

NBW In-Person Script

Welcome to the 5:30 Alcoholics Anonymous meeting of New But West. My name is _____, I am an alcoholic. We are grateful you are here and that we can meet in person once again.

New But West currently holds 8 live meetings a week in this space. Anyone with a desire to stop drinking is welcome to attend.

-12:30 pm meetings are held Mon, Tuesday, Wednesday and Thursday

- 5:30 pm meetings are held Monday, Wednesday and Friday. Monday is a Beginners meeting, Wednesday is a Topic meeting (w/ the last Wednesday of the month using the Grapevine topic), and Friday is an Open Discussion meeting.

-10:00 am meetings are held on Saturday.

-Business meetings for all New But West meetings are held online the first Sunday of every month at 6:30 PM online.

Additionally "The Rainbow Room" meets in this room at 5:30 pm on Tuesday and Thursday, and 5:00 PM on Sunday.

There is no mask mandate in this room, but the church asks that you refrain from congregating in the halls after the meeting. We have a capacity limit of 25 people in this room. If we reach capacity, we will put a sign downstairs, asking that unless someone is new or in danger of drinking to please refrain from buzzing.

At this time we ask that you silence your cell phones and refrain from texting during the meeting.

I've asked _____ to read the AA Preamble.

I've asked _____ to read "How it Works" from Chapter Five of the Big Book.

Please welcome our speaker_____.

Secretary's Break

The **7th Tradition** states that every AA group ought to be self supporting, denying outside contributions. To that end we have a number of ways you can contribute, into the basket being passed, on Venmo @NBWTradition7, or via paypal/debit on our Website NewButWest.com or NewButWest.org.

We ask a couple questions to get to know you better

- Is there anyone visiting NBW for the first time or coming from out of town?
- Is there anyone attending their first AA meeting?
- Is there anyone counting their way to 90 days who would like to share with the group? (There is now an all-inclusive Beginners Bundle app which can be downloaded to your phone by scanning the QR code on the flyer on the board. Or copies of Living Sober are available as a link on our website or we can give you a hard copy after the meeting) The Big Book is also available either as a link on our website or for purchase here.
- Is anyone celebrating an anniversary of 90 days, a year, or more this month?

Our Anniversary meeting is now held on here on the last Friday of the month and also on zoom. If you would like to celebrate with us, please either just show up or speak to me after the meeting.

Sponsorship is an important part of sobriety. If you have a year or more of continuous sobriety and would like to serve as an interim sponsor, please raise your hand. If you are looking for a sponsor, these people are available. We also have a sponsorship chair who can help you find a sponsor and explain to you what sponsorship is and isn't. Please ask for their information after the meeting.

Zoom meetings will continue alongside live meetings. Business meetings for all New But West meetings are held online the first Sunday of every month at 6:30 PM in the online room. Attendance at business meetings is important for the health of the group and for your sobriety, you can attend from your phone if you are coming from a live meeting.

Announcements:

Does anyone have any other announcements for the good of AA?

Our 12th Tradition states that "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities." And please remember, what you hear here, please leave it here."

We will now continue with a show of hands. The last 5 minutes are reserved for a

burning desire.