

COUGAR BASKETBALL RECORDS

INDIVIDUAL RECORDS

MOST POINTS

Game: 43- Ellie Herzberg vs Emmetsburg 2/7/2013
Season: 614- Ellie Herzberg- 2012-2013
Avg./Game for Season: 25.6-Ellie Herzberg 2012-2013
Career: 1,542-Ellie Herzberg

MOST ASSISTS

Game: 12-Lauren Christianson vs WCLT 1/3/09
Season: 130-Jacque Markert 2006-2007
Avg./Game for Season: 5.0-Jacque Markert 2006-2007
Career: 376-Lauren Christianson

MOST REBOUNDS

Game: 20--Olivia Sturgis (December 4, 2020)
Season: 244--Olivia Sturgis 2022-2023
Avg./Game for Season: 11.1 --Olivia Sturgis 2022-2023
Career: 766--Olivia Sturgis

MOST STEALS

Game: 12-Ellie Herzberg-11/30/2012 vs SEWG, Ellie Herzberg-12/6/2013 vs. SEWG
Season: 142-Ellie Herzberg- 2012-2013
Avg./Game for Season: 5.9-Ellie Herzberg- 2012-2013
Career: 374-Ellie Herzberg

HIGHEST FIELD GOAL PERCENTAGE

Game: 100%- Kelsey Sukovaty vs SEWG 2/3/09- 13 for 13
Season: 69%- Kelsey Sukovaty 2008-2009
Career: 65.8% Kelsey Sukovaty

HIGHEST FREE THROW PERCENTAGE

Game: 100% (12-12) Renae Rost vs RCL 2/18/95
Season: 82.1%-Andrea Schreier- 1995-1996
Career: 70.9%-Alicia Onnen

BLOCKED SHOTS

Game: 8-Mika Rodewald vs NF 12/23/08 and PV 1/9/09
Season: 54- Mika Rodewald- 2008-2009
Career: 140-Mika Rodewald

3 POINT FIELD GOAL SHOOTING

Game: 9--Chloe Troshynski vs PAC 2/11/2020
Season: 61- Faith Troshynski 2013-2014
Career: 203-Faith Troshynski 2012-2016

Cougar Basketball

Team Records

MOST POINTS IN A HALF: 59 vs Southern Cal 1/19/10

MOST POINTS IN A GAME: 97 vs Southern Cal 1/19/10

MOST FIELD GOALS IN A GAME: 43 vs Southern Cal 1/19/10

MOST THREE POINT FIELD GOALS IN A GAME: 10 vs SLSM 2015-2016; vs PAC 2/11/2020

MOST FREE THROW ATTEMPTS IN A GAME: 45 vs Alta-Aurelia 1/13/95

MOST FREE THROWS MADE IN A GAME: 28 vs Prairie Valley 12/21/93, Alta-Aurelia

1/13/94, Pocahontas 2/5/2013, West Hancock 2/15/2013

MOST ASSISTS IN A GAME: 30 vs Southern Cal 1/19/10 and SEW/G 2/3/09

MOST STEALS IN A GAME: 38 vs Eagle Grove 12/10/09

HIGHEST OFFENSIVE AVERAGE FOR A SEASON: 69.1 PPG 2008-2009 Season

FEWEST POINTS ALLOWED IN A HALF: 0 vs Eagle Grove 12/1/2022

FEWEST POINTS ALLOWED IN A GAME: 2 vs Eagle Grove 12/1/2022

LOWEST DEFENSIVE AVERAGE FOR A SEASON: 33.5 PPG 2009-2010 Season

MOST WINS IN A SEASON: 26 during the 2008-2009 season

MOST CONFERENCE WINS IN A SEASON: 15 during the 1995-1996 season

LONGEST WINNING STREAK: 26 games during the 2008-2009 season

LONGEST CONFERENCE WINNING STREAK: 45 games from 12/7/07 through 12/9/11

<u>State Tournament Appearances</u>	2007, 2008, 2009, 2010, 2014, 2016
<u>Twin Lakes Conference Champions</u>	1996, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2013
2010 Class 2A Runner Up	