Intro to Social prescribing and its wider personalised care context

- [NASP spoken word video on SP](#) In this spoken word piece, written and performed by spoken word artist Kamal Ellis- Hyman, Kamal explains what social prescribing is and how a social prescription can help us live our best lives.
- NHS long term plan and commitment to investing in SPLW - health and wellbeing - holistic view to health care

- ▪ Link worker Manifesto: Voice of link workers perspective on social prescribing what their role is within it [Link Worker Manifesto by Derbyshire Link Workers - YouTube](#)
- ▪ Hostical health NHS on social prescribing 6 persoanlised care and SP is one of those 6
- ▪ [Kings fund video on explaining ICS](#) – we create join blurb as to why that is important for SP- where NASP sits within these developments. #KFExplain
- ▪ RSPH [Level 3 qualification in social prescribing](#) and a [social prescribing framework for AHPs](#).

Social Prescribing Explained

[Social Prescribing Approach diagram](#) - London Plus has created this especially for the voluntary sector to help you understand what is involved when you hear the term 'Social Prescribing'. It breaks down the three key components, from the role of the Social Prescriber to Social Prescribing and Social Prescription.

[Social Prescribing map](#) - this map details social prescribing services and their contact details. The map also lists when the details were added and is under review to improve the information currently listed.

[How Social Prescribing can help you feel well [PDF]](#) - A guide for user-led organisations who want an easy read format for their contacts.

[Social Prescribing Summary guide](#) 2020 - Produced by NHS England to describe how social prescribing should be implemented in practice - NHS England.

[What is Proactive Social Prescribing?](#) [video] - A video explaining proactive social prescribing.

<u>Social Prescribing Training</u>
[Personalised care roles Training & Development](#) and [Mental Health training and Development](#). Thanks to North West

[Future Learn](#) - If you have an NHS address you can receive some paid training for free.

[NHSE Social Prescribing Webinars](#) - Use the link to sign up on the Futures Collaboration Board to access this.

[NHS England webinars](#) - A variety of topics are covered that relate to social prescribing.

[Oliver McGowan Learning Disabilities Training](#) - This training on how to support people with learning disabilities and autism is now mandated for all health professionals.

Peer learning recordings - Regarding social prescribing topics and areas of interest - Transformation Partners in Health and Care.

Social prescribing link worker e-learning modules - There are nine modules in total, with others in development. You can access all nine modules, including supervision, at no charge: via social prescribing elearning programme. You must create an e-lfh account to complete the modules.

Social Prescribing Monitoring

The Social Prescribing Information Standard - Enables the sharing and recording of information for the whole patient journey, from initial referral, throughout the period of social prescribing and the message back to the referrer and GP at its conclusion - Professional Records Standards Body.

Workforce Development Framework - Provides clear, consistent standards for social prescribing link worker practice.

Social Prescribing Reports

Evaluations

10 Leaps Forward: Innovation in the pandemic [PDF] - London South Bank University.

Arts for Brain Health - Social Prescribing transforming the diagnostic narrative of Dementia - Arts for Dementia

Camden Navigation and Social Prescribing Service Report 2021 [PDF] - Voluntary Action Camden & Age UK Camden.

Common Outcomes Framework - Describes what outcomes and outputs should be measured to show the impact of social prescribing - NHS England.

Connecting communities and healthcare: Making social prescribing work for everyone [PDF] - The National Lottery.

Crisis Social Prescribing Interim Impact Report [PDF] - Bromley by Bow Centre.

Evaluating Social Prescribing [PDF] - Iriss.

Final Report: ELCCG Prescription for Wellbeing [PDF] - Case studies provided by East Lancashire Clinical Commissioning Group's (ELCCG) Social Prescribing Team.

[Lessons learned: Supporting the Roma community through Covid-19 [PDF]](#) - Roma Support Group UK.

[Looking after your mental health during Covid-19 [PDF]](#) - Shropshire Council.

[Measuring the impact](#) - Measuring impact of social prescribing through coding and outcome measurements (NHS) - Guidance to better understand variation across regions and the impact & benefits of social prescribing through coding.

[Thriving Communities Fund](#) - Wavehill charts the success of this fund.

[Rapid Response Social Prescribing](#) - Bromley by Bow Centre outlines their enhanced social prescribing service introduced in 2020.

