

EVERY WEEK

Pray for the Transformation of Metropolitan Richmond.

For the more than 1.3 million people living in this historic capital city of Central Virginia, including the jurisdictions of Richmond, Chesterfield, Hanover, Henrico, and the surrounding counties and towns.



Metro Richmond at Prayer

metroprayer.richmondhillva.org

Coordination of this effort is provided by Richmond Hill, 2209 E Grace Street, Richmond VA 23223. <http://www.richmondhillva.org/>

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MARCH 2026

Pray for the Churches and Religious Institutions of Metropolitan Richmond.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body – Jews or Greeks, slaves or free – and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. (I Corinthians 12:12-14 NRSV)

- March 1, 2026.** We pray for the churches and religious institutions of Metropolitan Richmond: For the Church to remain faithful to Christ above all, rejecting the entanglement of faith with political power, and embracing love, justice, and humility as true witnesses of God's realm.
- March 8, 2026.** We pray for the churches and religious institutions of Metropolitan Richmond: For all who seek God on behalf of others; for pastors, ministers, missionaries, lay leaders, congregants, intercessors, and other servants of Christ.
- March 15, 2026.** We pray for the churches and religious institutions of Metropolitan Richmond: For all religious communities, abbeys, orders, brotherhoods, sisterhoods, religious societies, and para-church organizations.
- March 22, 2026.** We pray for the churches and religious institutions of Metropolitan Richmond: For seminaries, bible colleges, and schools training persons for vocations in ministry; for the students, faculty, and staff of these institutions.
- March 29, 2026.** We pray for the churches and religious institutions of Metropolitan Richmond: For a spirit of unity, mutuality, cooperation, reconciliation, reform, and common ministry within the faith community.

APRIL 2026

Pray for the Spirit of the Resurrection in Metropolitan Richmond.

Now may the God of peace, who brought back from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, make you complete in everything good so that you may do his will, working among us that which is pleasing in his sight. (Hebrews 13:20-21 NRSV)

April 5, 2026 – Easter. We pray for the Spirit of the Resurrection in Metropolitan Richmond: For a spirit of hope, of possibility, of eternal life, and of commitment to the redeeming power of God who brings new life out of death to people and communities.

April 12, 2026. We pray for the Spirit of the Resurrection in Metropolitan Richmond: For a spirit of love, cooperation, peace, community, and commitment to all people in God's name.

April 19, 2026. We pray for the Spirit of the Resurrection in Metropolitan Richmond: To remove any spirit of contentiousness, prejudice, greed, jealousy, or enjoyment of others' troubles. For a spirit of humility, respecting and appreciating the gifts and contributions of all.

April 26, 2026. We pray for the Spirit of the Resurrection in Metropolitan Richmond: For a spirit of justice, righteousness, equality, and mutual benefit.

MAY 2026

Pray for Health Care in Metropolitan Richmond.

Jesus answered them, "Go and tell John what you hear and see: the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. And blessed is anyone who takes no offense at me." (Matthew 11:4-6 NRSV)

May 3, 2026. We pray for health care in Metropolitan Richmond: For persons living with terminal illnesses and for their families, friends, and communities. For persons working to find cures for diseases.

May 10, 2026. We pray for health care in Metropolitan Richmond: For all the sick and their caregivers – doctors, nurses, hospice workers, home healthcare workers, and all who minister to the health of others.

May 17, 2026. We pray for health care in Metropolitan Richmond: For emergency response personnel and all emergency room staff. For hospitals, nursing homes, and hospice programs. For persons diagnosed with chronic illness.

May 24, 2026. We pray for health care in Metropolitan Richmond: For a national health care system that promotes and encourages health, wellness, and well-being for all people.

May 31, 2026. We pray for health care in Metropolitan Richmond: For clinics, medical personnel, and all institutions that serve persons who are uninsured or underinsured.

JUNE 2026

Pray for the Criminal Justice System in Metropolitan Richmond.

Remember those who are in prison, as though in prison with them, and those who are mistreated, since you also are in the body. (Hebrews 13:3 ESV)

June 7, 2026. We pray for the criminal justice system in Metropolitan Richmond: For all who are incarcerated in jails and prisons, their families, and their loved ones. For just institutional policies and programs that foster restorative practices, leading to wholeness and healing.

June 14, 2026. We pray for the criminal justice system in Metropolitan Richmond: For the police, judges, lawyers and court personnel, correctional officers and institutions, juvenile detention facilities, and probation officers.

