race and the team champion in the F/S and JV races. Awards should be picked up by athletes or coaches at the table near the finish line once a race is finalized.

Entries: Timing will be done by Shazam Racing. ENTRIES MUST BE SUBMITTED BY 11:00 a.m. MONDAY, OCTOBER 6th. Please go to <a href="Athletic.net">Athletic.net</a> from Brad Henz at ShaZam Racing. Please be sure to enter your roster for Twilight specifically in addition to simply entering athletes in the system.

Entry Fee: Entry fee is \$700 for a co-ed team and \$350 per single-gender team.

Course: The course is 3.0 miles, and it involves one, approximately 3000m loop, with a beginning and end that bring it to 3.0 miles. Here is the <u>COURSE MAP</u> and the <u>COURSE RECORDS and TOP TEN LISTS</u>.

Trainers: A certified athletic trainer will be on site. Teams should provide their own ice.

T-Shirts: T-shirts will be on sale for \$20 each, including tax. They are custom designed by New Balance for this event. There will also be a limited number of hooded sweatshirts available for \$60 each, including tax. *Please let the athletes know that all items are limited in quantity and will be on a first come, first served basis.* 

Team Camps: Team camps should be put up in the grass between the start and finish areas. Again, it will be a good idea to have a plan to light your camp beyond using your and your athletes' cell phones!

Bus Drop-off: Please have your buses drop you off at the top of the hill, accessing the road off of Fabyan Parkway on the east edge of Settlers Hill Golf Course. Buses MUST then go back down the hill to park at the Ice Arena off of Kirk Road, just north of Fabyan.

Spectators: There will be a \$4 charge to enter the facility. *PLEASE PASS ON THIS INFORMATION TO SPECTATORS/PARENTS* to try to avoid as much confusion both in entering, but also in leaving the facility after the meet!

Concessions: Will be available throughout the evening.