

## **"The Storm Before the Calm" Session 1 Discussion Guide**

Sermon snapshot: When we call Jesus Lord, we should do as He says. The Jesus is the Rock, the foundation that secures us in the storms of life.

**Scriptures:** Have someone read: Luke 6:46-49; James 1:19-26

1. Recall the most recent "storm" you endured. What happened? How did you respond? What did the storm reveal?
2. Have you had experience with "crisis faith?" Have you seen it in others? What characteristics tend to define or accompany such a faith?
3. What does it mean to you to say "Jesus is Lord?"
4. How are some ways you are preparing for your next storm?
5. Which of the four building blocks for a solid foundation are you struggling with? How can your Life Group help you?
6. Have you ever missed the "storm warnings" before? Were the three ways to be "engaged" helpful to you? If so, what can you do in your life to develop these more fully?
7. Starting today, what can you do to dig deeply and lay a firm foundation of a living, active faith?

Work on your foundation. This week, read the following scripture passages. As you read, ask how God is calling you to put Jesus' words into practice and live by them.

Day 1: Luke 6:17-49

Day 2: Matthew 5:1-6:34

Day 3: Matthew 7:1-29

Day 4: Proverbs 6:1-11

Day 5: Proverbs 10:1-10