



Subject Area: Wellness/Health	Course: 7th Health	
Unit 4 Title: Online Safety	Start: March	End: April
Unit Summary: Students will learn about online safety by being aware of the possible threats that middle school students could encounter while engaging in activity through the internet. These could be security threats, protecting and managing your personal data, online reputation management, and avoiding harmful or illegal online content.		

Stage 1: Desired Results

Massachusetts Learning Standards

- **6.1.1 PS** Describe the role of individual versus shared responsibility in staying safe in a variety of situations (e.g., motor vehicle safety, digital safety, threats of violence).
- **6.1.3 PS** Evaluate potential options and consequences for decisions related to personal safety in a variety of situations (e.g., motor vehicle safety, physical injury, digital safety, threats of violence, inappropriate touch, physical, emotional, and sexual abuse).
- **6.1.6 PS** Explain the potential consequences of requesting, sending, or digitally posting sexually explicit pictures or messages (e.g., on social media sites, chat groups, e-mail, texting, websites, phone and tablet applications, and other digital forms) and demonstrate the ability to make health-promoting decisions related to safe and legal activity in online and digital spaces.
- **6.1.7 PS** Demonstrate strategies for keeping oneself safe online and in digital spaces (including situations that could lead to exploitation or trafficking, and online sexual harassment).

Transfer (Authentic, relevant application of learning to new situations)

Students will be able to independently use their learning to...

- Describe positive and negative aspects of online talking and messaging
- Identify situations in which flirting and chatting online becomes risky, inappropriate and not safe.

Understand rules for online messaging and feel empowered to deal with uncomfortable situations when communicating online	
Meaning	
Enduring Understandings Students will understand that... - The choices they make online can have lasting effects on their well-being, relationships, and future opportunities. - Technology and digital communication shape the way people connect, learn, and express themselves. - Responsible and ethical online behavior helps create a safer and more respectful digital world. - Personal privacy and security are important in maintaining control over one's digital identity. - Critical thinking is essential for navigating online interactions and recognizing potential risks. - Seeking guidance and setting boundaries are important for maintaining healthy and positive online experiences.	Essential Questions Students will consider... - How do my online actions shape my digital identity and future opportunities? - How can I engage with technology in a way that promotes well-being and balance? - What are the responsibilities of being part of an online community? - How can I recognize and respond to potentially harmful online situations? - What does it mean to communicate responsibly and respectfully in digital spaces? - How do I protect my personal information and set boundaries online? - How does online interaction impact real-life relationships and mental health?
Acquisition	
Knowledge Students will know... - Permanent online content - Digital Footprint - Digital citizenship - Online Health and safe guidelines - Online posting guidelines before posting	Skills Students will be skilled at... - Communicating online - Considering their digital footprint - Considering their Digital Citizenship - Carefully and safely using social media



HOLLISTON
Public Schools

- Safety guidelines in online game chat rooms

- Critically thinking about social media and other online platforms