Title of abstract (Arial, size 14 point, centred paragraph)

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The abstract should be written in British English. The length should not be more than 250 words. The page margins should be set to 1-inch on all sides. The main text should be prepared in Arial Font 11 with single-line spacing and justified alignment. The abstract should be in one paragraph and include introduction, objectives, methods, results and conclusion. No figures, tables and references are to be included in the abstract. Abstracts will be published without further editing. Therefore, it is advised that the text be thoroughly proof-read and adhere to all formatting requirements before submission.

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