

Mark Bentley - Understand Your Gene Keys 2023

What You'll Discover in These 7 Weeks

In this 7-week transformational intensive, Mark will guide you through the fundamental skills and competencies you'll need to successfully work with The Gene Keys to navigate the journey of your particular *shadows*, their *gifts*, and how those gifts reveal your true *radiance*.

Module 1: The Map, the Compass & the Adventure — Step Onto a Path of Self-Awareness, Exploring Your Genetic Code & Setting Intention (July 20)



Dive into the revolutionary teachings of *The Gene Keys* in this introductory session — featuring a special pre-recorded **message from the Gene Keys innovator himself, Richard Rudd** — warmly welcoming you and setting the stage for a unique and personally transformative journey.

With *The Gene Keys*, you'll **gain deep insight into our collective evolution** and expand your self-awareness, **unlocking profound wisdom hidden within your unique genetic code**.

You'll receive guidance on how to use the recommended resources and navigate the book, providing a compass for your **Hero's Journey**. By reading your Gene Keys Hologenic Profile, based on your birth information, you'll receive a clear map as you embark on a transformative journey towards a richer understanding of your Self.

In this session, you'll:

- **Experience a heartfelt welcome message from Richard Rudd** as we embark on this transformative journey — with the anticipation of **Richard returning LIVE at the culmination** of this 7-week adventure for our final session together
- Embrace the Map/Compass metaphor in *The Gene Keys*, and **unveil the transformative potential of the keys as powerful tools for self-exploration** on your personal Hero's Journey
- Develop an appreciation for *The Gene Keys* teachings and the **5,000 year history that underlies it**
- Discover the **holographic nature of reality** within your Gene Keys Profile
- Immerse yourself in a **transformative guided meditation**, letting it anchor our collective and personal intentions for the course, as you invite the profound transmission of *The Gene Keys* to guide and illuminate our journey — both individually *and* collectively
- **Participate in a guided meditation that will ground our collective** — as we set powerful intentions for the weeks ahead to tap into the full potential of this journey

At the end, you'll receive an invitation to **explore your four Prime Gifts in relation to your intentions** — to contemplate before the next session.

Module 2: Find Serenity in Chaos — Unlock Your Personal Transformation & Empowerment Through Time Mastery (July 27)



We are living in powerful times, and it can often feel like a relentless storm is sweeping through our collective, stirring up ancient patterns that beg to be purged and released. Within this module, **you'll be guided to find your center amidst the storm's chaos**, empowering you to become an active agent of change rather than a mere victim of circumstances.

In this enlightening session, you'll explore the profound impact of time on our lives, **discovering the immense value of slowing down**, pausing, and engaging in inner contemplation for unlocking holistic health and overall wellbeing. By deepening your connection to yourself, you'll gain invaluable insights into your personal Gene Key, paving the way for a profound transformation of your being.

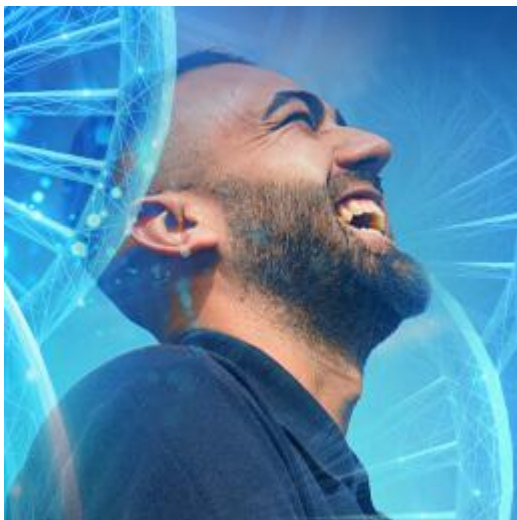
Together we'll navigate the depths of Time, understanding its influence and embracing the transformative potential it holds for our lives.

In this session, you'll:

- Discover that **slowing down does not mean *not* getting things done**
- **Explore the art of pausing** exhibited in nature and its natural connection to humanity
- Understand how our perception controls the speed at which we experience Time, which is not a physical 3D object
- **Learn how pausing can increase our bandwidth** for consciousness, leading to a higher definition human experience (similar to the evolution from standard definition screens to high definition screens)
- Engage in a **guided meditation on the 52nd Gene Key of *stillness*** — associated with the archetype of the Mountain, symbolizing the immovable, patient, and wise nature within you

At the end, you'll receive an invitation to **reflect on how to use your “Radiance” Gene Key to unlock your inner light and bring more clarity into your days** — to contemplate before the next session.