[Review of social prescribing and older adults](#) - This report reviews the effect of social prescribing for older adults within primary care.

[Rolling Out Social Prescribing](#) - National Voices (understanding the experience of the voluntary, community and social enterprise sector).

[Volunteering in General Practice Report [PDF]](#) - The King's Fund.

[Year One of Social Prescribing in Westminster](#) - One Westminster 2021.

Research & Studies

[Can social prescribing foster individual and community wellbeing?](#) - Department of Government, Faculty of Social Sciences.

[Case Study Database](#) - The NHSE Social Prescribing team (account needed).

[Food growing on social prescription](#) - Sustain.

[Humanising Healthcare [PDF]](#) - Dr Margaret Hannah.

[Integrating additional roles into primary care networks](#) - The King's Fund's report focuses on four roles including social prescribing link workers.

[Intervention Components of Link Worker Social Prescribing Programmes](#) - Identifies and categorises the components of link worker social prescribing schemes in the UK.- Wiley Online Library

[Link Worker Perspectives on Service Delivery](#) - Explores social prescribing service provision in England's NHS - Scientific Research Publishing

Midlands Social Prescribing Resource document 2023

[My role in Tackling Health Inequalities](#) - A framework for Allied Health Professionals - The King's Fund.

[NASP Evidence Review](#) - Social prescribing can reduce pressure on Primary Care, including GPs, and save costs - National Academy for Social Prescribing

[Personalised Care in Secondary Care](#) - a series of case studies from Transformation Partners in Health and Care.

[Changing lives, changing places, changing systems](#) - Making progress on social prescribing - National Voices.

[Rapid Evidence Review: Inequalities in relation to Covid-19 & their effects on London [PDF]](#) - The University of Manchester, University of Sussex & The Ubele Initiative.

[Reimagining Social Prescribing](#) - This report was written by the Ubele Initiative in collaboration with London Plus, and looks at perspectives from Black and Racially Minoritised Communities.

[The role of Patient Participation Groups in Social Prescribing](#) - National Association of Link workers and the National Association for Patient Participation.

[Thrive Report: Keeping Londoners Well [PDF]](#) - Thrive LDN.

[Unravelling the potential of social prescribing in individual-level type 2 diabetes prevention](#) - National Centre for Biotechnology Information.

NASP

[Evidence on older people and social prescribing](#)

NASP's Academic Collaborative has published an evidence review, commissioned in partnership with **[Independent Age](#)**, on how social prescribing can support older people experiencing poverty. The evidence discusses ways in which social prescribing currently supports people older people in poverty, and the key enablers and barriers of support.

[Full evidence based on themes here](#)

The Accelerating Innovation team have published their [new report](#) on co-production and social prescribing, which includes tips for successful co-production. Read it [here.](#)

Past webinars
NASP

https://socialprescribingacademy.org.uk/resources/

Midlands (Regional)

[NHS Properties webinar](#)

NHS

- ▪ NHS app webinar and slides - If you would like the team to present to other groups of people who may find information about the NHS App beneficial, please get in touch at sfh-tr.getnottinghamshireconnected@nhs.net
- ▪ Want to connect better with your NHS partners, beyond Social Prescribing and all things health & care? Join NHS Futures platform by emailing NHS: england.voluntarypartnerships@nhs.net

NHS future platform direct joining link:
https://confirmsubscription.com/h/d/3C5AFEB57E8F2486

ICS areas

The next is setting up the ICS areas – linking the info about ICS developments. We have a list of Social Prescribing pages from each ICS.

Derbyshire
- o Google slides: [Derbyshire VCSE sector Alliance- The Voluntary Social Enterprise Sector and Integrated Care system](#)
- o [SPLW external sharing list (Referrals)](#)
- o Guide to care and independent living in Derbyshire.

Black Country
Transforming Communities Together- https://tctogether.org.uk/
(Also in Staffordshire Stoke-on-Trent and Northern Shropshire)

Birmingham

Free community leadership e-learning course:
https://www.bvsc.org/news/new-community-leadership-e-learning-platform-launched-by-bvsc

Worcester

The Worcestershire VCSE Alliance have just launched their new website[Developing a Peer Support Network - VCSE Worcestershire Alliance (worcsalliance.org)](#)

Activity Providers

Physical Activity

If you would like to discuss anything regarding social prescribing and physical activity across the Midlands or any colleagues would like adding to the mailing list then please get in touch. [Example of monthly newsletter](#)

Alex Brown
Midlands Regional Social Prescribing and Physical Activity Coordinator
E: alex.brown@activepartnerstrust.org.uk
T: 07701376806

[Physical Activity & long term health conditions Resource pack](#)

- encourage health and care professionals with long term health conditions to be active;
- help ensure consistent, person-centred conversations about physical activity are a routine part of health and care interactions;
- see supportive, inclusive and accessible physical activity opportunities and facilities prioritised by the sport, leisure and physical activity sector.

