

Primary Care Skills & Procedures Review

September 24, 2022

**Allegheny County Medical Society
850 Ridge Ave, Pittsburgh, PA 15212**

AGENDA

8:00 am to 8:30 am Registration and light breakfast

8:30 - 8:50am Welcome and overview of program

Kirsten Lin MD

8:50-9:00am Fast Fitness (exercise activity)

Natalie Gentile MD

9:00-10:30am Laceration repair (lecture + hands-on)

Sharon Goldstein MD

10:30-10:45am Break

10:45am-12:00pm Lifestyle Medicine for Physicians, includes a 30min yoga flow

Natalie Gentile MD

12:00-12:45pm Lunch

12:45-1:45pm Joint injection (knee?)

Mike Wong MD

1:45-2:00pm Fast Fitness (exercise activity)

Natalie Gentile MD

2:00-2:15pm Break

2:15-2:45pm Splinting (ankle sprain?)

Mike Wong MD

2:45-3:15pm SPG block

Charles Lin MD

3:15-3:30pm Wrap-up

3:30pm Adjournment