Module 3: Cultivate Stability in Purpose — Embrace Meaning, Transcend Limitations & Embody Your Creativity in the Age of AI Automation (August 3)



Amidst the chaos of life, it's essential to ground ourselves in *purpose* — a concept that's often used but seldom truly understood. Purpose encompasses not only your life's work but also **the essence of who you are meant to be** — radiating from *within* and surpassing the confines of occupation or circumstances. **Purpose is a force that can be lived and embodied anywhere, anytime.**

As concerns loom regarding AI-powered *automation* and its impact on purpose, **we bear witness to the emergence of a new wave of creativity.** By liberating ourselves from

repetitive tasks and carving out space for innovation and ideas, we ignite a **transformative new era of purposeful expression**.

In this session, you'll:

- Explore the transformative power of **embracing the human struggle through imperfection** — recognizing it as a catalyst for evolution
- **Understand the distinction between *synthetic* and *organic* purpose** — and gain valuable insights into which one is propelling you forward on your unique journey
- Discover how the ongoing “AI revolution” is **fostering the resurgence of creativity and the reawakening of the polymath mindset** of versatility, curiosity, and a capacity to make *connections* between different domains of awareness
- **Gain an understanding of the significance of *sovereignty*** and how it can be integrated into modern-day society, empowering you to navigate life with authenticity and self-determination
- **Unlock the gateway to your innate *purpose* that's encoded within your DNA** — by exploring your personal Gene Key, revealing profound insights and guiding your path of self-discovery
- **Experience a guided meditation that invites your *purpose* to manifest in your everyday life** — planting the seed for your purpose *Siddhi* (zone of divine radiance) to blossom and unfold

In the ending meditation, you'll receive an invitation to **welcome your “Purpose” Gene Key to unlock your sense of meaning and creative expression** — to contemplate throughout the week.

Module 4: Cracking the Code of Attraction — Uncover Your Unique Key for Manifestation (as the Programmer, NOT the Program) (August 10)



Explore a fresh perspective on the mechanics of “reality” and **reframe the Law of Attraction through the profound insights of *The Gene Keys***, empowering you with a more conscious and clear approach to manifestation.

Through the lens of your **personal Attractor Sphere Gene Key**, you'll uncover the unique frequency band that governs your creative and sensual capacities, gaining an even deeper understanding of their significance.

By embracing new perspectives, you can **reclaim your role as the primary programmer of your experiences** — aligning your creativity and sensuality in the process — empowering you to navigate the simulation with purpose and conscious awareness.

In this session, you'll:

- Discover a fresh and innovative approach to **understanding the mechanics of reality and the dynamic interplay of consciousness**
- Explore the fascinating science of *epigenetics* and learn how your Gene Keys profile can be harnessed to **co-create your own reality**
- Gain insight into the Information Field, transcending the constraints of space and time, and uncover how it influences the potentials of your life
- **Deepen your understanding of the Gene Keys Frequency Band** associated with your personal keys — unveiling their profound significance
- Learn about the **Gene Keys as the intricate 64-bit coding language that underlies the fabric of our reality**
- Explore the groundbreaking discoveries in Quantum Entanglement, which garnered the 2022 Nobel Prize, **bridging the gap between science and mysticism** — expanding our worldview in relation to the Law of Attraction

At the end, you'll receive an invitation to **activate your personal “Attractor” Gene Key to enhance your creativity and sensuality through the Law of Attraction.**

Module 5: Relationship Alchemy (Part One) — Know Your IQ Trigger Point to Transform Your Reactions Into Conscious Responses (August 17)



Relationships worldwide are going through radical transformations as humanity transcends conventional relational agreement fields of *codependency* — and learns instead how to **be empowered in relationships**, fostering *interdependency* and cultivating a strong sense of

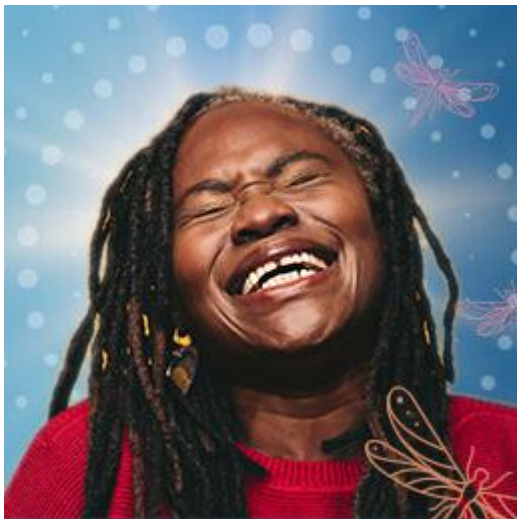
being self-directed *and* community-oriented. **Embodied sovereignty is the sense of belonging with others... without feeling owned.**

In *The Gene Keys*, the heart is considered a vital aspect that influences and interacts with the IQ, EQ, and SQ Spheres — it's seen as the center of emotional intelligence (EQ) and the bridge between our intellectual (IQ) and spiritual (SQ) capacities. **The heart plays a central role in fostering deep connection, understanding, and transformation within relationships.** We'll begin the heart-centered journey of understanding your unique IQ Gene Key in a way that helps you transform your unchecked reactions into regulated and conscious responses.

