



Grow Food. Break Systems. Heal Earth.

The world is being poisoned.
Our cities mow down medicine and plant useless grass.
Food comes in boxes, chemicals replace leaves, and no one remembers the names of the plants anymore, or what they are used for.
But Eden is not gone.
It's buried—under parking lots and subdivisions, under lawns, under lies.
And it's waiting for you.

WHAT IS PROJECT EDEN?

A movement to **replant the forgotten world**—
one food plant, one healing weed, one crack in the sidewalk at a time.
We grow in ditches, roadsides, fences, backlots—anywhere they aren't watching.
No permission. No patents. No poison. Just **life**.

GROCERY STORE SEEDS = EDEN IN A BAG

You don't need seed catalogs.
The revolution is in the bulk aisle.

Plant	Grocery Source	Avg. Price/Lb	Seeds per Lb
Amaranth	Bulk grain	\$3–5/lb	~500,000 seeds
Sorghum	Bulk grain	\$2–4/lb	~30,000 seeds
Mustard	Spice aisle (whole seed)	\$2–6/lb	~180,000 seeds
Fava Bean	Dried beans	\$2–4/lb	~800 beans

One pound = **a food forest**.
Scatter. Let nature work. Freedom.

4 WEAPON PLANTS TO START WITH

1. **Amaranth** – edible leaves + seeds, drought-proof, unstoppable
 2. **Popping Sorghum** – heat-loving, leaves for animal fodder, grain can pop like corn
 3. **Mustard** – spicy edible leaves, medicinal and nutritious seeds
 4. **Fava Bean** – edible leaves nitrogen fixer, cool-season protein source
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HOW TO JOIN PROJECT EDEN

- ✓ Plant something edible in a neglected space that won't get mowed down
 - ✓ Tell the homeless where to find it, how to plant it
 - ✓ Learn to forage one weed
 - ✓ Print and share this flyer
 - ✓ Refuse the lie that says you need permission to live
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THIS IS SPIRITUAL

This is not just gardening.

This is **reversing the curse we were handed.**

This is restoring what was stolen.

This is how we break the machine—**from the ground up.**

SPREAD THE SIGNAL

Share this. Reprint it. Copy it by hand. Leave it in books.

Find the others. The ones who *still feel*. The ones who are *ready to remember* what was lost.

We are building Eden again—**peacefully, quietly, permanently.**

There is more to life than we were taught. Every seed you sow will return a hundred fold. You are not alone.

Take your planet back. It's your birthright.