In the tabs below you will find three bespoke packs each tailored to a specific audience. You can also find case studies and a resource hub, which are appropriate for all of the audiences

NHS Talking Therapies & Sport England Webinar on Physical Activity Webinar
Please find the slides and frequently asked questions attached and additional links below:
- [Recording](#)
- [Slides](#)
- [NHS Futures page](#)
- [Transformation Partners in Health and Care](#)

Active Lives Adult Survey report

https://www.sportengland.org/news/adults-activity-levels-england-bounce-back-pre-pandemic-levels

Arts

[Creative health review](#)

[Upcoming round tables](#)

How can the cultural sector support older people's well-being as part of social prescribing? [Report available here](#)

[Arts and Culture: Social Prescribing Myth Buster](#) - Download a free guide to dispel myths about social prescribing in the arts and cultural sector.

[Music for Dementia: Two Social Prescription Guides for Link Workers](#) - Incorporate music-based activities into care and support for a person living with dementia.

[Prescribe Arts Toolkit](#) - An online resource that enabled social prescribers and the public to find quality arts programmes making a difference to health and wellbeing.

[Singing for Health Network](#) - Guides for Social Prescribing to Choirs and Singing Groups. Created with partners across the arts and health sectors, the resources are designed to support successful referrals to choirs and include questionnaires to help Social Prescribers and singing group leaders get the right procedures in place.

[Template for telephone assessments](#) (Bromley by Bow Centre) - A structured template useful for carrying out telephone assessments with people.

[TLAP (think local act personal)](#) - Has a set of good resources for personalised care.

[Webinar for New Social Prescribing Link Workers](#) - An NHS webinar to help you understand more about the link worker role, identify what you need to measure and record, including outcome measurement tools and how primary care networks work.

Heritage

Historic England have published their new [Wellbeing and Heritage Strategy](#), which includes a commitment to social prescribing and their strategic partnership with NASP.

The purpose of this strategy is to improve Historic England's own delivery, enhance the social impact of their programmes, highlight inequities that heritage can challenge, and communicate the value of heritage overall. They want the outcomes to be about enhanced individual and community wellbeing and levelling up inequalities.

The Wellbeing and Heritage Strategy is available on the [Historic England website](#). To see more examples of heritage and wellbeing work - including via social prescribing, you can also read the Wellbeing special edition of [Historic England's Research Magazine issue 20](#).

Children Young People
CYP research & resources
- o [CHOICES: CHildren and young people's Options In the Community for Enhancing wellbeing through Social prescribing. - PenARC (nihr.ac.uk)](#)
- o In addition to searching for published evidence, we are keen to gather other types of evidence including any information from community projects working directly with CYP to improve mental health, for example **unpublished evaluations, reports or leaflets; project websites; conference presentations or posters; blogs or other social media content; any other sources of information which may be relevant**.

Children's mental health resources- The films and resources were developed by parents, carers and service users who got together to share their own experiences.

They spoke to experts by experience, service and ex-service users, community mental health nurses, Child and Adolescent Mental Health Services (CAMHS) doctors and qualified professionals to work out the best and most helpful practical advice possible.
https://thismayhelp.me/

Green and nature-based

The Big Green Book has been developed as part of the GreenSpace Green Social Prescribing Project and it is a directory of nature-based activities and opportunities around Nottingham City with a framework including levels to match appropriate mental health needs.

https://www.nottinghamcvs.co.uk/voice-and-partnerships/greenspace/big-green-book

Current capacity of green social prescribing - A report from the Department for Health and Social Care.

Exploring perceptions of green social prescribing among clinicians and the public - From the Department of Health and Social Care.

Feel Good in the Forest - A programme of activities for anyone looking to improve their health and wellbeing. People can self-refer or be referred by a link worker, community group, support organisation/worker or health professional. See the presentation to find out more, and share information using this flyer.