June 21, 2026. We pray for the criminal justice system in Metropolitan Richmond: For all chaplains, staff, and volunteers who minister in jails and prisons, half-way houses, work-release, and after-care programs.

June 28, 2026. We pray for the criminal justice system in Metropolitan Richmond: For the victims of violent crime and for those who perpetuate violent crime. For situations and institutions that condone, promote, or encourage violent behaviors.

JULY 2026

Pray for Governments and Governing Bodies of Metropolitan Richmond.

He has told you, O mortal, what is good, and what does the Lord require of you but to do justice and to love kindness and to walk humbly with your God? (Micah 6:8 NRSV)

July 5, 2026. We pray for the governments and governing bodies of Metropolitan Richmond: For the Mayor and City Council of Richmond, the City Administrator, and all city employees.

July 12, 2026. We pray for the governments and governing bodies of Metropolitan Richmond: For the Boards of Supervisors, Councils, Administrators, and government employees of Charles City, Goochland, New Kent, Powhatan, Ashland, Petersburg, and Hopewell.

July 19, 2026. We pray for the governments and governing bodies of Metropolitan Richmond: For the Boards of Supervisors of Chesterfield & Hanover counties, the county administrators, and all county employees.

July 26, 2026. We pray for the governments and governing bodies of Metropolitan Richmond: For the Board of Supervisors of Henrico County, the County Administrator, and all county employees.

AUGUST 2026

Pray for Workplaces and Businesses of Metropolitan Richmond.

Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for his good pleasure. (Philippians 2:12-13 NRSV)

August 2, 2026. We pray for the workplaces and businesses of Metropolitan Richmond: For safe, respectful work environments, healthy work ethics and attitudes, and sufficient salary and benefits for all workers.

August 9, 2026. We pray for the workplaces and businesses of Metropolitan Richmond: For owners and managers; for servant leadership, civic responsibility, and ethical decision-making.

August 16, 2026. We pray for the workplaces and businesses of Metropolitan Richmond: For financial institutions, sustainable and just investment policies, and effective development efforts to benefit the entire community.

August 23, 2026. We pray for the workplaces and businesses of Metropolitan Richmond: For economic development in depressed portions of the city; for the establishment of businesses that will create new employment opportunities.

August 30, 2026. We pray for the workplaces and businesses of Metropolitan Richmond: For full employment opportunities for our young people and heads of families. For the long-term unemployed and for the under-employed.

SEPTEMBER 2026

Pray for Schools and Educational Institutions of Metropolitan Richmond.

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children. (Deuteronomy 4:9 NRSV)

September 6, 2026. We pray for the schools and educational institutions of Metropolitan Richmond: For all superintendents, school boards, school administrators, PTAs, teachers, students, and staff. For curriculum that is grounded in truth and meaning. For space to nourish the creative seed in both teachers and students.

September 13, 2026. We pray for the schools and educational institutions of Metropolitan Richmond: For all public, private, and religious schools. For students, teachers, and support personnel, including cafeteria workers, building and grounds staff, and school bus drivers. For all preschools and daycare centers and for children in home schools.

September 20, 2026. We pray for the schools and educational institutions of Metropolitan Richmond: For all universities, colleges, seminaries, trade, technical, graduate, and professional schools; for the students, faculty, and staff of these institutions.

September 27, 2026. We pray for the schools and educational institutions of Metropolitan Richmond: For healthy relationships between parents, teachers, and students. For cooperation between Superintendents, School Boards, and Administrators of public and private schools throughout this metropolitan city.

OCTOBER 2026

Pray for Public, Non-profit, and Religious Social Service Work and Ministries in Metropolitan Richmond.

For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me. (Matthew 25:35-36 NRSV)

October 4, 2026. We pray for public, non-profit, and religious social service work and ministries in Metropolitan Richmond: For all in need of social services, all social service departments and caseworkers. For partnerships between the church and other institutions serving the needy.

October 11, 2026. We pray for public, non-profit, and religious social service work and ministries in Metropolitan Richmond: For all in need of mental health services, all mental health workers, counselors, and treatment facilities.

October 18, 2026. We pray for public, non-profit, and religious social service work and ministries in Metropolitan Richmond: For all who suffer from addiction, dependency, or co-dependency of any sort; for twelve-step programs, recovery programs, therapists, and addiction counselors. For advocates who provide a voice for the rights of persons whose voices are not heard.

