

Informed Consent for Telehealth Services

The following information is provided to clients who are seeking Telehealth therapy. This document covers your rights, risks and benefits associated with receiving services, my policies, and your authorization. Please read this document carefully, note any questions you would like to discuss, and sign.

Telehealth Defined:

Telehealth means the remote delivering of health care services via technology-assisted media. This includes a wide array of clinical services and various forms of technology. The technology includes but is not limited to, a telephone, video, internet, a smartphone, tablet, PC desktop system or other electronic means.

Limitations of Telehealth Therapy Services

While telehealth offers several advantages such as convenience and flexibility. It is an alternative form of therapy or adjunct to therapy and thus may involve disadvantages and limitations. For example, there may be a disruption to the service (e.g., phone gets cut off or video drops). This can be frustrating and interrupt the normal flow of personal interaction. Primarily, there is a risk of misunderstanding one another when communication lacks visual or auditory cues. For example, if video quality is lacking for some reason, I might not see various details such as facial

expressions. If audio quality is lacking, I might not hear differences in your tone of voice that I would otherwise pick up if you were in my office. Additionally, the therapy office decreases the likelihood of interruptions.

However, there are

ways to minimize interruptions and maximize privacy and effectiveness. As the therapist, I will take every precaution to insure a technologically secure and environmentally private psychotherapy sessions. As the client, you are responsible for finding a private quiet location where the sessions may be conducted. Consider using a "do not disturb" sign/note on the door.

In Case of Technology Failure

I understand that during a Telehealth session we could encounter a technological failure. Difficulties with hardware, software, equipment, and/or services supplied by a 3rd party may result in service interruptions. If something occurs to prevent or disrupt any scheduled appointment due to technical complications and the session cannot be completed via online video conferencing, please call the therapist back at: 919-229-9012. Please make sure you have a phone with you, and I have that phone number. We may also reschedule if there are problems with connectivity.

Cost of Sessions

The structure and cost of Telehealth sessions are exactly the same as face-to-face sessions described in the "Consent for Treatment" form.
Statement of Understanding

Your signature below indicates that you have read this document, Informed Consent for Telehealth Services for Kildaire Counseling PLLC, in its entirety and agree to abide by its terms.

Printed Name of Client or Personal Representative

Signature of Client or Personal Representative

Description of Personal Representative's Authority (if applicable)

Date