



Centered Retreat Schedule

Saturday, October 16th

- 9:00 am Registration
- 10:00 am Talk 1
- 11:00 am to noon: Activity
- Noon: Lunch
- 1:00 pm to 1:45pm. Small Groups
- 2:00 pm: Talk 2
- 3:30 pm to 5:30 pm Free time
- 5:30 pm Dinner
- 6:30 pm Rosary
- 7:00 pm Talk 3
- 7:45 pm to 9pm Adoration + Confession
- 9:00 pm to 11:00pm Free time

Sunday, October 17th

- 8:00 am Breakfast
- 9:00 am: Talk 4
- 10:00 am: Small group activity
- 10:45 am: Wrap up & Closing Message
- 11:00 am: Mass
- 12:00 pm: Lunch + Dismissal

What to bring:

- Comfortable clothing and shoes, a jacket, a Bible, your rosary, and any individual toiletries.

What will be provided:

- Food
- Bedding and pillows
- Towels
- Soap