CLASSIC 8 Boys Relays

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To: C8 Conference Men's Track Coaches

From: Matt Scherbarth

Mukwonago High School

MEET INFORMATION

1. Games Committee- Ocon Boys, Arrowhead Boys, Waukesha South Boys Coach, WIAA Official. WIAA Starter

2. Date: WEDNESDAY APRIL 23, 2025

3. Time Schedule: 1:45 pm Stadium Opens

2:15 pm Weigh in of Shots and Discus in "M" Shed

2:45 pm Coaches Meeting (press box)

2:55 pm Shot and Discus weigh in completed

3:00 pm All Field Events begin 3:00 pm 1600 composite relay

4:30 pm Running Events begin with the 110 HH Composite relay

4. Site: Mukwonago High School Athletic Field

5. Awards: Medals for 1st place

6. Team Scoring: 10-8-6-5-4-3-2-1

7. Team Entry Limitations: Per Conference Rules(See attached meet quidelines)

8. Individual Entry Limitations: Per WIAA Conference Rules

9. Track Surface: Track and runways are Seal Flex. Spikes up to but not exceeding 1/4"

exposed will be allowed. Random checks will be made.

10. Throwing Circles: Concrete with 3/4" raised rings.

11. Weighing of Implements: All throwing implements to be used in competition must be

weighed in the "M" shed area. Legal implements will be made available to all

competitors throughout the event.

12. Team Areas: All teams must set up outside the 4' high restraining fence that surrounds

the track. No teams will be allowed to set up inside this fence.

13. Coaches: No one is allowed inside of the Track or bunting on the football field. Only one

High Jump coach will be allowed with their athlete(s). Upon completion of high jump all athletes and coaches must remove themselves from inside this area.

14. Athletes: The track will be cleared at 3:00 pm and reopen for hurdle warmup at the

conclusion of the 6400 composite warmup. Track will be cleared again at 4:30pm and remain cleared for the duration of the meet All warm-ups should

take place outside

the track area along the back stretch on the turf during races.

15. Boom Boxes: Are not allowed in the stadium.

16. Smoking: The Mukwonago School District is a tobacco free district. Use of tobacco

products are prohibited.

17. Concessions: Will be available throughout the meet by The Mukwonago Boosters.

18. T-Shirts: N/A

19. Meet Officials: Meet Manager: Matt Scherbarth, Mukwonago

Facilities Manager: Andy Trudell, Mukwonago Grounds: Gary Young, Mukwonago

Head Referee:

Varsity/JV Clerk: Nancy Movrich, Mukwonago

Head Timer: Trackside timing

Event officials: As per Conference designations

20. Entries: Entries are due 4/21 as per <u>Trackside timing</u>. All entries must be done on the

milesplit website. All meet information will be on the www.muktrack.com website

under meet tab.

21. Parking: All coaches, athlete, and spectator parking should use the athletic

parking lot next to the athletic complex. Busses should park in the bus parking

lot east of the school (Parking lot 1). See map

22. Jumps and Relay Markings: Only tape is allowed for marking steps and

relay exchanges. CHALK will not be allowed. As per bylaws,

each school is to provide 1 exchange zone judge. Race assignments.

23. Pole Vault & High Jump: Weight verification will be done before event begins. We will

follow a five alive format. Starting PV height will follow the two pit procedure as per <u>conference bylaws</u>. Coaches will be contacted after entries have been submitted in order to properly flight their jumpers. Muk will staff the 'low seed' pit (E-W)/AHS the 'high seed' pit (N-S). HJ will jump V/JV on separate pits as

well (MHS will staff JV)

24. Long and Triple Jump: All jumpers will be open pit format and will receive 4 jumps.

LJ will be followed by TJ with separate runways for V and JV

25. Shot Put and Discus: Throwers will be flighted by school to ensure coaches can see

shot and discus. All throwers will receive 4 throws. Varsity will

begin on disc, JV on shot. This will be posted on the

www.muktrack.com website.

Flights will be as follows:

Shot

Flight 1: Waukesha South, Arrowhead, Waukesha West

Flight 2: Muskego, Mukwonago, Oconomowoc;

Flight 3: Kettle Moraine, Waukesha North, Catholic Memorial

Disc

Flight 1: Kettle Moraine, Waukesha North, Catholic Memorial

Flight 2: Waukesha South, Arrowhead, Waukesha West

Flight 3: Muskego, Mukwonago, Oconomowoc

26. Results and Awards: Will be available after the conclusion of the meet at

<u>www.muktrack.com</u> and <u>www.tracksidetiming.com</u>. Coaches are not allowed in the press box unless to file a protest with the

games committee.

CLASSIC "8" JV & VARSITY MEN'S RELAYS

ORDER OF EVENTS

3:00 PM Pole Vault 2 pits split by entry height (see #23)

Shot
Discus
Varsity / JV
High Jump
Triple Jump
Together
Following LJ

Long Jump TJ to follow

RUNNING EVENTS: VARSITY FOLLOWED BY JV (Exz Zones)

3:00 PM 6400 Meter Relay

4:30 PM 330 High hurdle Composite

1600 Medley Relay (200-200-400-800)

400 Meter Relay

3200 Meter Relay

800 Meter Relay

Distance Medley (1200-400-800-1600)

800 Medley Relay (100-100-200-400)

900 Meter IM Hurdles

1600 Meter Relay