

DAY 1

THIS DAY!

Scripture References:

Psalm 118:24 New International Version (NIV) --- "This is the day the Lord has made; we will rejoice and be glad in it."

Proverbs 18:21 New King James Version (NKJV) — "Death and life are in the power of the tongue, and those who love it will eat its fruit."

Good day, my born-again Sister in Christ!

This is the day the Lord has made — a brand-new day filled with mercy, grace, and purpose. You are alive because there is still something God wants to do *in you* and *through you*.

Each sunrise brings a choice. We can complain about what went wrong yesterday or rejoice in what God can make right today. One path drains your spirit — the other fills it with hope. The words you speak over your day shape its direction. When you say, *"This is the day the Lord has made — I will rejoice,"* you are aligning your words with your identity in Christ.

There is power in how you begin your day. Speak life into your morning. Declare that this will be a day of blessing, favor and God-assigned opportunities. Refuse to let yesterday's disappointments dictate today's possibilities. God's grace has already gone ahead of you, preparing good works for you to walk in.

Even if you woke up weary or uncertain, remember: you are not walking into this day alone. The Holy Spirit of Grace is your Helper, Comforter and Guide. He goes before you and stands beside you. He lives in you, so He strengthens you from within.

Daughter of God, lift up your voice right now and say — *"Lord, thank You for this day! I will rejoice and be glad in it."*

AFFIRMATION

This day is a gift from God, and I choose joy, gratitude, and faith.

PRAYER

Father, thank You for this beautiful new day.

Today, I choose to rejoice, to speak life, and to walk in Your promises.

Let my words reflect gratitude, let my attitude reflect joy, and my steps be ordered by You.

In Jesus' Name, Amen.

REFLECTION

What words have you been speaking over your days lately?

Are they words of life and faith — or worry and defeat?

Take a moment to write down what you want to declare over your day today.

Today I declare:

DAY 2

RESET!

A Fresh Start in God

Lamentations 3:22–23 (KJV)

...the LORD's mercies...are new every morning...

Lamentations 3:22–23 (TPT)

New, fresh mercies greet me with every sunrise.

With the dawning of each new day comes a message: *God is giving you a fresh start.*

A new beginning. A holy reset.

As this devotional is being written, it is the second day of the brand-new year. The air feels charged with possibility. Hearts everywhere are stirred with renewed faith, fresh excitement, and the sense that God is doing something new.

Something in us awakens when we realize we can begin again. Hope rises. Courage returns. Dreams re-emerge. It's as if the Father Himself gently places His hand on the "reset" button of our lives and whispers, *"You can start fresh. I am with you."*

God's mercies are not leftover, recycled, or worn out. They are new every single morning. New strength, new grace, new light, new perspective, new opportunities. Whether it's the beginning of a year, a month, a week, or simply a new day, God offers you the gift of RESET.

So, breathe deeply.

Step forward in faith.

Let this moment be your reminder that nothing in your life is too old, too broken, or too delayed for God to renew.

This is your fresh start.

This is your new beginning.

This is your RESET.

AFFIRMATION

Today, I embrace God's RESET in my life.

I step into fresh mercy, fresh purpose, and fresh strength.

By faith, I walk boldly into my new beginning!

PRAYER

Father, thank You for the mercy You pour over my life every morning.

Thank You for new beginnings and holy resets.

Refresh my mind, renew my spirit, and restore my passion to pursue the plans You have for me.

Lead me forward with confidence and hope.

Amen

REFLECTION

Sister Friend, what goals or dreams is God stirring in your heart again?

What unfinished project is waiting for your return?

Write them here and respond to the spark that is re-igniting the fire within you.

DAY 3

CHOOSE LIFE!

Scripture References:

Deuteronomy 30:19 (NIV) — “This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live.”

John 10:10 Amplified Bible (AMP) — “The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance [to the full, till it overflows].”

My precious Sister in Christ,

Today is a divine opportunity — a gift wrapped in choice. Every sunrise invites you to choose life over despair, hope over fear, faith over doubt.

Choosing life doesn't mean ignoring pain or pretending everything is perfect. It means trusting that God's power is greater than any problem. It's deciding that your words, thoughts, and actions will agree with His promises instead of your emotions.

Life responds to faith. When you speak life, you create an atmosphere where miracles can grow. When you choose to believe God's Word over your circumstances, you open the door for His supernatural peace to flood your heart.

Maybe you've been standing in a valley — waiting for a breakthrough, wondering if things will ever change. Hear God's voice today:

“Daughter, choose life.”

