





























































- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Finesse school
2.  / 	2 	Cut my G's hair cus I'm a part time barber
3.  / 	3 	Send out 20 emails
4.  / 	3 	Reply to emails
5.  / 	3 	read
6.  / 	3 	meditate
7.  / 	3 	journal
8.  / 	3 	Buy groceries for my ill friend and bring it to him
9.  / 	2 	
10.  / 	2 	
11.  / 	2 	
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number:5







Date:2023.03.16

Start Of The Day - Time:5 am

	 3 Things That I Am Excited To Have In The Future? 
1.	First landed client
2.	Next week's sales calls
3.	Quitting nicotine

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 5 am: Task \$	Wake up, drink water immediately
🔔 Intention 🔔	Drink water, make my bed so I have a win first thing in the morning
✍️ Reflection ✍️	done

\$ 6 am: Task \$	Prepare myself for school
🔔 Intention 🔔	Dress up, eat, brush my teeth, cologne
✍️ Reflection ✍️	done

\$ 7 am: Task \$	Arrive to school and finesse the classes like a G,
🔔 Intention 🔔	Rizz girls
✍️ Reflection ✍️	done

\$ 12 am: Task \$	Done with school go home
🔔 Intention 🔔	Go home with my homie and cut his hair
✍️ Reflection ✍️	Didn't cut his hair cus he canceled the appointment

\$ 2 pm: Task \$	Eat
🔔 Intention 🔔	Healthy food
✍️ Reflection ✍️	done

\$ 3 pm: Task \$	20 outreaches with FV provided
🔔 Intention 🔔	Creating FV sending out with a winner SL and email body
✍️ Reflection ✍️	Done and scheduled a sales call for saturday so I completed the goal I set to myself for the first week wich is schedule a sales call :)

\$ 5 pm: Task \$	Do some school stuff if I need to
🔔 Intention 🔔	Learning, homework
✍️ Reflection ✍️	done

\$ 6 pm: Task \$	Meditate, read, journal
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 7 pm: Task \$	Night routine
🔔 Intention 🔔	Eat Shower Shave Brush teeth
✍️ Reflection ✍️	done

\$ 8 pm: Task \$	Wind down
🔔 Intention 🔔	Reading more, Listening for a AMA
✍️ Reflection ✍️	done

\$ 9 pm: Task \$	Good night
🔔 Intention 🔔	Get as much sleep as possible.
✍️ Reflection ✍️	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

 **What Do I Plan To Do Differently Tomorrow?** 

I'll have a more positive mindset about life because today I had too many depressive thoughts

 **What Do I Plan To Do The Same Tomorrow?** 

Tomorrow I'll do the work REGARDLESS of how I feel. Today I couldn't be bothered to do the last 10 outreaches bro I can't describe how badly I just wanted to lay on the bed instead of working. But hey If I didn't do the work regardless of how I felt, I wouldn't have scheduled that sales call.

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

Accountability channel

 **What Tasks Were Left Undone?** 

Meditation and reading.

Brain Dump: