

## Curriculum Story - PE

‘Let your light shine’ -Matthew 5:16

**Our curriculum will provide enriching experiences and be underpinned by high quality oracy/literacy rich activities designed to give all learners, particularly the most disadvantaged, the knowledge and cultural capital they need to succeed in life.**

**It will build progressive substantive and disciplinary knowledge from which skills will emerge seamlessly from EYFS to KS1. We will set ambitious goals to meet the needs of all pupils.**

**‘physically educated persons are those who have learned to arrange their lives in such a way that the habitual physical activities they freely engage in make a distinctive contribution to their wider flourishing’.-James MacAllister**

Intent	<ul style="list-style-type: none"><li>★ PE at St John’s Infant School and Nursery is taught to inspire children to develop a lifelong interest in physical activity to ensure that they lead and understand the importance of a healthy and active life in the future.</li><li>★ We aim to ensure that all staff are equipped with the skills to teach PE effectively so that the children similarly develop the necessary knowledge and skills.</li><li>★ We aim to provide the children with a wide variety of sporting activities after school lead by internal and external staff and ensure that these are inclusive to all children.</li><li>★ We recognise that regular participation in PE is paramount to children’s physical, emotional and mental well-being as it instills self-discipline, promotes self confidence and reduces stress levels</li><li>★ Although not part of the curriculum, we offer 18 weeks of swimming to EYFS and KS1/</li></ul> <p>We aim to deliver the skills required on this by focussing our curriculum on the following areas.</p> <ul style="list-style-type: none"><li>- Fundamental movement skills, such as speed, agility, coordination and balance. We then aim to allow children the opportunity to apply these to a range of activities.</li><li>- Participating in team games</li><li>- Ball skills</li><li>- Gymnastics</li><li>- Dance</li><li>- Swimming</li></ul>
Implementation	<ul style="list-style-type: none"><li>★ In Reception, Year 1 and Year 2, PE is taught each week for at least 2 hours by a sports coach.</li><li>★ In the Early Years and Nursery outdoor learning areas, children have outside access to equipment that</li></ul>

	develops their gross motor to support negotiating space, core strength and co-ordination - a key element of the 'Physical Development' strand of the Early Years Foundation Stage (EYFS) curriculum. ★ Structured games have been set up at lunchtimes to ensure purposeful physical activity is happening. The sports coach plays sports games at playtime and carries out intervention with children who need it three times a week.  See Medium term plan					
Impact	<ul style="list-style-type: none"><li>★ We will be able to see that the children know more and remember more in PE, and therefore do more things, through evidence in their PE lessons and pupil voice.</li><li>★ We will see they are able to recall prior learning and apply it. Children will then start their next year of learning with the necessary skills and knowledge to build upon.</li><li>★ Children can confidently explain the importance of engaging in regular physical activity.</li><li>★ Teachers will feel confident when teaching PE as a result of observing a specialist sports coach and following Inspired planning??</li><li>★ With structured games at play times and lunch times, teachers will report that children come back from play times more focused and ready to learn.</li></ul>					
Progression across year groups:						
Curriculum across the Year groups.						
	Autumn I	Autumn II	Spring I	Spring II	Summer I	Summer II
Nursery	Swimming Stop and Go skills Gross Motor Skills	Gross Motor and Spatial Awareness	Ball Skills	Dance	Swimming	Swimming

Reception	Swimming	FMS Ball Skills	Invasion Games Gymnastics	Invasion Games Dance	Swimming	Swimming
Year 1	Swimming FMS	Invasion Games	Gymnastics	Dance	Swimming Athletics	Swimming Tennis
Year 2	Swimming FMS	Invasion Games Gymnastics	Invasion Games Gymnastics/Dance	Dance Cricket	Swimming Athletics	Swimming Tennis
Themed days			Football competition - linked to champions league		Sports Week Tennis themed day - linked to Wimbledon	

### Pupil Voice September 2024

#### What is PE?

Reception - I don't know

Year 1 - It's sport. It's exercise.

Year 2 - We play games and run around lots. It's where you do different kinds of sports. You play games and do warm ups.

#### What do you do in PE?

Reception - (after VB explained what PE means) We go swimming

Year 1 - We do jumping. We jump and we balance on the long straight bit. We go running. We play tag games and do star jumps where you stand like a banana.

Year 2 - We go swimming. We do warm ups and I really like swimming. We do swimming and Gym in the hall on the blue apparatus.

**What do you like about PE?**

Reception - I like swimming and getting the sinkies. I like climbing.

Year 1 - I like playing tag with the cones. I love swimming, we have a nice warm pool. I like playing Mud Monsters.

Year 2 - I like swimming the best. I like running around and playing different games. I like gym.

**If you could do anything else in PE, what would it be?**

Reception - I like playing jumping games if we could do that.

Year 1 - Could we do skipping? I don't like doing PE if it gets too hot or if it is too cold. Could we do more running and tag games?

Year 2 - I would like to do cricket. I would like to play more football. I would like to go on a trampoline.

**Successes of 2023/24**

Every child having access to 6 hours of intensive swimming lessons over a term

Multi sports club for pupil premium funded children - providing children the opportunity to access a specialist after school provision

Training provided to TA's to develop confidence and skills when running playtime games

Increased the provision from 2 days to 3 days therefore meaning the children can now have 1 whole class PE lesson and one focussed, small group lesson with a specialist provider.

Gross motor skills intervention group providing specialist activities to develop core strength and balance

New playground markings have enabled the children to be more physically active during playtimes.

Sports week in June provided an opportunity for the children to engage in a variety of sports and activities, many of which they haven't experienced before.

Our Weekly Abbey walk has encouraged children, parents and staff to get outdoors and be active whilst exploring our beautiful Abbey grounds. This has developed into a really meaningful, positive time for all.

#### Priorities of 2024/25

- Staff to access PE coaching during PE lessons alongside specialist coach, to support and develop their own CDP.
- Audit of PE resources and equipment.
- Promote sporting achievements in school in the Weekly Celebration assembly.
- To provide at least one after school club sessions each week reflecting our ambition to be physically active as much as possible.