“Choose to believe again.”

“Choose to forgive again.”

“Choose to praise Me in the middle of it all.”

The same Spirit that raised Jesus from the dead is living in you (Romans 8:11). That means life — resurrection power — is flowing through you right now.

Speak life into your day. Speak life into your future.

AFFIRMATION

I choose life, faith in God and victory — and I speak blessings over every part of my day.

PRAYER

Father, thank You for giving me the power to choose life.
I choose to trust You even when I don't see the outcome.
Help me to speak words that build, encourage, and align with Your truth.
Let Your resurrection life flow through me and into every situation I face today.
In Jesus' Name, Amen.

REFLECTION

What areas of your life need your agreement with God today?
Write them below. Speak the promises of God over them.

Today I choose life in:

DAY 4

GOD IS FAITHFUL

1 Thessalonians 5:24 (NIV) — “The One who calls you is faithful, and He will do it.”

Lamentations 3:22–23 New King James Version (NKJV) — “Through the Lord’s mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.”

Hebrews 10:23 (NLT) — “Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep His promise.”

Good day, my faithful Sister in Christ!

Let this truth settle deep in your heart today: **God is faithful.**

He has never failed to keep a promise. Not once. His faithfulness isn’t based on your perfection, your performance, or your strength — it’s anchored in His unconditional love and His unchanging character. Even when life feels uncertain or prayers seem unanswered, God is still at work, weaving every detail together for your good and His glory.

Sometimes we look at our circumstances and wonder if God has forgotten what He said. But remember: His timing is not denial — it is His design. He has a specific plan and purpose for your life. He is a God of perfect timing, and His promises are not fragile. They do not expire, and they cannot be canceled.

If you are in a waiting season, hold on to His faithfulness. Think back to the times when He came through before — when He provided, protected, or healed you. The same God who did it then will do it again.

My Sister, even when you can’t trace what He is doing -- you can trust He is working things out for your good. His faithfulness stretches beyond what you can see, and His love for you never changes. Rest in the assurance that the One who began a good work in you will bring it to completion (Philippians 1:6).

AFFIRMATION:

Lift your eyes today and whisper this promise: *“Jesus, I trust You — because You are faithful.”*

PRAYER

Father God, thank You for Your unfailing faithfulness.

You have never broken a promise, and I trust that You never will.

Help me to rest in Your goodness, even when I don’t see the full picture.

Strengthen my heart to believe that You are working all things together for my good.

Today, I declare that You are faithful — yesterday, today, and forever.

In Jesus’ Name, Amen.

REFLECTION

Where have you seen God's faithfulness in your past?

How can remembering those moments strengthen your faith today?

Lord Jesus, I thank You for being faithful with:

Giving me wisdom about what to do regarding a conflict with a family member:
(parent, sibling, child, spouse, etc)

Providing the resources I need to take care of my personal needs:
(employment/job, business, finances, etc)

Helping me to do my part in taking responsibility for my health and well-being:

DAY 7

GOD'S GOODNESS

Psalm 23: 6 KJV Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.

Psalm 27: 13 AMP I would have despaired had I not believed that I would see the goodness of the Lord In the land of the living.

Psalm 27:13 (NLT) Yet I am confident I will see the Lord's goodness while I am here in the land of the living.

Psalm 27:13 The Passion Translation (TPT) Yet I believe with all my heart I will see [God's] goodness...

My sister, my friend,

GOD LOVES YOU! HE IS WITH YOU. **HE HAS NOT FORGOTTEN**, ABANDONED OR GIVEN UP ON YOU! DON'T GIVE UP ON YOURSELF! DO NOT BELIEVE THE LIE THAT YOUR LIFE IS NOT WORTH LIVING. THAT NO ONE CARES OR LOVES YOU; THAT YOU ARE A FAILURE; THAT YOUR LIFE HAS NO MEANING OR VALUE! ALL OF THOSE THOUGHTS ARE LIES THAT ORIGINATED FROM THE ONE THE BIBLE CALLS "THE FATHER OF LIES" – SATAN!

WITH THE STRENGTH OF YOUR GOD WHO LOVES YOU SO MUCH, AND THE POWER OF HIS LIGHT THAT IS A BEACON OF HOPE INSIDE YOU AND FOR YOU – SPEAK, DECLARE, SCREAM OR SHOUT IT OUT LOUD "TODAY I CHOOSE TO LIVE! I MAKE THE DECISION TO GO ON...AND KEEP IT MOVING! I WILL SEE AND EXPERIENCE THE GOODNESS GOD HAS FOR ME! I WILL NOT GIVE UP, CAVE IN OR QUIT, IN THE NAME OF JESUS!!

