How to become a Level One Outrigger Canoe Coach

Below are instructions which outline in detail the steps required to become a Level One Outrigger Canoe Coach.

AOCRA strongly encourage clubs to help their members achieve Qualified Coaching status, to ensure the viability of our clubs and to minimise risk.

Step 1: Prerequisites

To become a Coach a candidate must:

1. be a member of and hold Current financial status with the National Body of AOCRA and an affiliated AOCRA Club
2. be 15 years of age at the time of Qualification
3. have a minimum of 2 years outrigger paddling experience and one year of race experience
4. have a thorough understanding of the AOCRA Rules and sound knowledge of all aspects of outrigger canoe safety, paddling and steering.

Before attending a Level One Outrigger Specific Coaching Course, candidates must obtain the following:

5. A Senior First Aid Certificate (HLTAID011) and Cardiopulmonary Resuscitation (CPR)(HLTAID009) Certificate
6. The relevant Sport Australia/AIS & Sport Integrity/Play by the Rules. Registrar each online Learning Portal via https://learning.ausport.gov.au/login/index.php and https://elearning.sportintegrity.gov.au/login/ complete:

    - Community Coaching Essential Skills Certificate (CCES) *formerly called Community Coaching Principals Certificate (CCP) until 10.4.2022*
    - PBTR - Harassment & Discrimination Certificate (HD)
    - PBTR - Child Protection Certificate (CP)

7. A Working with Children Certificate or Blue Card if in QLD

Once you have completed these steps, submit the following documents via email saved as individual files using the naming convention below to your Zone Coaching Coordinator:

- (Your Name) **AOCRA Coach Application Form** which includes: a statement about your outrigger experience, a statement of any additional coaching experience in other sports (RPL), and other relevant qualifications.
- (Your Name) First Aid Certificate and CPR Certificate
- (Your Name) Sports Australia AIS Certificate / Sports Integrity Australia Elearning Certificate including
    Community Coaching Essential Skills or General Principles' Certificate
    Harassment & Discrimination Elearning Certificate Badge
    Child Protection Elearning Certificate Badge
- (Your Name) Copy Working with Children Certificate' or 'Blue Card' if in QLD

Step 2: Attend a Level One Outrigger Coaching Course

AOCRA Zones promote and host courses throughout the year by our qualified Coaching presenters. You may attend a course in a different state if you desire.

The course is held over two (2) days and includes both theory and practical learning and assessments. The course costs $250.00.

Step 3: Post Course Requirements

8. Complete a Coaching Diary showing 6 sessions over 6 weeks or Plan using the format suggested/provided at the coaching course to ensure all the necessary elements are in your diary.
9. Have your Mentor Coach observe you for two of these sessions and be signed off as competent. Details on selecting your Mentor Coach and getting signed off are provided at the Level One Outrigger Specific Coaching Course.
10. Submit the following documents via email saved as individual files using the naming convention below to your Zone Coaching Coordinator within 6 months:
    - (Your Name) Level 1 exam (marked on your level 1 course)
    - (Your Name) Coaching Diary
    - (Your Name) signed Mentor Coach Agreement and 2x Mentor Verification Forms

It is strongly advised that you keep a copy of all parts of your application.

Once you have submitted all of the necessary items to your Zone Co-ordinator, your application will be assessed as meeting the criteria or not, then sent to the National Learning and Development Coordinator for approval. When the application is approved, you will receive your certificate.

How to Renew a Level One Outrigger Canoe Coach qualification

To stay current, maintain AOCRA membership and Affiliated Club membership - (renew every 12 months) and renew your Level 1 Coaching qualification every 4 years. Submit the following documents via email saved as individual files with the naming convention below to your Zone Coaching Coordinator.

- (Your Name) First Aid Certificate (renew every 3 years) and CPR Certificate (renew every 12 months)
- (Your Name) Sports Australia/AIS Certificate / Sport Integrity Australia Elearning Certificate including
  1. Community Coaching Essential Skills or General Principles' Certificate
  2. Harassment & Discrimination' Elearning Certificate Badge
  3. Child Protection ELearning Certificate Badge

  Note that certificates for '2' and '3' above that were completed prior to 1 April 2024 have a 2 year expiry date and must be renewed. Courses completed after that date do not require renewal.
- (Your Name) Copy Working with Children Certificate' or 'Blue Card' if in QLD (renew as required)
- (Your Name) Letter from club or zone committee confirming active coaching signed and dated by secretary or president on letterhead)