Fall 2024 Morse Marathon
--Overview & Map--

K-5 Marathon Schedule - Tuesday, October 15, 2024

7:20-8:20	P.E. Teachers and Parent Volunteers Set up the Morse Marathon area.

SHIFT 1 - B8, D6, A4, C3, C2, E8, E7

8:40	First shift of classes are dismissed by grade level to depart, cross the overpass, then meet in the warm-up area (see map on following page).
8:55	P.E. Teachers lead a warm up and explain the rules.
9:05-9:25	The 1st Marathon Begins! Students and staff run/walk along the Marathon route.
9:25-9:45	Cool down line dance in warm-up area.
9:45	Students and teachers are dismissed from Magazine Beach Park to return to the school, where they will resume their regular Tuesday schedules.

SHIFT 2 - B6, B7, A6, C1, C4, E3, E6, E5

9:40	Second shift of classes are dismissed by grade level to depart, cross the overpass, then meet in the warm-up area (see map on following page).
10:00	P.E. Teachers lead a warm up and explain the rules.
10:10-10:25	The 2nd Marathon Begins! Students and staff run/walk along the Marathon route.
10:30-10:45	Cool down line dance in warm-up area.
10:45	Students and teachers are dismissed from Magazine Beach Park to return to the school, where they will resume their regular Tuesday schedules.



Additional Info and Reminders

- The course will be marked with cones. **There has been an adjustment made to the course this year to make sure all students at Morse will be able to participate. The course will be slightly longer and will wind along the path near the Nature Center Building. *See map below***
- We estimate that a "lap" equals approximately 1/4 of a mile. We encourage older students to set individual or class targets (4 laps equals approximately a full mile). However, individual students can complete as many laps as they wish. We are hoping to reach a schoolwide total of **1,891 laps**, in honor of the founding year of the Morse School!
- Students can jog or walk around the Marathon course. However, this is not a "race." The P.E. Teachers will share the rules around running speed and respectful participation in the event during the warm-up.
- After they have completed their laps, students will return to the warm-up area where they will participate in line dancing.
- Students should bring their water bottles with them to the course.
- Parent volunteers will be distributed throughout the course to help encourage our students and also to make sure that children stick to the prescribed course.
- Teachers and paras should accompany their respective groups (shared paras should accompany both grade-level sections). Non-classroom based staff should sign up for one or two support shifts here.

Thank you for helping to make our 7th Morse Marathon a success!

Cambridge Preschool Program Marathon Schedule

Thursday 10/24	CPP Mini-Morse Marathon (CitySprouts Garden) ● 9:00-9:30 (A3/A5) ● 9:45-10:15 (A1/A2/E2)

Additional Info and Reminders

- The course will be marked with cones.
- Students can jog or walk around the Marathon course. However, this is not a "race." The P.E. Teachers will share the rules around running speed and respectful participation in the event during the warm-up.
- Students should bring their water bottles with them to the course.
- Parent volunteers will be distributed throughout the course to help encourage our students and also to make sure that children stick to the prescribed course.
- Teachers and paras should accompany their respective groups (shared paras should accompany both grade-level sections). Non-classroom based staff should sign up for one or two support shifts here.

Thank you for helping to make our Mini-Marathon a success!