DAY 13

YOU ARE FORGIVEN

Ephesians 4:32 (NKJV) And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you

Psalm 103:12 (NLT) He has removed our sins as far from us as the east is from the west.

Forgiveness is not something we work for or earn — it's a gift we receive, accept and embrace. Our adversary, Satan, loves to remind us of when we missed it, stumbled, and fell. But God's forgiveness overrides, cancels and erases the record. Because Jesus already paid the bill! Hallelujah!

My Sister, you are forgiven — fully, freely, forever. Your sins are forgiven --- past, present and future. Live every day of your life knowing this truth. Let go of the guilt, shame and condemnation. Take your step of faith into the freedom Jesus purchased for you on the cross and confirmed in His Resurrection from the dead!

DAY 22

YOU ARE BLESSED!

Ephesians 1:3 TPT

Every spiritual blessing...has already been lavished on us as a love gift from our wonderful heavenly Father, the Father of our Lord Jesus Christ...

Beloved Sister, did you know that you were born and designed by God to be blessed?

You have probably heard people say, "God bless you." These are good and pleasant words to hear.

Sometimes the phrase is spoken with much thought or purpose. "Bless, blessing, blessed" can be overused words – casual and empty of their power and true meaning. In the Bible, "blessed" means being empowered to live a successful and prosperous life! Now you're talking!

Prosperity and good success in every area of your life: spiritual, physical, relationships, and financial!

This is Whole Life prosperity!

When you believe and receive God's gift of salvation – His Son Jesus – at the same time you receive His blessing. You already have His supernatural empowerment in you! Today, discover and cultivate this power by reading and saying out loud the God's promises in His Word [the Bible].

Today is the best day of the rest of your life!

Songs of the Holy Spirit

Songs from the Holy Spirit (created in YOU)

Psalm 92: 4 (NLT) You thrill me, Lord, with all you have done for me! I sing for joy because of what You have done.

*Psalm 96: 1-2 (NLT) Sing a new song to the Lord! Let the whole earth sing to the Lord!
Sing to the Lord; praise His name*

Isaiah 12:2 (NLT) The Lord God is my strength and my song; He has given me victory.”

Colossians 3:16 (NLT) ...psalms, hymns and spiritual songs, singing with grace in your heart to the Lord.

There's something powerful about a song that rises from deep within you—especially a song the Holy Spirit places there. Even before you open your mouth, the He is already composing sweet melodies of grace in your heart. Heaven is filled with the continuous sounds of praise and worship in song!

And God invites you to join the chorus! Every day our God is worthy of your song!

Praise isn't just something we do when life feels good. Praise is an act of faith. A declaration. A spiritual weapon. It reminds us how gracious, merciful and good our God is!

Singing to the Lord is not about having the "right voice," but about having a loving, willing heart. When you sing, you are releasing gratitude, strengthening your spirit, shifting your focus, and making room for joy to rise.

15)

And so, my Sister...maybe today is the perfect day to turn on that praise song that ignites the fire in you to sing! That worship song that lifts your spirit. To sing that chorus that reminds of you who you are and to Whom you belong!

Ready, set...SING!

K*DAY__THE PROMISE OF REST**

Matthew 11: 28 (NLT) Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

Hebrews 4: 10-11 (NLT) For all who have entered into God's rest have rested from their labors, just as God did after creating the world. ¹¹ So let us do our best to enter that rest.

So many thoughts, so many images, so many memories, reflections – a busy, over active mind and soul: emotions spanning from one end of the spectrum to the other: worry, anxiety, fear...flat, don't care, what's the use? when is it going to change?

Then comes: an inkling of hope, a glimmer of light, a seed of faith. Well...maybe it's going to be all right after all.

God intimately knows us. And He understands everything about us.

One of the most profound promises He has given us is that of His REST. Jesus actually said: "Come to me all who are weary and carry heavy burdens, and I will give you rest."

K*DAY__THE PROMISE TWINS: FAITH and PATIENCE**

Hebrews 6: 11-12, 15 (NKJV) And we desire that each one of you show the same diligence to the full assurance of hope until the end, ¹² that you do not become sluggish, but imitate those who through faith and patience inherit the promises. ¹⁵ And so, after he [Abraham] had patiently endured, he obtained the promise.

Twins are fascinating! It can be exciting when the ultrasound shows not just one baby but 2!