October 25, 2026. We pray for public, non-profit, and religious social service work and ministries in Metropolitan Richmond: For emergency shelters, women's shelters, clinics, and feeding programs. For recreation programs, youth programs, juvenile counseling, and young people's shelters.

NOVEMBER 2026

Pray for Persons in Financial Need in Metropolitan Richmond.

The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor. (Luke 4:18-19 NRSV)

November 1, 2026. We pray for persons in financial need in Metropolitan Richmond: For the unemployed and underemployed. For suitable work, living wages, and fair benefits for all workers in this metropolitan city.

November 8, 2026. We pray for persons in financial need in Metropolitan Richmond: For the homeless and the hungry. For the provision of safe, affordable housing and low-cost nutritious food. For the personal safety, dignity, and well-being of those who are unable to work.

November 15, 2026. We pray for persons in financial need in Metropolitan Richmond: For healthy relationships; for constructive, safe, and caring households for the bringing up and nurturing of children and the care of the elderly.

November 22, 2026. We pray for persons in financial need in Metropolitan Richmond: For the inclusion of all (regardless of race, age, or residency) in the economic health of Metropolitan Richmond.

November 29, 2026. We pray for persons in financial need in Metropolitan Richmond: For effective, affordable, regional public transportation to support job access. For sufficient employment to make healthy family life possible.

DECEMBER 2026

Pray for Families of Metropolitan Richmond.

I will bless those who bless you, and the one who curses you I will curse, and in you all the families of the earth shall be blessed. (Genesis 12:3 NRSV)

December 6, 2026. We pray for the families of Metropolitan Richmond: For single-parent families, adoptive families, foster families, and for households that are communities of friends. For elderly persons living in their own homes, in retirement communities, and in nursing institutions.

December 13, 2026. We pray for the families of Metropolitan Richmond: For persons who are lonely or have no family. For persons who are estranged from their families. For persons who are grieving the loss of a loved one. For all who need to feel the love of God.

December 20, 2026. We pray for the families of Metropolitan Richmond: For an end to child abuse; for healthy relationships between children and their caregivers. For the care and protection of infants, children, and youth; for the intimate knowledge that each one is a beloved child of God.

December 27, 2026. We pray for the families of Metropolitan Richmond: For families going through divorce; for all in the midst of life transitions. For peace, reconciliation, and forgiveness among family members, whatever the distance and however old the hurt or grievance.

JANUARY 2027

Pray to Overcome in Christ's Name the Heritage of Racism in Metropolitan Richmond.

There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. (Galatians 3:28 NRSV)

January 3, 2027. We pray to overcome in Christ's name the heritage of racism: For racial reconciliation, healing, and justice in Metropolitan Richmond. For an end to all personal and structural racial prejudice and discrimination.

January 10, 2027. We pray to overcome in Christ's name the heritage of racism: For the elimination of discrimination in housing, policing, education, employment, transportation, and churches in Metropolitan Richmond.

January 17, 2027. We pray to overcome in Christ's name the heritage of racism: To experience the healing power of Jesus's resurrection over all personal and institutional results of racism and racial inequality in this metropolitan city.

January 24, 2027. We pray to overcome in Christ's name the heritage of racism: To overcome ignorance, indifference, resentment, and bitterness with regard to race in both private and public life.

January 31, 2027. We pray to overcome in Christ's name the heritage of racism: To proclaim in word and deed the establishment of a beloved community in Metropolitan Richmond.

FEBRUARY 2027

Pray for the Coming of God's Realm in Metropolitan Richmond.

Pray then like this: Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. (Matthew 6:9-10 RSV)

February 7, 2027. We pray for the coming of God's realm in Metropolitan Richmond: For a spirit of unity and cooperation among all people in all jurisdictions. To earnestly seek the common welfare of this metropolitan city. To express compassion and care for our natural environment.

February 14, 2027. We pray for the coming of God's realm in Metropolitan Richmond: For healthy economic development which enhances the Metropolitan community, employs the unemployed, and contributes to the common good.

February 21, 2027. We pray for the coming of God's realm in Metropolitan Richmond: For redemption of the divisions, prejudices, pettiness, despair, and discrimination of the past.

February 28, 2027. We pray for the coming of God's realm in Metropolitan Richmond: For the enhancement of our common life through the Holy Spirit, and for the resurrection of metropolitan Richmond as a modern metropolitan city of hope for the world.