

## What does it Say, Mean, Matter Blog

Three or four well-developed paragraphs.

Paragraph 1 Intro/What does it say?

- Include author, title, rating w/explanation and who it is recommended for (can also be included in a conclusion). Summarize. SWBS may not work. If not, use your best summarizing skills. Write a summary, check to see if you included the 5 Ws: who, what, where, when, why, and how. Give the gist of the book. Do not include every major thing/detail. Don't worry about spoilers - get to the end.

Paragraph 2 What does it mean?

- What can you infer about the facts that are included in your book? What is important that is not *explicitly* stated? You could possibly also consider what bias or purpose (from the author) you detect or infer. Give at least three important things you inferred with explanation.

One thing I got out of this book is...

Another thing I got out of this book is...

Paragraph 3 Why does it matter?

- Why would the reader care about any of this? What is significant/important about your book in the world/on the human level? Give at least three important insights as to why your book matters in the world with explanation of why each one matters..

Quiet Power by Susan Cain explains how it feels to be an introvert in what feels like a world full of extroverts. She gives advice on how to embrace being non talkative instead of pushing yourself to talk more. I would rate this book a 6/10, I think it was a really good book, that had some great messages, but it was really hard to get through.

One thing I got from this book is that you shouldn't push yourself to be someone you're not. Susan Cain gives a lot of examples in the book of introverts pushing themselves to speak up. Whether it's making yourself raise your hand in class or squeezing yourself into a conversation just to seem more outgoing, introverts do these things to try and fit in. This usually ends up harming them more than helping them. Another thing I got from this book is that it's okay to be quiet. A lot of popular people are outgoing and loud, which is why they're popular. This book explains that even when you feel left out and underappreciated, there's nothing wrong with it. The last thing I got out of this book was don't let people walk all over you. Susan explains that when you're quiet and introverted, people assume that you're "weird" and they'll often talk about you in some rude ways. Learning how to stand up for yourself and surround yourself with the right

people is essential to being comfortable as an introvert.

I think that this book really matters because a lot of introverts think of themselves as less because they're not as outgoing as the people around them. This can obviously be harmful to people in many ways. Especially young people (elementary-highschool) who may see their peers as better than them because they're louder and more noticed. This book also matters because it gives examples of how you can be yourself and be successful. It gives examples of celebrities, sports players, and other very successful people who are introverts, which gives the message to a younger audience that they should chase their dreams whether they're quiet or loud. Standing up for yourself is a must when you're an introvert. This book explains why it's important and how to do it effectively without being seen as mean.