



Montana Youth Challenge Academy

What the Military Training Model Teaches

Requesting Permission to Speak

- ❖ Builds effective listening skills.
- ❖ Curbs impulses and allows cadets to think before speaking.

Requesting permission to “Carry On”

- ❖ Acknowledges and demonstrates respect for authority figures.
- ❖ Prepares for participation in real-world superior/subordinate relationships such as teacher/pupil, employer/employee, or coach/athlete, based on mutual respect.
- ❖ Cultivates awareness of the immediate environment and tasks underway.

Position of Attention and Military Courtesies

- ❖ Develops control over mind and body in a variety of environments and conditions.
- ❖ Promotes disciplined engagement with immediate surroundings, peers, and supervisors.

Marching

- ❖ Instills teamwork, attention to detail, situational awareness, self discipline, and evaluating one’s own desires in favor of the needs of the group.
- ❖ Builds self-confidence and mastery.

Calling Cadence

- ❖ Builds camaraderie, teamwork, esprit de corps, and willingness to contribute to a team effort and celebrate success.
- ❖ Promotes pride in the group and respect for fellow teammates contributing to a joint effort.

Not Talking in Formation

- ❖ Strengthens impulse control, and the ability to internally identify and manage various emotions.

Dining Room Procedures

- ❖ Places personal responsibility and accountability on the cadet as they continue to develop a willingness to comply with rules and directives.
- ❖ Builds awareness of diet as a component of a healthy lifestyle.

Counting Off

- ❖ Develops cadet’s ability to prepare for and anticipate upcoming tasks.

Physical Training

- ❖ Increases feelings of confidence and well-being through the release of endorphins and general stress reduction.
- ❖ Builds resilience and grit through fitness.

Obstacle/Confidence Courses, Rappelling and Other Adventure Training

- ❖ Breaks down false psychological limits that cadets may have set for themselves.
- ❖ Builds confidence.

Inspections- Personal and Living Area

- ❖ Demonstrates attention to details, and outward expressions of personal orderliness, organization, and discipline.

Polishing Boots and Uniform Maintenance

- ❖ Expresses pride in personal appearance.
- ❖ Symbolizes strong attention to detail, and readiness to participate maturely in professional settings.

Classroom Procedures

- ❖ Cultivates self-discipline, concentration, and completion of higher-order learning activities.