

2020 12 18 Bird by Bird Meeting Agenda and Notes

Today's agenda:

1. Introductions
 - a. Guest introductions
 - i.
2. Short explanation of call structure to guests
3. **Topic:**
 - a. **Financial Planning**
(https://us02web.zoom.us/webinar/register/WN_4I-deMHRS9-l2r0Bzr_isw)
 - b. **See resources below**
 - i.
4. **Topic:**
 - a. **2021 Planning** (<https://lanakitcher.as.me/birdbybird-biweekly>)
 - i. What were your learning points from 2020?
 - ii. What will you take forward into 2021?
 - iii. What will your intentions, projects, actions, and main goals be for 2021?
 - iv. How will you plan for 2021?
 - v. What tools will you use to plan for 2021?
 - vi. How can the team help you in 2021?
 - vii. How can you help the team?
 - b. See and add resources below

Ready to join BxB? → [Make it official!](#)

Please fill out the application if you haven't already so I get to your your specific goals:
<https://lanakitcher.com/birdbybird/>

BxB Call Notes:

Planning Resources: (Add any additional you'd like to recommend)

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To follow on Instagram:

Books:

Exercises/Methods:

- [The NOW Year Method \(choosing themes\)](#)

Videos:

Articles:

Podcasts:

- Grace & Vine Podcast - How to do an End of Year Review:
<https://podcasts.apple.com/us/podcast/060-how-to-do-an-end-of-year-review/id1478513382?i=1000500908885>
- Grace & Vine Podcast - Why You Need a CEO Day
<https://podcasts.apple.com/us/podcast/059-why-you-need-a-ceo-day/id1478513382?i=1000500029498>

Chat notes:

https://melrobbins.com/wp-content/uploads/2018/12/mindset_reset_2019.pdf?__s=diurqvqg7xw58wcqbajc&__s=tnfzveohc9s7epq72zqr
15:27:47 From Lana Kitcher to Everyone : Mindset Reset

Lana Kitcher to Everyone : "Word of the Year"

Lana Kitcher to Everyone : "The NOW Year Method"

<http://thenewfamily.com/wp-content/uploads/2016/04/The-NOW-Year%E2%84%A2-Method-Basic-Workflow-Complete.pdf>

Lana Kitcher to Everyone : "Bullet Journal" Past journal review and reflection. Review calendar.

Lana Kitcher to Everyone : Beth Kempton's Imperfect Planner (prompts)

<https://bethkempton.com/2021-planner/>

Lana Kitcher to Everyone : Ashley's (did I mean Allison?) Spreadsheet <-- saved in our shared drive

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Ashley Covelli to Everyone : YES - I try to keep my social share schedule full on CoSchedule - it's so easy to visualize it on that calendar view

Lana Kitcher to Everyone : Vision Boarding (Age of Aquarius) December 21 = best day!

Ashley Covelli to Everyone : You could also use Instagram and save images to a collection there as well

Cari DiMiceli to Everyone : yes ^^ i do that with cookies i inspire to do or techniques i want to learn

Ashley Covelli to Everyone : I love that idea - I do "co-working" virtually with other people sometimes