

**Off Season will begin January 16th

52

JANUARY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15 M L King Day	16	17	18	19	20
21	22 Off Season Training 3:15-4:15	23 Off Season Training 3:15-4:15	24	25 Off Season Training 3:15-4:15	26 Off Season Training 3:15-4:15	27
28	29 Off Season Training 3:15-4:15	30 Off Season Training 3:15-4:15	31	1 Off Season Training 3:15-4:15	2	3




FEBRUARY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Off Season Training 3:15-4:15	30 Off Season Training 3:15-4:15	31	1 Off Season Training 3:15-4:15	2	3
4 Parent Meeting @4	5 Off Season Training 3:15-4:15 Parent Meeting @6	6 Off Season Training 3:15-4:15	7	8 Off Season Training 3:15-4:15	9	10
11	12 First Official Day of Practice 3pm-5pm	13 Practice 3pm-5pm	14 Practice 3pm-4pm	15 Practice 3pm-5pm	16	17
18	19 Presidents' Day	20 Practice 3pm-5pm	21 Practice 3pm-4pm	22 Practice 3pm-5pm	23 Practice 3pm-5pm	24

25	26 Practice 3pm-5pm	27 Practice 3pm-5pm	28 3pm-4pm	29 Practice 3pm-5pm	1	2 Wilson Central Varsity 10am Field 12pm Track
----	----------------------------------	----------------------------------	----------------------	----------------------------------	---	---

<div>  MARCH 2024 </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25 Practice 3pm-5pm	26 Practice 3pm-5pm	27 Practice 3pm-4pm	28 Practice 3pm-5pm	1	2 Wilson Central Varsity 10am Field 12pm Track
3	4 Practice 3pm-5pm	5 Practice 3pm-5pm	6 Practice 3pm-5pm	7 Practice 3pm-5pm	8	9 Siegle MS Open Middle School 9:30am Field 10am Track
10	11 SPRING	12 BREAK	13	14	15	16
17	18 Practice 3pm-5pm	19 Practice 3pm-5pm	20 Practice 3pm-4pm	21 Varsity Practice 3pm-4pm Middle School Wilson Central 5pm	22 March Madness Ravenwood Varsity 4pm Field	23 March Madness Ravenwood Varsity 9am Track

24	25	26 Practice 3pm-4pm	27 Valhalla Relays Varsity West Creek HS 6pm	28 Practice 3pm-4pm	29 Good Friday	30
----	----	---------------------------	--	---------------------------	-----------------------	----

APRIL 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Practice 3pm-4:30pm	2 Practice 3pm-4:30pm	3 Practice 3pm-4:30pm	4 Practice 3pm-4:30pm	5 Highland Games FRA Varsity	6 Highland Games FRA Varsity Green Hill MS 9am Field 12pm Track
7	8 Practice 3pm-4pm	9 Patriot Invitational Oakland HS Varsity 4:30 Field 5pm Track	10 Practice 3pm-4pm	11 Practice 3-4pm	12 bell buckle	13 Riverdale Varsity 11am
14	15	16 City Meet Harpeth Hall	17 City Meet Harpeth Hall	18 City Meet Harpeth Hall	19 City Meet Harpeth Hall	20



21	22 Practice 3pm-4pm Middle School Championships Riverdale 5pm	23 Practice 3pm-4pm Middle School Championships Riverdale 5pm	24 Practice 3pm-4pm	25 Franklin Inv 4pm Field	26 Franklin Inv 4pm Track	27
----	--	--	----------------------------------	---	---	----

<div> <div>  </div> <div> MAY 2024 </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Practice 3pm-5pm	30 Practice 3pm-5pm	1 Practice 3pm-4pm	2 Practice 3pm-5pm	3 Last Chance Relays FRA	4
5	6 Practice 3pm-4pm	7 Regionals	8 Regionals	9 Practice 3pm-4pm	10 Regionals	11
12 Mother's Day	13 End of year Pizza Party and Awards @Climb Nashville	14 Practice 3pm-4pm	15 State Qualifiers Practice 3pm-4pm	16 State Qualifiers Practice 3pm-4pm	17	18

19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	1