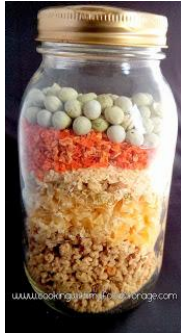


## Meal in a Jar Potato Sausage Soup



### In the Jar

4-5 TBSP. Chicken Bullion  
1 TBPS parsley  
1/4 tsp. salt  
1/8 tsp pepper  
1 C. F.D Sausage  
1 C. Dehydrated potato chunks  
1/3 C. F. D. celery  
1/4 C. F.D. onions  
1/3 C. Dehydrated carrot dices  
1/3 C. F.D. peas

### Added when making:

1/2 cube butter  
3 Quartz water  
1/2 cup flour  
1 cup Thrive Instant Milk (pre mixed)

Boil contents of the jar in 3 quarts water for 10 to 15 minutes, until the carrots and potatoes are soft.

Meanwhile create a roux by melting the butter over low heat, gently whisk in the flour. Add 1 cup Thrive Instant Milk (reconstituted before adding). Stir over low heat until thick and bubbly. Add to the soup and mix well. Heat 1-2 minutes more and serve.