



ERASE Coalition Meeting

Friday, April 21, 2023 at 12:00 PM

Northeast Iowa Behavioral Health

"Creating a healthier Winneshiek County through community collaboration."

Welcome--

In attendance: Jenny Rose (IPN Prevention); Colinne McCann (Mentoring Coordinator); Karin Martin-Hiner (Winneshiek County Public Health); Nicky Stansell (IHH, Bureau of HIV, STI, & Hepatitis); Becky Loven (NEIBH); Judy Holthaus (NEIBH); Marcia Oltrogge (RSVP); Abigael Stroup (Luther College Nursing); Nicole Fitzpatrick (Luther College Nursing); Jenni Stevenson (Elevate); Kendrah Parker (NEIBH); Jenn White (Inspiring Lives); Leah Hemesath (Prevention Coordinator); Jon Vagts (SOR3 Prevention); Ashley Havenstrite (Tobacco Prevention); Christian Mosbo (Community Member); Naomi Bothe (NEIBH); Seth Robinson (NEIBH)

Updates:

- *SOR3 Prevention:* Iowa Dept. of Health & Human Services will be coming out with 3 additional trainings. Jon Vagts works under the SOR3 Grant and can provide these additional trainings to groups, along with the previous trainings offered. The 3 new trainings will cover Naloxone and the different forms, Kratom, and how to support those suffering from addiction.
- *Northeast Iowa Behavioral Health (NEIBH):*
 - CCBHC began accepting clients on March 1st
 - Continuing to work with the suicide risk list
 - Moving forward with the downtown clinic on Water St. in Decorah
 - Have hired some new staff, Kendra Parker is a new therapist at NEIBH
- *Youth Mentoring*
 - Currently 10 matches in Winneshiek County with 5 youth waiting- 2 boys and 3 girls
 - 4 of the current matches are school-based
 - Started school-based mentoring with Crossroads Academy
- *Integrated Provider Network (IPN) Prevention:*
 - Curriculum-Based Support Groups are currently going at South Winn with 2 groups of 4th grade students and two groups were also started at Decorah Elementary
 - April is Alcohol Awareness Month

- 10 individuals took part in TIPS (Training for Intervention Procedures) on April 17th at Toppling Goliath. Two of these employees were from Silvercrest, four employees from Corner Bar, three employees from Toppling Goliath, and 1 employee of Helping Services.
 - The next scheduled TIPS Training will be in June, although Leah will begin reaching out to golf courses in Winneshiek county.
 - Offering support to non-profit organizations on creating, strengthening, and/or implementing policies around workplace gambling
- *Winneshiek County Public Health*: Have been busy doing lots of vaccinations and continuing with home health care. A reminder to the community that there is a sharps disposal container outside of public health in Decorah that is available to use. They also offer free STI testing and now are also offering free HIV testing.
 - *IHH; Bureau of HIV, STI, & Hepatitis*: Nicky Stansell is our contact and she is offering trainings on the services they offer to any groups who would like to learn more. Nicky also wanted to make sure the community is aware that condoms are available at myiacondoms.org
 - Jenn White with *Inspiring Lives* informed ERASE of a program that will be held on May 15th at Upper Iowa University Student Center at 6:30 PM. NAMI In Our Own Voice presentation provides insight into what it's like to live with mental illness. The presentation is led by two adults living with mental health conditions and includes video and discussion.

Financial Report:

- \$689.45 unrestricted funds
 - Incentives for Substance Free Graduation Parties

Old Business:

- 988 Materials- Colinne created a 988 promotion item with the ERASE logo on it. Colinne is adding "ask for a responder" memo to make sure callers get access to mobile crisis responders. 988 promotion brochure is approved once this memo is added. The brochures will be added to the ERASE tote for tabling at events.
- Luther College Non-Profit & Camp Fair- Happened in March and Jon handed out ERASE brochures. Had a response from one person asking to be added to the coalition email list from this event.

New Business:

- [Marketing](#)
 - Substance Free Graduation Parties
 - Waiting to see how many students signed up.
 - Hosting a training this summer. The coalition voted for a Kratom training but we still have time to change this if the coalition wants.
 - ERASE Website: www.winneshiekerase.com
 - If you have updates for the ERASE website email them to Leah
 - lhemesath@helpingservices.org
- National Drug Take-Back Day is coming up on Saturday, April 22nd
 - Jon reached out to two law enforcement officers who participated in National Drug Take-Back Day
 - This is always a good time to remind people to clean out their medicine cabinets and of the permanent drug take-back bins available in the community at Donlon's Pharmacy and Thrifty White Pharmacy.
- Community Survey
 - Is boosted on the Helping Services Facebook page- please share on your agency (or personal!) page if you are able
 - <https://www.facebook.com/helpingservices/>
 - Postcards were created with the survey link and QR code. RSVP is going to help distribute these throughout Decorah.
 - Link to a paper copy of the survey to print: [w Community Survey 2023.docx](#)
 - NEIBH took some paper copies
 - Sending to interagencies
- Hidden in Plain Sight (HIPS)
 - HIPS took place at South Winneshiek Middle School on April 20th. About 30 adults went through the mock setup of a teenage boy's room. The participants had a lot of positive feedback about HIPS and even let Prevention staff know that they had learned a lot from the mock setup.
 - We were given ideas to add to our next HIPS from some participants that included condoms, candles, and STI info brochures
 - Other ideas for items to include in HIPS: eye drops, diet pills, how to spot tendencies for violence
 - Want to partner with coalitions in Howard & Allamakee County to create a better room. Would like to do another HIPS in one of these counties this summer.

- Ideas for places to have HIPS: grocery store, parent-teacher conferences, food pantry, Breakfast on the Farm (June), Nordic Fest (Sue P. from Donlon's might be a good contact to discuss having it at Nordic Fest).

Sustainability:

- [New Member Orientation Information](#)
- ERASE Tote will be kept at the Helping Services Decorah office

Next Steps:

- A presentation from Elevate
- Asking law enforcement to come and give updates
- Coalition Capacity/sustainability survey in June

Next Meeting: The next ERASE meeting will be Friday, May 19, 2023 at 12 PM at Northeast Iowa Behavioral Health in Decorah (905 Montgomery St, Decorah, IA 52101)

Please contact winneshiekerase@gmail.com if you wish to add something to the agenda.