

NORTH CAROLINA'S HB808:

A RESOURCE GUIDE FOR THE TRANS COMMUNITY

This guide will be updated as new information & resources are available.

What does HB808 say?

[HB808](#) prohibits the initiation of any gender-affirming care in NC for people under the age of 18, including puberty blockers, gender-affirming hormone therapy, and surgery. It does not restrict care that is already initiated – **youth who have begun a “course of treatment” before August 1, 2023 can remain in care. It is recommended that you ask your provider about how they are interpreting this language.**

The law does **not** say that people cannot leave North Carolina and access care in states where it is legal to do so, and a court would likely agree that it is unconstitutional to block people from traveling to other states. Youth can also continue to access mental health care, which is not restricted or banned by this law in North Carolina.

When does HB808 take effect?

HB808 is currently in effect. The North Carolina General Assembly passed HB808 in June of 2023, and it was then vetoed by the Governor. On August 16, 2023, the General Assembly voted to override the Governor's veto, making HB808 law.

Legal Questions and Needs

- Consider consulting with an individual lawyer about your specific needs and questions.
- For general questions and needs, contact the ACLU of North Carolina.

Videos: Town Halls About anti-LGBTQ Laws in NC

In June 2023, community and advocacy organizations joined together for a North Carolina Emergency Town Hall on Trans Youth Healthcare, a virtual event focused on helping families navigate access to the gender-affirming care they need while feeling supported and uplifted by their communities. You can [watch a recording of the event here](#).

LGBTQ Community Organizations in North Carolina

Connect with these organizations working on the frontlines of supporting LGBTQ individuals in North Carolina:

Youth and Family Support

PFLAG
Statewide
pflag.org/find-a-chapter

InsideOut180
Durham
<https://www.insideout180.org/>

YouthSAFE
Greensboro

Youth OUTRight NC
Asheville

#SupportTransYouthNC

<https://www.youthsafegso.org/>

Time Out Youth
Charlotte

<https://www.timeoutyouth.org/>

<https://www.youthoutright.org/>

PFLAG Asheville
Asheville

<https://www.pflagasheville.org/findsupport>

-Parent support groups

General Healthcare Support

Planned Parenthood of South Atlantic
Statewide

<https://www.plannedparenthood.org/>

NC AIDS Action Network
Statewide

<https://www.ncaan.org/>

Carolinas Care Partnership
Statewide

<https://www.carolinascare.org/>

Charlotte Trans Health
Charlotte

<https://www.charlottetranshealth.org/>

Community Organizations

North Star LGBTQ+ Community Center
Winston Salem

<https://www.northstarwsnc.org/>

LGBTQ Center of Durham
Durham

<https://www.lgbtqcenterofdurham.org/>

LGBTQ Center of Raleigh
Raleigh

<https://www.lgbtcenterofraleigh.com/>

Blue Ridge Pride Center
Asheville

<https://www.blueridgepride.org/>

ENC Pride
Eastern North Carolina

<https://www.facebook.com/encpride/>

Guilford Green Foundation
Greensboro

<https://guilfordgreenfoundation.org/>

LGBTQ Center of the Cape Fear Coast
Wilmington

<https://lgbtqcapefear.org/>

Rainbow Collective for Change
Durham

<https://www.rainbowcollectiveforchange.org/>

Tranzmission
Western North Carolina

<https://tranzmission.org/>

Sandhills Pride
Sandhills Region

<https://sandhillspride.org/>

Political Organizations

ACLU of North Carolina
Statewide

<https://www.acluofnorthcarolina.org/>

Equality North Carolina
Statewide

<https://equalitync.org/>

The Freedom Center for Social Justice
Statewide
<https://www.fcsj.org/>

LGBTQ+ Democrats NC
Statewide
<https://www.lgbtqdemocrats.org/>

For Youth and Families Who Need Support

We know that legislation like this can cause distress. Here are some helpful resources.

- For immediate medical assistance or law enforcement assistance, call 911.
- If you are thinking about hurting yourself, contact the [National Suicide Prevention Lifeline](#) (now the 988 Suicide and Crisis Prevention Hotline), **OPEN 24/7, 365 DAYS/YEAR.**
 - Call: 988
 - Call: 1-800-273-TALK (8255)
 - Text: 741741
 - Chat Online: Click [HERE](#) to instant message online.
- If you are a LGBTQ person (ages 13-24) who is thinking about hurting yourself or is in crisis, contact [The Trevor Project's 24-Hour Suicide Prevention Hotline](#), **OPEN 24/7, 365 DAYS/YEAR.**
 - Call: 866 4 U TREVOR / (866) 488-7386
 - Trevor Text: Text 'START' to 678-678
 - Trevor Chat: Click [HERE](#) to instant message online.
- If you are a transgender person (or friend/family of a transgender person) in crisis or needing support, contact the [Trans Lifeline](#), **As of January 1st, 2024, Trans Lifeline's hotline operating hours are Monday through Friday: 10 AM – 6 PM Pacific. 11 AM – 7 PM Mountain..**
 - Call: (877) 565-8860
 - Peer to Peer Support: Peer2Peer.LIVE on Twitch