



# CRAIG Reflections

2020-2021

## DIRECTIONS:

- Every Friday during Flight Crew, you will use your reflection time to reflect upon your CRAIG growth this year, week, month, day..etc.
- You will choose a prompt from this document (below), copy and paste it into your CRAIG Reflections Document, date your reflection, and just WRITE!
  - If you would like to write your own prompt, you may do so, just be sure to write the prompt at the top of the reflection :)
- Before your Spring SLC you will PUBLISH ONE edited, polished, QUALITY reflection on your E-Portfolio. You will use this reflection to guide your SLC discussion about your growth this year.
  - Sophomores, and Juniors, these reflections will likely become the seeds of your college essays.

## PROMPTS:

Jun 11, 2021 Read and Respond to any of the following LGTBQI+ quotes.

- “Openness may not completely disarm prejudice, but it’s a good place to start.” – Jason Collins
- “The richness, beauty and depths of love can only be fully experienced in a climate of complete openness, honesty and vulnerability.” – Anthony Venn Brown
- “When you are doing something that is right, you just do it and take care ... Someone has to do this.” – Alice Nkom

Jun 4, 2021 Read and Respond to any of the following LGBTQI+ quotes.

- “It is absolutely imperative that every human being’s freedom and human rights are respected, all over the world.” – Jóhanna Sigurðardóttir
- . “Equality means more than passing laws. The struggle is really won in the hearts and minds of the community, where it really counts.” – Barbara Gittings
- . “If you help elect more gay people, that gives a green light to all who feel disenfranchised a green light to move forward.” – Harvey Milk
- . “My silences had not protected me. Your silence will not protect you.” – Audre Lorde
- . “The next time someone asks you why LGBT Pride marches exist or why Gay Pride Month is June tell them ‘A bisexual woman named Brenda Howard thought it should be.’” – Brenda Howard

May 28, 2021

- How do you prepare for the last 4 weeks of school to make sure you finish strong?
- What have you learned about other cultures/ethnicities/experiences this year? How has it changed your thinking?
- How have you grown this year?
- What makes you proud of yourself from this year?
- Other?

May 21, 2021

- How do you prepare for the last 4 weeks of school to make sure you finish strong?
- What are you doing for self-care?
- Other?

May 14, 2021

- Disney has been making cartoons since 1927. Since then there have been 37 white main characters out of 58.
  - Why does this matter?
  - Of those 21 non white characters these cultures/ethnicities are represented
    - Soul - AA/Black
    - Coco - Mexican
    - Moana - Polynesian

- Big Hero 6- Japanese
- Princess and the Frog - AA/Black
- Lilo & Stitch - Hawaiian
- Mulan - Chinese
- Aladdin - Agrabah/Arabic/Middle Eastern
- Pocahontas - Native American.
- The Jungle Book - Indian
- Other - choose your own.

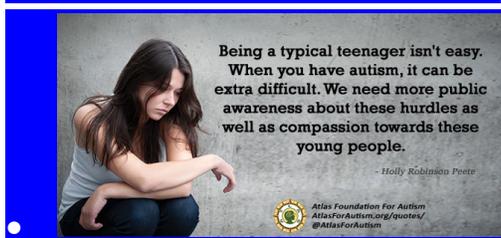
May 7, 2021

- President Joe Biden has restricted travel between the US and India. You can read about it [here](#). What do you think about this?
- What is the harm of the [model minority myth](#)?
- How are you planning on honoring AAPI heritage this month?
- Other - reflect on what you need to reflect upon today.

April 30, 2021

- What do I want to do about climate justice?
- How am I feeling about having everyone together in person?
- Fill out this [FORM](#) if you want to help plan May Asian/Pacific Islander Month
- Other?

April 9, 2021. Choose one of the following



● Reflect upon how you are feeling as we finish our first week of hybrid learning

- What was surprising?
- What was wonderful?

- What do you need help processing?
- other?