God's Word tells us about a pair of "twins" that were born to show us and assure us that what He said He will do! He explains that when these twins – named "Faith" and "Patience" are delivered, they also bring a promise to us that we've been waiting for! God promised Abraham He would bless and multiply his life

in a great way. However, the next day, week, month or year, Abraham didn't see anything that looked like that blessing. Scripture tells us, *after he patiently endured, he obtained the promise.*

S*DAY__MANIFESTATION**

Major Shift!

Reset!

Significant Breakthrough!

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"Here it is! It has happened! I can see, hear and touch it! It's tangible – I can even feel it!

It's real and I KNOW it!" You've been waiting. Seemed so far away sometimes. You may have even forgotten all about it at one time or another. But now...! You are living it! But God...has kept His promise!

Philippians 1:6 ...[paraphrase] He who began a good work in you will be faithful to complete it.

S*DAY__DIVINE INSTRUCTIONS: DO THIS!**

Psalm 32:8 AMP I will instruct and teach you...

Let's face it. All of us are growing, changing and learning every day, regardless of our age or stage in life. The moment our earthly father's sperm fertilized our mother's egg, this divinely amazing process has continued on and on.

Has there ever been a time in your life when you asked yourself:

"What in the world is going on?! Why is all of this happening?"

Here's a thought. How about this question: "Lord, what are you trying to teach me? What do you want me to learn from this?"

S*DAY__EXCEPTIONAL EXPERIENCES**

I Corinthians 2: 9 "No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him."

I Corinthians 2:12 We have...God's Spirit, so we can know the wonderful things God has freely given us.

"Life is a journey." A familiar quote. But does life sometimes feel like that quote: familiar?

The routines, the requirements...same thing – just another day.

Today, how about engaging in something different: your free will and choice to put your faith in God.

Then just ask Him (this is prayer). "God help you to know that You are real. Show me Your purpose and plan for my life. "YOU AINT SEEN NOTHIN' YET! THE BEST IS YET TO COME!!

K*DAY__YES! and AMEN!**

II Corinthians 1:20 For all the promises of God have been fulfilled in Christ with a resounding "Yes!" ...And our [response] "Amen" (which means 'Yes').

True!
It is so!
So be it!

“Say what you mean and mean what you say.”

“You have my word.”

“Your word is your bond.”

“I promise I will...”

You have been told and you have been assured. The thing that person, vendor, product or politician said is going to happen. You believed it; you expected it. You waited for it. But...

17)

Promises that are made but not kept disappoint us.

And if we're honest, we ourselves have not kept our word at one time or another.

In today's scripture reference, the Apostle Paul changed his plans regarding visiting the church located in the city of Corinth, Greece. In his letter to them he explains why and assures them the decision was not made lightly or carelessly. He uses the situation as a teaching opportunity. He explains that he (Apostle Paul), like God, did keep his word. His change of plan caused him to visit them not only once, but twice. And it prevented a negative situation from happening to them.

The Bible tells us God is not a man that He should lie. (Numbers 23:19). Let us continue to put our trust and faith in Him and the promises found in His Word.

K*DAY__BE STILL**

Psalm 46: 10 (NLT) Be still and know that I am God!

Psalm 46:10 The Message (MSG) “Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything.”

Psalm 46:10 (TPT) Surrender your anxiety. Be still and realize that I am God.

Life is busy. It's hectic and fast-paced.

Daily schedules are packed. Our to-do lists seem never-ending. So many things have a get-it-done yesterday urgency. At some point we feel over-run, over-taken...overwhelmed by it all.

As human beings our bodies, minds and emotions are not built to endure such constant, grinding wear-and-tear. The God who created us certainly did not intend it to be so. We're told that even God, "...rested...from all His work He had done." (Hebrews 4: 4) And He invites us to do the same: "Let us...enter into [His] rest..." He gives us further wise counsel and advice in today's Scripture reading: "Be still..." Another translation puts it this way: "Cease striving..."

Will you accept Your God's invitation to stop stressing, struggling and striving and turn to Him?

Ask Him to help you and show you how to slow down. So that you can get quiet and be still with Him.

S*DAY__IT'S DONE!**

John 19: 30

II Corinthians 1:20

Every situation, circumstance, issue, problem and concern...God has already taken care of, solved, answered, resolved and provided what was/is needed. He has already worked it out...

IT IS FINISHED!

Galatians 2:20 I am crucified with Christ...yet not I but Christ lives in me...this life I now live, I live by the faith of the Son of God [JESUS] ...who loved me and gave Himself for me.

