

Tab 1

Calhoun High School Menus September 1st-5th

Breakfast

Lunch

Monday September 1st

NO SCHOOL

LABOR DAY

Tuesday September 2nd

Bagel/Cream Cheese

Pears/Fresh Fruit

Cereal

Milk

Cheeseburger

French Fries

California Blend

Pineapple

Milk

Wednesday September 3rd

Scrambled Eggs

Biscuit

Pineapple/Juice

Cereal

Milk

Chicken Bacon Ranch Wrap

Romaine Lettuce

Peas

Peaches

Milk

Thursday September 4th

Long John

Peaches/ Fresh Fruit

Cereal

Milk

Meatball Sub

Romaine Lettuce

Green Beans

Applesauce

Milk

Friday September 5th

Biscuits & Gravy

Applesauce/Juice

Cereal

Milk

Corn Dog

Tater Tots

Baked Beans

Mixed Fruit

Milk

Calhoun High School Menus September 8th-12th

Breakfast

Lunch

Monday September 8th

Tornado	Chicken Nuggets
Mixed Fruit/Juice	French Fries
Cereal	Cooked Carrots
Milk	Pears
	Milk

Tuesday September 9th

Honey Bun	Taco Salad
Pears/Fresh Fruit	Romaine Lettuce
Cereal	Corn
Milk	Mandarin Oranges
	Milk

Wednesday September 10th

Hashbrown	Breaded Chicken Breast/On Bun
Sausage Patty	Green Beans
Mandarin Oranges/Juice	California Blend
Cereal	Pineapple
Milk	Milk

Thursday September 11th

Breakfast Pizza	Mostaccioli/Breadstick
Pineapple/Fresh Fruit	Romaine Lettuce
Cereal	Broccoli
Milk	Applesauce
	Milk

Friday September 12th

Blueberry Muffin	Pizza Dippers
Applesauce/Juice	Romaine Lettuce
Cereal	Peas
Milk	Peaches
	Milk

Calhoun High School Menus September 15th-19th

Breakfast

Lunch

Monday September 15th

Sausage/Cheese Biscuit Sandwich	Pepperoni Pizza
Peaches/Juice	Romaine Lettuce
Cereal	Peas
Milk	Applesauce
	Milk

Tuesday September 16th

Twist Donut	Chicken Fajita Wrap
Applesauce/Fresh Fruit	Romaine Lettuce
Cereal	Corn
Milk	Pears
	Milk

Wednesday September 17th

Egg Cheese Omelet	Grilled Cheese Sandwich
Sausage Links	Romaine Lettuce
Pears/Juice	Cooked Carrots
Cereal	Pineapple
Milk	Milk

Thursday September 18th

Hashbrown	Orange Chicken
Sausage Patty	Vegetable Fried Rice
Pineapple/Fresh Fruit	Broccoli
Cereal	Mandarin Oranges
Milk	Milk

Friday September 19th

Breakfast Pizza	Tenderloin/ Dinner Roll
Peaches/Juice	Mashed Potatoes/ Gravy
Cereal	Green Beans
Milk	Peaches
	Milk

Calhoun High School Menus September 22nd-26th

Breakfast

Lunch

Monday September 22nd

Scrambled Eggs	Chicken Alfredo/Breadstick
Sausage Links	Romaine Lettuce
Peaches/Juice	Broccoli
Cereal	Mixed Fruit
Milk	Milk

Tuesday September 23rd

Pancakes	Cheeseburger
Bacon	French Fries
Mixed Fruit/Fresh Fruit	Cooked Carrots
Cereal	Pears
Milk	Milk

Wednesday September 24th

Yogurt/Granola	NO LUNCH
Pears/Juice	EARLY
Cereal	DISMISSAL
Milk	

Thursday September 25th

Tornados	Meatball Sub
Pineapple/Fresh Fruit	Romaine Lettuce
Cereal	Green Beans
Milk	Peaches
	Milk

Friday September 26th

Honey Bun	Cheesy Chicken & Rice Casserole
Peaches/Juice	Romaine Lettuce
Cereal	California Blend
Milk	Mandarin Oranges
	Milk

Calhoun High School Menus September 29th-30 & October

1st-3rd

Breakfast

Lunch

Monday September 29th

Hashbrowns
Sausage Patty
Mandarin Oranges/Juice
Cereal
Milk

Chili
PB&J Uncrustable
Romaine Lettuce
Applesauce
Milk

Tuesday September 30th

Banana Muffin
Applesauce/Fresh Fruit
Cereal
Milk

Chicken Bacon Ranch Wrap
Romaine Lettuce
Cooked Carrots
Pears
Milk

Wednesday October 1st

Egg Cheese Omelet
Biscuit
Pears/Juice
Cereal
Milk

BBQ Rib Patty/On Bun
Garlic Butter Sliced Potatoes
Peas
Mixed Fruit
Milk

Thursday October 2nd

Cinnamon Roll
Mixed Fruit/Fresh Fruit
Cereal
Milk

Grilled Chicken Breast/On Bun
Corn
Potato Salad
Pineapple
Milk

Friday October

3rd

Biscuits & Gravy
Pineapple/Juice
Cereal
Milk

Homemade Meatloaf/Dinner Roll
Mashed Potatoes
Green Beans
Peaches
Milk