**March 26, 2021 Choose ONE of the following**

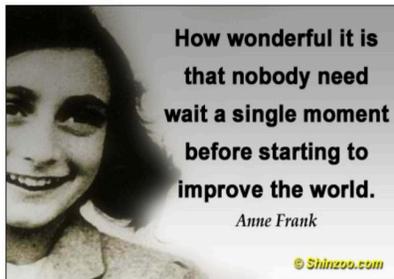
- ★ How are you feeling about High School moving to Hybrid? Reflect upon what you think you will need to continue with your Level Up Goal (whether you are remaining home or coming to the building)?



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**March 19, 2021 Choose ONE of the following**

- ★ How do you show up to discrimination against self?
- ★ How do you show up to discrimination against others?
- ★ Reflect on the violence from Tuesday and what you need to cope and heal.
- ★ How are you showing up today to finish the week strong?

**March 12, 2021**

- ★ Today marks the 1 year anniversary of the beginning of the pandemic. Reflect upon what has been challenging, successful for you.

- How have you grown this year?
- How have you been resilient this year?
- What are you grateful for?

### **March 5, 2021**

- ★ Choose a reflection from this year to add to your portfolio. Add it to your Conferences, Reflections Page.

### **February 26, 2020**

- ★ What makes me Great?
- ★ Reflect upon Frank Brady's Poetry and the impact of his words. Or send him your feedback [here!](#)
- ★ How will I celebrate and appreciate my excellence this weekend?
- ★ Choose your OWN!

### **February 19, 2020**

Art Contest Submissions are DUE TODAY!!!!

Work on a Submission for the Georgia On My Mind Art Contest (\*See Below) and CC [dianna.carter@new-haven.k12.ct.us](mailto:dianna.carter@new-haven.k12.ct.us) when you submit!

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# African American History Month 2021

## Arts and Writing Competition for Students Grades 8 to 12

Sponsored annually by Connecticut People's World Committee to remember the lives and dedication of Dalzenia Henry and Virginia Henry to the youth of New Haven and to make a better future.

### Georgia On My Mind: The Third Reconstruction

Black women voters led the victory in Georgia that elected the first Black and Jewish U.S. Senators in the deep South since slavery. The historic organizing, which included Latinx, immigrant, Native American, Asian and union members, overcame every vicious white supremacist and corporate effort at voter suppression.

"More than 100,000 voters who did not participate in November are voting in this election, have already cast their ballots, and they are disproportionately voters of color and disproportionately young voters," said Stacey Abrams who led the grass roots mobilization.

The election in Georgia represents a call for fundamental reconstruction to finally uproot the poisonous legacy of slavery. There is a new understanding of the horrors of systemic racism coming out of the pandemic and the police murders of Black people which gave rise to mass protests across the nation and world last summer.

"If the Reconstruction of the southern states, from slavery to free labor, and from aristocracy to industrial democracy, had been conceived as a major national program of America, whose accomplishment at any price was well worth the effort, we should be living in a different world." said the great W.E.B. DuBois in his book "Black Reconstruction in America 1860-1880" (1935).

The first Reconstruction briefly flourished after Emancipation, and the second Reconstruction ushered in meaningful progress in the civil rights era (1960's). But both were met by ferocious reactionary measures that severely curtailed, and in many cases rolled back, racial and economic progress. This Third Reconstruction is a profoundly moral awakening of justice-loving people united in a fusion coalition powerful enough to reclaim the possibility of democracy—even in the face of corporate-financed extremism says Rev. William Barber of the Poor People's Campaign author of "The Third Reconstruction."

"Our model of moral fusion comes out of Reconstruction, when black and white people after slavery got together to reconstruct the south and to rewrite constitutions and to implement policies that would address the post-effects of slavery...We also use Dr. King's model that racism, poverty, and militarism are the triple evils destroying the America society."