In this session, you'll:

- Discover the role of the IQ/EQ/SQ spheres in **safeguarding your heart** through the shadow and expanding the capacities of each through the Gift frequency
- Explore how to **establish healthy boundaries in your personal life** that allow for *self-care* and *protection* — without isolating yourself from the world
- **Understand the power of your own unique IQ Trigger Point**, which activates your *defense mechanisms* and closes your heart to others, and learn how to use the corresponding Gene Key to gradually open it when you feel ready
- **Engage in a guided meditation that will help you connect to your heart**, reintegrating your sovereign wholeness and reassuring yourself of your safety and wellbeing

Module 6: Relationship Alchemy (Part Two) — Balance EQ & IQ to Cultivate Embodied Emotional Intelligence and Evolve Spiritually (August 24)



As you dive deeper into your emotional body on the path to enhance your spiritual capacities (SQ), you'll redefine *Commitment*, consequently **unlocking the evolutionary potential of so-called “challenging” relationships.** By embracing these deeper dynamics, you can grow more quickly into your potential — fully embracing the nature of relationships to evolve you spiritually.

To process your emotions effectively, the key is to **counter the cycle of suppression and repression**. Contemplating how your IQ (trigger) and EQ (emotional response) interact **leads to embodied emotional intelligence — and consequently inner harmony**. This is attainable when we cultivate deep connections through our devout relationships, friendships, and legitimate obligations — and become formidable forces that unite individuals.

In this session, you'll:

- **Discover the transformative power of Devotion**, experiencing a renewed sense of liberation and connection
- Explore the intricate workings of your EQ Gene Key, **unraveling the genetic code that shapes your emotional experiences and uncovering the hidden wisdom within them**
- **Understand a fresh perspective on the behaviors of others**, cultivating increased compassion and tolerance for the turbulence they may bring into your life
- Learn how to **seamlessly integrate your EQ and IQ**, creating a simple yet powerful contemplative tool to **maintain emotional stability** during challenging times
- Realize the profound impact of self-responsibility in transforming relationships, recognizing that **one person has the power to change worlds**
- Experience a **guided meditation that harnesses the power of forgiveness**, inviting the 22nd Gene Key of *Grace* to transmute old beliefs and unlock deeper connections with the world and our loved ones

Module 7: Closing Circle With Special Guest Richard Rudd LIVE (August 31)



In this final session, we'll celebrate our journey together by providing you with the opportunity to share your *insights, breakthroughs, and experiences* — and engage in a **special Q&A session with the author of *The Gene Keys*, Richard Rudd**. We'll explore various pathways to help you continue working with the Gene Keys. You'll also receive tips for making the most of what you've received as you head into the weeks and months ahead.

Being witnessed in this transformative process can **anchor your insights into reality and set the stage for your next adventure**. You'll take what you've learned and create lasting ripples of transformation in yourself, your relationships, and the world around you!

In this session, you'll:

- Receive a taste of the **transformative power of the Gene Keys Living Transmission as offered by Richard Rudd**, and immerse yourself in its profound wisdom
- **Explore a deep sense of connection and intimacy**, feeling truly seen and recognized in the process
- **Engage with Richard Rudd directly**, posing your questions and insights, and receiving his perspectives and reflections
- **Discover an abundance of resources** available to support you on your grand life adventure
- **Experience a guided meditation** that brings the collective 7-week journey to a close, empowering you to step into your personal power as the author of your unique life experience, **bringing the script encoded in your DNA to vibrant life**

The Understand Your Gene Keys Bonus Offering

In addition to Mark's transformative 7-week online course, you'll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.

Unleashing Ecstasy: Embracing the Mystical Potential of Gene Keys

Video Teaching From Mark Bentley



This 18-minute video guides you to **embrace your true self and release control**, using *The Gene Keys* as a tool for living an ecstatic and mystical life. **The teaching challenges conventional spiritual ideas, encouraging you to cultivate faith in the divine**

mathematics that shape your experiences. By integrating your higher self into your journey, you can increase self-awareness, radiate your authentic essence, and illuminate the world.

Purpose Rediscovered: Illuminating Paths in a Quickly Changing World

PDF Guide From Mark Bentley



This insightful 7-page PDF explores the *crisis of purpose* in our modern society and offers hope for regaining meaning in life. Examining how technology, economics, and culture have influenced our sense of purpose, it highlights the need to redefine our values and institutions. By introducing the concept of synthetic/authentic purpose, *Purpose Rediscovered* enriches readers' journey of self-discovery and empowerment, inspiring them to **envision a future grounded on cooperation, creativity, and compassion**. As a valuable resource, this PDF provides thought-provoking reflections and practical guidance to course participants seeking to navigate the quest for purpose in a world that's transforming more quickly than most can keep up with. Its content sets the stage for the third week of the course, exploring the AI Revolution that has recently arrived.