AUG 8 NETWORKING (Queen's Biosciences Atrium)

5:00 p.m. HORS D'OEUVRES

 Organic beef slider with red fife bun and homemade chipotle mayo – The Canadian Grilling Company (280 Cal) – LF Butternut squash latkes with sage and yogurt sauce (88 Cal) – Veg Mushroom caps filled with artichoke and Asiago cheese (42 Cal) – GF/Veg Brandied mushrooms filled with Chevre topped
with toasted pecan (260 Cal) – GF/V

Cold items:	 Roasted red pepper and chipotle hummus roulade on potato crisp (gluten-free) (89 Cal) – GF / Veg / V / LF Rice paper vegetable rolls – Imperial Rolls (170 Cal) – GF / Veg / V / LF
	 Brandied blue cheese, walnut and pear crostini (185 Cal) – Veg Smoked salmon canapés (42 Cal) Vegetable Crudités and Dip
	Fruit Skewers.Dessert Squares
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AUG 10 GALA DINNER (9 Pt. Frederick, RMCC Senior Mess)

6:30 p.m. Cocktail Service (Cash Bar)

Chicken skewers, lemon sauce				
 Coconut shrimp, curry mango dipping sauce 				
 Veggie spring rolls, plum sauce 				
Cash Bar				

7:15 Dinner Service

Salad:	 Mixed heritage greens, cherry tomato, feta, pumpkin seeds, dried cherries, balsamic vinaigrette
Mains: (preselect by Aug. 3)	 Red wine braised short rib, garlic parm mash, mixed veg, red wine jus Fresh salmon filet, rice pilaf, mixed veg, lemon dill sauce Butternut squash ravioli, brown butter sauce, toasted pine nuts, fried sage, parm Optional wine serving: Sandbanks pinot grigio or Sandbanks Baco noir.

Dessert

	Assorted squares, coffee, tea (serving in the lounge)
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