

2025 Oval Office Holiday Party @ The Armory

Sunday, December 21, 2025 | NYC Armory | Final Meet Schedule | [Results/Heat Sheets Here]

Oval

5:00pm HS Girls 1600m

5:13pm HS Boys 1600m

5:25pm Open Mile

5:44pm HS Girls 400m

5:59pm HS Boys 400m

6:14pm Open 400m

6:29pm HS Girls 800m

6:38pm HS Boys 800m

6:50pm Open 800m

6:59pm HS Girls 200m

7:17pm HS Boys 200m

~~HS Girls 3200m~~

~~HS Boys 3200m~~

7:34pm Women's 60m Trials

7:37pm Men's 60m Trials

7:56pm Open Two Mile

8:09pm HS Girls 4x200m Relay

8:15pm HS Boys 4x200m Relay

8:26pm 60m Finals (Women then Men)

8:33pm HS Girls 4x800m Relay

8:46pm HS Boys 4x800m Relay

8:58pm HS Girls 4x400m Relay

9:04pm HS Boys 4x400m Relay

9:12pm Open 200m

Straightaway

5pm HS Girls 55m Hurdle Invite Trials

5:11pm HS Boys 55m Hurdle Invite Trials

5:20pm HS Girls 55m Invite Trials

5:27pm HS Boys 55m Invite Trials

5:35pm HS Girls 55m Open

5:40pm HS Boys 55m Open

6:00pm HS **BOYS** 55m Hurdle Finals

6:05pm HS Girls 55m Hurdle Finals

6:10pm HS Girls 55m Finals

6:15pm HS Boys 55m Finals

Field Events

5pm Girls Long Jump
Boys Long Jump to follow
Girls Triple Jump to follow
Boys Triple Jump to follow

Note that each competition is one flight plus a final so events will move quickly

5pm Girls Shot Put
Boys Shot Put to follow
Girls Weight Throw to follow

5pm Girls and Boys Pole Vault

~7pm Girls and Boys High Jump (one pit)

Running Events:

Top six athletes/ teams in each event will receive medals.

55m Dash and 55m Hurdles: Top eight fastest time will advance to the finals.

Field Events:

Will be conducted as flights, not "open pit." Athletes competing in both running and field events should check in with field event officials first, informing them of their intention to compete. Athletes will be allowed a reasonable amount of time to be excused from the field event to compete in their running event.

Shot Put, Weight Throw, Long Jump, and Triple Jump:

Each athlete will receive three attempts. Top eight athletes will advance to the finals. Top six athletes will receive medals.

Vertical Jump Progressions:

Girls' High Jump - Opening height is 4'0" (↑ by 2") 4'2", 4'4", 4'6", etc.

Boys' High Jump - Opening height is 5'0" (↑ by 2") 5'2", 5'4", 5'6", etc. Jumping will occur in ONE pit

Girls' Pole Vault - Opening height is 6'0" (↑ by 6") 6,6", 7'0", 7'6", etc.

Boys' Pole Vault - Opening height is 8'0" (↑ by 6") 8'6", 9'0", 9'6", etc.