Green Social Prescribing Toolkit - from the National Academy for Social Prescribing

Health and Wellbeing Opportunity Mapping - from Riddles River Trust, this has useful health, wellbeing and access datasets.

National green social prescribing delivery capacity assessment - From the Department of Health and Social Care.

Natural England Film - Natural England have produced a new film about the benefits of green social prescribing for health and wellbeing. The film follows Roots4Life, a project in Greenwich.

Nature on Prescription - European Centre for Environment and Human Health. A handbook for green social prescribing interventions.

Perceptions of green social prescribing - Specifically amongst clinicians and the public, from the Department of Health and Social Care.

Therapeutic Community Gardening for Mental Health - This study looks into the potential of gardening as a green social prescription for mental health.

Money and Advice Support

Benefits Information - See the different benefits clients who you work with may be entitled to.

Benefits Overview - See where to apply for different types of benefits.

British Gas Energy Trust - Those struggling with bills can come here for advice and to apply for grants.

Citizens Advice - Offers a range of advice and support.

Debt Helpline - The Mayor of London is funding a 24/hour debt advice helpline for Londoners.

Digital tool for Universal Credit Users - An easy to use tool for organisations who work with those trying to claim Universal Credit..

Disability Grants - Charitable Funding for the Disabled (disability-grants.org) - Helps you to support someone to find the right grant both nationally and locally.

entitledto - benefits advice service - Can give benefits advice to your clients, and also produces a yearly analysis of how many benefits go unclaimed each year.

Help to Claim - A Citizens Advice Service which provides free and impartial advice to people to make their Universal Credit claim online.

How to Apply for a PIP (Personal Independent Payment) - A simple guide to help someone apply for a personal independent payment.

Money Advice Service - Can provide free money advice support online and over the phone.

Money A+E - Offers money advice to disadvantaged groups.

Money and Pensions Service - have a range of guidance to help with money during the cost of living crisis.

Social Prescribing Podcasts/Videos

East Gateshead model in Newcastle - Edberts House.

How NHS England works - An overview by the King's Fund.

How the social prescribing model works in Croydon - Croydon Voluntary Action.

How social prescribing is being delivered across North Central London - Transformation Partners in Health and Care.

[National Academy for Social Prescribing (NASP)'s YouTube channel](#) - Sessions from their Social Prescribing Show.

[What is social prescribing?](#) - An animation by Transformation Partners in Health and Care.

[What is Social Prescribing?](#) - National Academy for Social Prescribing (NASP) has released a spoken word film explaining what social prescribing is.

[Podcasts on Prescription](#) - From the National Academy for Social Prescribing. You can access these via the following streaming sites:

- Spotify http://spoti.fi/2MMRuXz
- Google Podcasts http://bit.ly/3beywTg
- Amazon Music https://amzn.to/3bh3B8H
- Or search 'Podcast on Prescription'

Cost of Living resources

Cost of living guidance on the NCVO website
A collection of help and guidance for charities from NCVO (The National Council for Voluntary Organisations).

Cost of living resources on the MyCommunity website
The resources in this hub have all been designed to support charities and community groups during the cost of living crisis.

Employers and the cost of living
Briefing from Joseph Rowntree Foundation on how to take action to support your employees.

Five ways charities can reduce costs
Ideas from Charity Digital to help you keep your charity's costs under control in the face of rapidly rising prices.

Mental health and the cost of living crisis
This policy briefing paper from Mental Health Foundation provides an overview of the current and likely effects of the cost of living crisis on mental health.

Six ways to support staff during the cost of living crisis
Ideas from CAF (Charities Aid Foundation) on what your charity can do to help support your employees through the cost of living crisis.

Turn2Us leaflets and posters
Turn2Us is a national charity providing practical help to people who are struggling financially. You can request copies of their leaflet and order a poster to promote Turn2Us services to the people you are helping. Information leaflets are free of charge to support organisations who work with people in financial need.

[Cost of Living Hub](#) - From Directory of Social Change, full of useful information.

Cost of Living Payments - Understanding Universal Credit from the Department for Work and Pensions (DWP).

Energy Advice London - A useful leaflet that gives tips on how to save on energy.

Help for Households campaign - A government initiative which aims to help people access the government schemes available that support households during the cost of living crisis. There is also a toolkit for stakeholders.

