

Wilderness To Wake

2024 Participant Information

Welcome to Wilderness to Wake!

Welcome to Wilderness to Wake (W2W)! We are thrilled to have you join us for an unforgettable adventure. The provided information has been put together to help you prepare for your experience.

Program Start

Check-In	4pm, August 16th
Location	Wellbeing Center, Sutton 204 Gym

Program End

Return Time	12pm, August 21st
Location	All programs will wrap up outside of the OP Garage, in the Wellbeing Center

What to Expect

1. One month prior to W2W, participants will receive confirmation emails with information regarding their placement in Basecamp or Expedition. (see info on placements below)
2. One week prior to W2W, participants will receive an email from their Trip Leaders with final details and they will confirm any dietary restrictions.
3. Please prepare for your W2W experience by reviewing our [W2W Packing List](#).

Arrival - Aug 16th

You're invited to join us at 4pm in the Wellbeing Center Sutton 204 gym to meet with OP staff, your leaders, and fellow group members. After introductions and getting to know each other, we'll head out for dinner in Winston Salem. We'll return to campus later that evening where students will receive their gear and settle into their residence halls for the night. The following morning, we'll embark on our wilderness adventure together.

Return - Aug 21st

All students will return back to campus by noon on the final day. This gives students a chance to meet roommates and get a little more settled before Orientation starts later in the day!

Move-In

Move in will happen on August 16th. Information on housing and check-in will be shared by [Residence Life & Housing](#).

Orientation

For parents with a student attending a Pre-Orientation Program we suggest a couple of options for the official Parents and Families New Deac Week Experience:

- Send your student to campus with the bare necessities for Pre-Orientation and then have your family bring your remaining belongings when the rest of your class moves in on **Wednesday, August 21st**. This also enables your family to participate in parent and family Orientation activities;

OR

- Move in fully on your assigned Pre-Orientation move-in date.

Parents and Families programming for New Deac Week occurs on Wednesday, August 21st and concludes on Thursday, August 22nd in the evening around 7:30pm.

Basecamp & Expedition Placements

Participants will be assigned to either Basecamp or Expedition based on their preferences submitted during registration. You will receive an email confirming your placement, along with information to help you prepare for your adventure.

Airport Transportation

If you are in need of transportation from the airport, Wake's [Airport Shuttle Services](#) can assist you.

Dietary Requirements

All dietary requirements are accommodated. Trip Leaders will communicate with participants ahead of time regarding any dietary restrictions.

Program Lodging

Students participating in basecamp will be staying in rustic cabins with bathrooms and running water. Expedition participants will camp in tents each night while backpacking. Their final night is spent at basecamp, in rustic cabins.

Phones

It is typical for participants to leave their phones behind. You will be out of telephone contact for the duration of your Wilderness to Wake experience. Your family and friends should not expect to hear from you until the afternoon of the final day.

Contacting Outdoor Pursuits

If you have further questions concerning Wilderness to Wake, please contact Meghan Belanger, Assistant Director, Outdoor Pursuits, belangm@wfu.edu