It's Jesus' faith that you and I possess. His faith connects us to what's already done, already finished, and already accomplished; that is...all the promises of the New Covenant, the Grace Covenant, Jesus Covenant!

18)

K*DAY__THE POWER OF "BEING"**

Acts 17:28

In Him [Christ] we live and move and have our being.

In the world's system, we are constantly pushed to perform — to produce, to prove ourselves, to be "enough." However, God's way, calls us to rest (to trust) in who we are in Christ --- our Christ identity.

Action is certainly required to get things done. There is power in doing. But the foundation of the greatest power is in identity. And for us, as Christ followers, our identity is in Him:

We are loved. We are saved. We are forgiven. We are accepted. We are blessed.

One morning, during my prayer time, I sensed the Holy Spirit's voice: "*Vivian, why are you trying and struggling so hard to be who you already are?*"

The question was a laser beam that landed deeply in my heart. I realized I was striving, even stressing to achieve a level of "being enough." Then, as I encouraged myself by going to God's promises. God had already spoken over my life when He declared in His Word I am already accepted – Ephesians 1:6. Already loved – Jeremiah 31:3. Already chosen – Ephesians 1:4.

Consider this for today, Beloved Daughter of God.

Before you set out to do something for Him, remember to just be with Him. Sit in His presence.

God values devotion and intimacy. Your Christian walk is about living your personal relationship with Him. Let Him remind you how much He loves you; that your true identity comes from His Son Jesus Christ --- the One who gave His life for you.

In living from that place, you will discover that whatever you do will be satisfying and fulfilling for you as well as pleasing to God.

PRAYER:

Lord, I thank You that my worth and identity are found in You. Help me to rest in who You've already created and called me to be. Let my life flow from the fullness of being Your daughter. In Jesus' Name, Amen

K*DAY__REMIND YOURSELF: REMEMBER AND RECALL**

Psalm 103:2

"Bless the Lord, O my soul, and forget not all His benefits."

Life has a way of making us forget. We get so caught up in the challenges of the day that yesterday's victories slip from our memory. That's why Scripture often calls us to remember — to remind ourselves

of who God is [Father, Protector, Provider] and what He has done [saved/rescued us, forgiven us, been faithful to us].

When doubts creep in, *remind yourself* of your identity in Christ – you are loved, you are forgiven, you are righteous, you are holy and you are blessed. When fear tries to take over, *remember* the times God delivered you. When discouragement whispers the lies of the enemy, *recall* what His Word says about **you**.

19)

Notes from the heart of Vivian

I LOVE TO WRITE! I'm talking pens, colored pencils, markers; notebooks, journals, legal pads!

Writing is one of my favorite passions! I learned to print upper-and-lower case letters in first grade.

Afterwards, I exploded with joy when I was taught cursive writing in second grade!

I share this with you to highlight today's devotional topic encouraging us to remember how good and faithful God is.

I keep a personal journal filled with moments of God's faithfulness — answered prayers, unexpected blessings, divine interventions. On days when I am feeling down and discouraged, I grab a cup of my favorite hot tea (a mix of honey vanilla and peach). I read my pages.

Immediately I start to feel better emotionally. Mentally, understanding and clarity break forth like brilliant sunlight! The Holy Spirit ministers to me and comforts me. Strength, hope and expectation arise. I am assured that everything's going to be all right!

Maybe writing isn't your thing. No worries! You can download a journaling app. Or record your thoughts via audio. The point is to capture your thoughts, document your feelings, memorialize the insights and wisdom God gives you.

Another Tip: Greeting Cards also can have a powerful effect to help transport us from the shadow of a dark cloud into the radiance of daylight. I have a special place where I keep cards of all sorts: birthday, Valentine's Day, anniversary, thank you, thinking of you and even Christmas cards.

How about browsing through your phone's text messages or photo gallery? That's also a great way to shift your focus and find positive messages and images.

Daughter of the Most-High God, take time today to recall how good God has been to you. Write it down. Speak it out loud. Share it with someone else. Your testimony could be the very encouragement someone else needs that will ignite a breakthrough in their life!

AFFIRMATION

I love the Lord. I will not forget the good and great things in my life. Today I resolve to create a way to help me remember how good He has been.

PRAYER:

Father, thank You for the countless ways You've been faithful to me. Help me to remember works of Grace and your faithful promises. As I trust in You, I continue moving forward, rising above and going beyond on Your path and purpose for my life. Amen.