Best Practice

All Our Health - From the Office for Health Improvement & Disparities (OHID) aims to help health professionals provide better access to health & care, and promote wellbeing as part of their everyday practice.

Helen Sanderson Associates - A good resource for developing conversations and finding out what is important to someone.

Information for referrals to NHS Volunteer Responders - This information from the NHS is for health professionals, local authorities, charities and social care professionals that can refer into the programme.

Looking after yourself - For social prescribing link workers.

Lone working advice - And personal safety - (Suzy Lamplugh Trust).

Population Health animation - The Kings Fund. They have also produced other documents around this topic including outlining the vision for population health and what improvement could look like.

Population Health Management - NHS England. An explanation of what this looks like in practice and a video of a patient's perspective.

Social prescribing—let's not leap in without the evidence - An article by a London GP discusses social prescribing.

Social Prescribing London Reference Library - Background reading linked to social prescribing for new link workers - Healthy London Partnership (Now Transformation Partners in Health and Care).

Everyday Interactions Measuring Impact Toolkit - Provides a straightforward and easy way for health care professionals to record and measure their public health impact.

The Social Prescribing Standard - By the Professional Record Standards Body will enable the sharing and recording of information for the whole patient journey of social prescribing.

<u>Digital Platforms & Data for Social Prescribing</u>

Connected Together platform - From the NHS, helps give citizens and link workers a 'one stop' access to advice, inspiration and support. Find out how to list your service here.

Interactive map - Lets you explore Census 2021 data across England - Office of National Statistics

My Planned Care Patient Digital Platform - Provides people waiting for a hospital appointment, operation or treatment (excluding cancer) direct access to the latest wait-time information and support for all acute trusts across England - NHS Personalised Care

prescribing.social - A resource for Voluntary/Community Social Enterprise (VCSE) organisations to upload information about their organisation and services, and for primary care staff in GP practices to have one place where they can find information on the different social prescription providers in their area.

Royal College of GPs (RCGP) & University of Oxford's Social Prescribing Observatory - Shows data of NHS regions and each Integrated Care System (ICS). GP practices have access to a local dashboard if they're taking part in the Research and Surveillance Centre.

Social Prescribing Collaboration Platform – A network for news, resources and discussion. Email england.socialprescribing@nhs.net to join.

Social Prescribing Collaboration Platform Guide - For Link Workers - A guide to joining FutureNHS, an online space for Link Workers working with Primary Care Networks to access key documents and updates about Social Prescribing to support you in your role - FutureNHS.

The Social Prescribing Network's grey literature database - Will be updated each month with any reports, guides, or evaluations that they can find relating to social prescribing.

For charities and sustaining your work

Are you aware of the resources available you can access as a community group/CIC/charity?

1) **Make Good Grow - The Pledge Market**

Register here to benefit from free services, products and facilities for your social impact work. This could range from training opportunities to facilities and spaces you can claim to use. For example, facilities and meeting rooms in Warwick, Coventry and Birmingham are available here.

You need to register for an account to proceed, but you do not have to be a registered charity.

2) A Good Thing

A Good Thing is a digital platform that makes it easy for businesses to donate unwanted items to local charities. The items are free and collected directly from the business (or sometimes posted by the business)

You must be a Registered Charity, Community Interest Company, Community Benefit Society or have an HMRC charity tax status.

Learn more

Sign up here

Building relationships

https://relationshipsproject.org/toolbox/bridge-building/

Social Prescribing Information Sheet for Local Carer Organisations

https://carers.org/resources/all-resources/144-social-prescribing-information-sheet-for-local-carer-organisations

Information sheet/guide

This guide is aimed at people working in carers centres and explains what social prescribing is and how it can help unpaid carers. The guide also explains how you can connect with local social prescribing services. Though social prescribing is available to everyone, this guide focuses on adult carers as young carers (under 18) may have more specific support needs than most social prescribing services can support with.

Health Inequalities

Core20PLUS5 - This is an NHS England approach to inform action to reduce healthcare inequalities at both national and system level.

Fairhealth - An online resource offering free courses, eLearning and blogs to help reduce inequalities.

Health Inequalities: FrameWorks guidance - Explore ways of discussing health inequalities to those who aren't in our sector.

Health inequalities in a nutshell - The King's Fund. This article describes what health inequalities are and the role social prescribing has to tackle them.

