



Vancouver Female Ice Hockey Association Vancouver Angels

Welcome to (Team Division)

As your coach for this season, I would like to get to know you better!

Name: _____ Preferred Name: _____

Pronouns: _____

What is your favourite hockey team?

What is/are your favourite thing(s) to do outside of hockey?

What is/are your favourite sport(s)?

What other sports do you play?

How long have you been playing hockey?

Why are you playing hockey and what do you most enjoy about playing hockey?

What do you dislike the most about about playing hockey?

What do you find the most challenging about playing hockey?

Do you like to be challenged? If so, how?

What are your hockey goals for the season? (Team & Personal)

What would be your ultimate hockey goal?

How best can I help you achieve your hockey goals?

How do you prefer to learn?

Tick all the boxes that help you learn

- By listening to the coach
- Watching the coach demonstrate
- Reading words the coach writes on a whiteboard
- Talking aloud what the coach has said
- Remembering the diagrams/pictures the coach draw
- Doing it myself

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Feel free to see me at any time if you have any questions or concerns, and remember to play hard and have fun this season!