#### Parents of CRMS Sixth Graders:

As October nears an end, please view reminders and upcoming information from the <u>counseling office</u> for your 6th grade child.

### **Newsletter - The Echo**

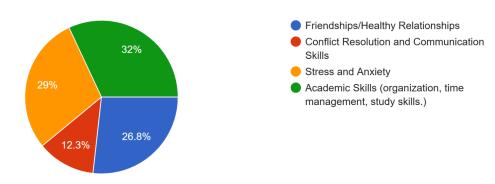
Towards the end of each six weeks, the CRMS counseling office will link a <u>newsletter</u> in the Ridge Relay. You can expect the second one around November 1st. The first newsletter is posted on our website from September 2024.

#### **Guidance Lessons**

Lessons for the 6<sup>th</sup> grade students will occur approximately once per six weeks. Guidance lesson curriculum will be guided by <u>ASCA Student Standards</u> and <u>the Texas Model for Comprehensive School Counseling Programs</u>. These are the national and state standards for school counseling programs. Some lessons may also be centered around required state or district content and that information will be communicated to you ahead of time (ex: alcohol and drug prevention lessons).

For my second <u>lesson</u> of the school year, I will deliver a lesson on *academic skills* as voted on by the 6th grade class (32%). I will deliver this lesson through our 6th grade science classrooms the dates of October 29-31. The topics listed below come from our LISD Middle School Counseling Curriculum and will be taught throughout the school year.

What topic would you like to be covered during our next lesson? 269 responses



#### **Mental Health Minutes**

In an effort to promote mental health awareness and reduce the stigma of seeking help for mental health concerns, the Leander ISD Counseling Services team is excited to continue the <a href="Mental Health Minute">Mental Health Minute</a> video series. These short video clips will be shown to CRMS students during advisory class as part of Eagle News.

## **Advisory Game Day with your Counselor**

During my first lesson with the kids, they were able to fill out a google form if they were interested in an *occasional* and *optional* advisory game day time with me and other students. I will email parents of students who completed the form to let them know their child is interested. Tutorials or other advisory needs would take priority for the Thursday advisory if your child is needed elsewhere. However, if they are free and still want to attend, they may do so when they receive a pass from me. I hope to begin the advisory game days starting in November. I had almost 100 kids interested, so multiple days will be needed to meet with all kids. I look forward to getting to know the kids in a fun game environment (no computer games).

#### Website

We have a ton of info that we keep updated throughout the year on our <u>counseling</u> <u>website</u>. We encourage you to take a look!

## Ridge Relay

Please read each week's Ridge Relay from Ms. Sturdevant as that is our campus's main form of communication for upcoming dates, reminders, deadlines, and student/family events.

https://sites.google.com/leanderisd.org/crmsteam/home

## Counseling Letters 24/25

Letter #1

Best.

Staci Cote
6th grade counselor
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512-570-3519

# LISD Counseling Mission Statement:

The mission of the Leander ISD Counseling Services Department is to provide a proactive and comprehensive counseling program which fosters academic, personal/social, and career development for all students.

Counseling Services partners with educators, parents/guardians and community members to ensure all students in Leander ISD are prepared with the knowledge and skills to contribute at the highest level as productive members of society.

LISD Counseling Vision Statement:

Support for every student, every day.