Health Literacy - This health literacy page from the NHS acts as a content style guide for those talking about health, aiming to help those with poor health literacy better understand medical content.

[What are Health Inequalities](#) - The King's Fund.

Cultural Support & Migrant Communities

[Carers Guide](#) - Many Black, Asian and minority ethnic unpaid carers don't recognise themselves as carers; and some languages lack a distinct word for 'carer'. The Race Equality Foundation helped produce this good practice guide along with Carers UK on how to offer inclusive support.

[Keeping Control](#) - For those who have experienced abuse, victimisation or hate crime due to their mental distress or mental health diagnosis. There are Indonesian, Tagalog (Filipino), Vietnamese, Arabic, Bengali, English, Gujarati, & Urdu translations and easy read English versions available.

[Supporting Migrants Access to Health care toolkit](#) - Doctors of the World. This toolkit, with input from social prescribing link workers and migrants, gives practical steps and information to recognise and address healthcare barriers.

[UKHSA have a guide for health professionals](#) - On how to meet the health needs of arrivals from Ukraine.

NHS and its Structures Explained

[Health and care jargon buster](#) - The King's Fund. Aims to clarify some of the concepts and terms that are frequently used in health and care policy.

[Health and Care Bill - Six Key Questions](#) - The Kings Fund. Aims to answer some of the key things that have come up since the Bill was published in July 2021.

[Integrated care communications toolkit](#) - NHS Confederation's toolkit aims to help communicate the changes in the health & care system to the public, including ICSs and jargon.

[Integrated care systems explained: making sense of the new NHS structure](#) - NHS Providers have produced a glossary of terms to navigate evolving terminology.

[Integrated Care Systems diagram](#) - The Kings Fund has produced a very helpful breakdown and a diagram on how Integrated Care Systems will work going forwards.

[Personal Health Budgets](#) - The NHS have resources to help you understand more about personal health budgets; i.e. money to support a person's health and wellbeing needs.

[Place-Based Partnerships](#) - The Kings Fund explains place-based partnerships (arrangements between organisations responsible for arranging and delivering health and care services).

[What are Integrated Health Systems (ICSs)?](#) - NHS England.

[What are Primary Care Networks (PCNs)?](#) - British Medical Association (BMA).

Digital Inclusion

[AbilityNet](#) - Free resources & useful links to increase digital accessibility. Particularly focused around Learning Disabilities.

[Be My Eyes](#) - A free app that connects blind and low-vision people with sighted volunteers for visual assistance through live video calls.

[Citizens Online](#) - Provides information and advocacy for getting online.

[Digital Inclusion Kit](#) - Shares knowledge & resources to help tackle digital exclusion.See this [Digital Inclusion Support (PDF)](#) for more information.

[Digital Resource for Carers](#) - Free access to tailored digital resources to support unpaid carers - Carers UK.

[Digital Unite](#) - Provides over 400+ how-to guides covering a whole host of digital topics. Written by subject matter experts and updated daily, the guides are perfect for supporting others with digital skills or improving your own knowledge.

[Everyone Connected](#) - Aims to improve people's quality of life made harder during the Covid-19 pandemic due to a lack of access to digital technology and skills training.

[Good Things Foundation](#) - Have free online learning resources to help those who are digitally excluded, including 'Learn my way', a website specifically for beginners.

[Learn My Way](#) - Offers free courses including using Excel and signing up to Universal Credit.

[Libby app](#) - Used by local authorities to provide access to audio & digital books. Join for free with your local authority name by downloading Libby from your app store.

[Local Age UKs](#) - Have telephone book groups, poetry reading or discussions as well as digital offers for older people who are digitally excluded.

[Map of London's broadband coverage](#) - View an estimated coverage of broadband services by Postcode, Ward or Borough from the London Assembly.

[Mind the Digital Gap](#) - Aims to raise awareness of the issue of digital poverty experienced by older Londoners. They also have an [interesting blog](#) that helps explain the kind of barriers older people might face - Age UK.

[Technological Association of Visually Impaired People](#) - Provides helpful software for partially sighted or blind people to use computers.

[Totally stoked](#) - An online resource to support voluntary organisations to become more digitally inclusive.

[Vodafone's charities.connected](#) - Allows UK charities to apply for free data to help individuals and families they support and improve their own digital capacity.

[WaveLength](#) - Gifts media technology to lonely people living in poverty.