



Coach Andy Brendel (Emphasis: Distance Running)

- Triad Head Cross Country Coach (19 Years)
- Triad Assistant Track & Field Coach (17 Years)
- 24 State Qualifiers
- 2 Track IHSA State Medalists
- 2 IHSA Cross Country All-State Athletes
- 34 All-MVC Athletes
- 13 School Records
- 4 Track IHSA Sectional Champions