### Express in artwork, essay, poetry, rap or song:

- **In this third period of Reconstruction what legislation should be enacted to uproot racism, given that Kamala Harris, the first African American female vice president, has the historic tie breaking vote in the Senate?**
- **What organizing did it take to get people out to vote in Georgia in spite of the massive voter suppression and intimidation tactics used by the right-wing targeting people of color?**

<b>Requirements</b>	+ Digital art work, drawings, paintings, collage, prints, photographs, etc. + Essay, poem, rap or song - Not longer than 2 pages
<b>Deadline</b>	Entries must be received by 5 pm on Friday, February 19, 2021 <b>MUST INCLUDE:</b> Entry title, Name, address, phone, e-mail, age, school, teacher's name (where applicable)
<b>Submission</b>	E-mail all entries to: ct-pww@pobox.com
<b>Prizes</b>	Gift cards (\$100 first place, \$50 second place, \$25 third place) and books
<b>Presentation</b>	Prizes and recognition for all entries will be presented Sunday, February 28, 2021 at 4 pm at the virtual 47th Annual African American History Month Celebration hosted by the Connecticut People's World Committee.
<b>Information</b>	e-mail to: ct-pww@pobox.com Phone messages can be left at: 203-624-8664

**February 5, 2020**

- ★ How do you feel about how Black people are represented?

**January 29, 2021 - choose one :)**

- ★ How am I doing with being
  - Compassionate?

- Respectful?
- Taking Action?
- Having Integrity?
- Knowing my current and potential Greatness?

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### January 22, 2021 - choose one :)

- ★ What have I learned or reflected upon after revisiting Dr. King's work and message?
  - How does the work and message of Dr. King speak to the CRAIGs?
- ★ How are you feeling about our country after the inauguration?
- ★ Watch this [video](#) of Poet Amanda Gorman read her poem for the inauguration and reflect upon what you hear.
- ★ Choose your own prompt :)

### January 15, 2021 - choose one :)

- ★ What is Dr. King's legacy and what does it mean to me right now?
- ★ Choose your own.

### January 8, 2021 - choose one :)

- ★ Who are my mentors and how do they help me?
- ★ Why are mentors important?
- ★ How can I be a mentor to others?
- ★ Who are the mentors for our America?
- ★ Make up your own reflection

### December 22

- ★ What does 2020 mean to me?
- ★ What will my new 2020 habits be?
  - How will I support myself to make sure I establish these healthy habits?
  - How do I "throw away" my old unhealthy habits?

### December 23

- ★ How am I proud of my 2020 self?
- ★ What have I accomplished this week and how does it feel?
- ★ How will I take care of myself during the long break?

### December 18 -(choose one)

- ★ Did you play in the snow? Write a reflection of what it feels like to allow yourself to be a child.
- ★ Is peace possible? (There was much debate about this in some Crews, talk it out with yourself)
- ★ Are you at peace within yourself? What do you need in order to find peace?
- ★ Compassion
- ★ Respect
- ★ Action
- ★ Integrity

- ★ Greatness
- ★ Something else you want to reflect upon.

### **December 11 -(choose one)**

- ★ How are you as a HUMAN with rights?
  - Do you feel like you have equal rights why or why not?
- ★ Education is a HUMAN RIGHT - why do you think that is?
- ★ How are you doing lately?
  - Are you feeling compassionate?
  - Are others being compassionate towards you?
  - Do you feel respected?
  - Are you feeling respectful?
  - Etc.
- ★ Make up your own :)

### **December 4 -(choose one)**

- ★ How are human rights a social justice issue in America?
- ★ How are you doing lately?
  - Are you feeling compassionate?
  - Are others being compassionate towards you?
  - Do you feel respected?
  - Are you feeling respectful?
  - Etc.

### **Nov. 20 - POST SLC's (choose one)**

- ★ Who do you always listen to and how to they help you grow?
- ★ What did you learn about yourself or your support people during your SLC? How will this change your actions?
- ★ How do you lead by listening?
- ★ Write your own prompt :)

### **Nov. 13 - getting ready for SLC's (choose one)**

- ★ What is your LEVEL up STORY for this year?
- ★ WHO is MY best self?
- ★ WHO am I Today?
- ★ WHO will I be tomorrow?
  
- ★ What is giving you hope right now?

**Nov. 6 - end of Marking Period** - What have you learned about yourself this quarter? What is your goal for next quarter?