## Be Careful

Remember when you are out exploring in nature never, ever, ever eat anything you find. No berries, leaves, mushrooms etc. We have plants in our area that are poisonous. Some are native (from here) and some are non-native (from somewhere else). Regardless, no eating or rubbing plants on your body and remember to wash your hands after exploring outside. Animals in the wild are also a Don't Touch! Watch from a safe and respectful distance only! There is one plant that you should avoid getting near, poison ivy the oils on this plant can make you break out in a very itchy rash.

**Poison Tvy:** Grows as a vine, but may look like a single plant when it first comes up. It has THREE leaves grouped together. It is waxy green or maroon when it first comes out in the spring, then changes to a variety of green colors through the summer, next it will turn rusty red or yellow in the fall, and finally the only way to know it is there in the winter is the root hairs growing off the vine. You can get a rash from it any time of year, but not everyone is allergic to this plant. Best to steer clear just to be safe.





**Poison Sumac:** Grows in swampy marsh land all over the US, so you probably won't run into it in this area.



**Poison Oak:** mostly grows out west, so it is doubtful you will find any here.

