Mountain Pilgrims Disclaimer

To be provided to all wishing to participate in a *Mountain Pilgrims* activity.
(Insert the name of your local group in the place of Mountain Pilgrims if preferred)

Whilst *Mountain Pilgrims* is, by its very nature, not bound by lots of rules and regulations, it is important to set out a few guidelines for your own safety and enjoyment, and that of others.

- Risks associated with terrain, weather, flora and fauna, and remoteness - ranging from very low seriousness to very high are inherent to activities in the Fells/mountains/hills and will be encountered in some form on a *Mountain Pilgrims* activity.

- *Mountain Pilgrims* group leaders are not necessarily certified mountain guides or adventurous activity instructors. Their role is to suggest an activity, with anticipated opportunities for encouraging spiritual exploration, as a gift to whosoever may choose to receive it. Their role is not to ensure all participants' safety during that activity.

- The expectation is that you will only engage in activities where you are able to look after yourself and any dependents (under 18 year olds and pets). Please see the description for each *Mountain Pilgrim* activity to assess your own ability, and anyone attending with you against the risks you would expect to encounter. It is your responsibility to ensure that you and your dependents are properly equipped for the activity.

- To the best of their knowledge and experience, the *Mountain Pilgrim* leader believes they can safely complete the activity and can provide you with limited, subjective information to help you begin to decide on its suitability for you and your dependents.

- *Mountain Pilgrims* are not liable for any injury or accident that may occur during an activity, or on your journey to or from a *Mountain Pilgrim* activity. Participants are responsible for their own safety and that of their dependents.