

OLSC Psychology

Summer Work pack



Teacher: Mrs Rai

Student Name:

Dear students,

This work pack has been designed to prepare you for A-level Psychology and assess your suitability for the course.

In AS psychology you will study 4 different approaches, so the work pack has been organised into these 4 sections:

- *Social Approach*
- *Cognitive Approach*
- *Biological Approach*
- *Learning Approach*

Some of the tasks will require you to conduct some research and others will encourage you to think about and give your views and opinions on some key issues within Psychology. If you have any questions please email me on the below email address. Please print and bring your completed work pack to the first lesson back in September.

Psychologydept@olscmail.org.uk

I look forward to seeing you in September.

Kind Regards Mrs Rai ☺

SECTION1: Social Approach

TASK 1: Define the term Prejudice and give an example:

TASK 2:

There is a lot of prejudice in society. What do you think causes a person to become prejudice? Give your own view.



TASK 3:

In social Psychology, you will be studying the topic of obedience. Define the following terms, which are key words in the Agency theory of obedience:

Obedience:

Autonomous state:

Agentic state:

Moral strain:

TASK 4

Imagine that you are conducting a study to see if males or females perceive themselves to be more obedient. You will be using a questionnaire to collect your data. Think of some examples of questions you would use as part of your questionnaire:

SECTION 2: Cognitive Approach

TASK 5: In cognitive Psychology, you will look at case studies of unique individuals to better understand memory. One such case is Henry Molaison (HM). Conduct some research into the case study of HM and produce a short newspaper article of the case.



Henry Molaison

[illegible]

TASK 6:

Define the following terms in Cognitive Psychology, which relate to memory:

- *Short-term memory (STM)*
- *Long-term memory LTM)*
- *Information processing*
- *Encoding*
- *Storage:*
- *Retrieval:*
- *Capacity:*
- *Duration:*

TASK 7

Dementia describes a group of symptoms affecting memory, thinking and social abilities severely enough to interfere with your daily life. *Conduct some research into Dementia and produce a fact file about the Dementia.*



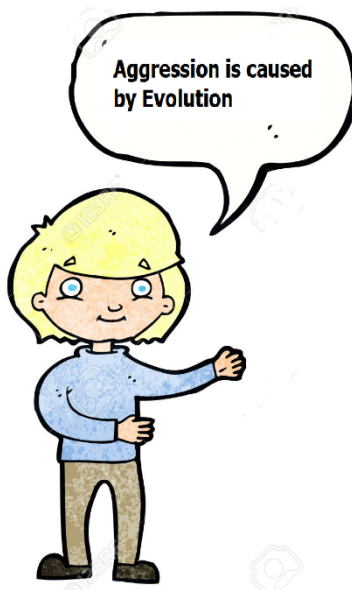
SECTION 4: Biological Approach

TASK 8:

The Central nervous system is a very important part of our body. Conduct some research into the Central Nervous system and produce a summary of the Central nervous system including its components and its major functions:

TASK 9

You will study the topic of aggression and its causes in this approach. Read the different views on aggression and discuss which ones you agree or disagree with and why.



TASK 10:

Recreational Drugs are biochemical that have specific effects on the functioning of the body's system. Choose one recreational drug and conduct some research on it. Include information about its biological process of transmission and the effects of the drug on the body.



Recreational Drugs

SECTION 4: The Learning Approach

TASK 11

Define the following key terms from the Learning approach:

- *Operant Conditioning:*
- *Classical Conditioning:*
- *Social Learning Theory:*
- *Vicarious Reinforcement:*
- *Systematic desensitisation*
- *Flooding therapy*
- *Imitation*
- *Behaviour Modification*

TASK 12

Hollie sits with Jess her friend at school. One day Hollie plaits Jess's hair in an impressively complicated way. Hollie explains that she watched her mum doing it for years on her younger sister and her sister is always so pleased that she gives her mum a big hug.

Conduct some research on Social Learning Theory and use the theory to explain how Hollie learnt the skill of plaiting hair.



TASK 13

Is the influence of role models and celebrities something that causes Anorexia? Give your views and opinions about the role of media and other factors that cause Anorexia.



TASK 14: Extension task

Nature is what we think of as pre-wiring and is influenced by genetic inheritance and other biological factors. **Nurture** is generally taken as the influence of external factors after conception, e.g, life experiences and the learning environment on an individual. Write a short paragraph explaining whether you think a criminal's behaviour is down to nature or nurture?

NATURE

'I was born this way'



NURTURE

'I learnt my behaviour'