REFLECTION

How has God been good to you this day, this week? Describe 3 ways/things He has done.

20)

S*DAY 39__JESUS: MY SWEET SONG**

Isaiah 12:2

"Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my song; He has become my salvation."

Some songs are so beautiful they stay with you — even when the music stops. That describes who Jesus is to me. He is my Sweet Song, the melody that plays in my spirit no matter what season I'm in.

In joy, His song makes me dance. In sadness, His song comforts me. In confusion, His song gives me clarity and peace. Psalm 118:14 says, *"The Lord is my strength and my song; He has given me victory."*

There have been days when I woke up with worship music in my heart before I even opened my eyes. I believe it was the Holy Spirit singing over me — reminding me that victory was already mine in Christ. My Sister, may I share with you a deep treasure I have discovered?

There is a personal, divinely-composed and uniquely-written musical masterpiece God has created about YOU and for YOU! When you hear it – you will recognize the magical melody! It is the symphony of the Lover of Your Soul – JESUS! Today, I invite you to open your heart, yield to the Holy Spirit and ask/allow Your Divine Lover Jesus to release His Song to you - and in you. Make Jesus your Sweet Song — the melody that never fades.

PRAYER:

Today Jesus, I give You my permission and consent to release Your Sweet Song to me.

You are my Song. You are my joy, my peace, and my victory. Let my life be a masterful melody through which others will hear Your Love and Your Grace. Amen.

K*DAY__THE GRACE OF TRANSFORMATION**

2 Corinthians 3:18; Romans 12:1-2

Good day my born-again Sister in Christ! There is Good News for you on this day!

But first, a question. Have you been working hard, struggling and striving to be a good Christian like the Bible describes? Trying to keep and obey all the rules and regulations of the Law of Moses and the Old Testament: loving God and loving others, being forgiving and not holding grudges and offenses when you feel you have been wronged and hurt? However, no matter how hard your work, how hard you try, it never seems to be enough.

I hear you. I understand. I have been there. Now the Good News. It was never our Father's intent for us to try to change ourselves, all by ourselves. Once we accepted His gift of His Son Jesus as our personal Lord and Savior, **He** starts the process of changing us.

Transformation is the specialty work of the Holy Spirit. He, the Holy Spirit, was given to us the moment we got saved! In the book of II Corinthians chapter 3, verse 18 it says, "we are being transformed [changed] into the image of...Jesus. And this glorious transformation comes from...the [Holy] Spirit." He does the work of changing us, from the inside out. Not you and I. That's really good news!

Our part is to follow what God tells us in Romans chapter 12, verse 2: “be transformed by renewing our minds — exchanging our thoughts and opinions for God’s thoughts and opinions. How do we do that? By getting to know Jesus. Pray. Read your Bible (especially the New Testament. Be in a place to hear teaching and preaching about God’s grace. This is how you develop your own personal relationship with Jesus. Just like a caterpillar becomes a butterfly, God will take your old life and make it new, beautiful and free.

Beloved Sister, Have you ever been at a point in your life where you thought or said to yourself: “something has GOT to change?”

[Next page]

I have...

I was a successful professional woman. Money, beautiful place to live, home on the beach, drove the sporty sun-roof car I wanted. Lived the wild and wonderful social life - living it up!

But...a night came when I found myself face down on the carpet on my living room floor – crying and saying “Vivian, something’s GOT to change.” I prayed, “God when is it going to stop hurting?”

I knew God heard me. I sensed and felt His Love very powerfully. The “something” that needed to change was ME. I cried until I didn’t think I had any more tears left. Then I cried some more. Lying on that floor, I began to let go. I didn’t quite understand what was happening. When I got up what I did 21)

know was that I was not alone; and somehow I just knew “something” was different.

Transformation for me...in me had begun. With the Holy Spirit’s help, I gradually I began to understand. He gave me the faith and courage to believe and know that change was possible!

He led me to a couple of people who I could TRUST. They surrounded me with unconditional love. They prayed with me and for me. They walked with me through the tough, difficult decisions that were necessary for me to get up and go forward. It was painful. It was hard. It didn’t happen overnight, but God saved me. Rescued me. Changed me. I had to relocate and leave all of it behind: the success, the money, the people, the “stuff” and the city I loved so much.

And so...my transformation journey began. I experienced the healing power of Jesus. My family received me back home; I gained a church family – and a place to worship where I sat under Holy Spirit-anointed preaching & ministry. I got connected with a “Circle of Sisters!” I discovered God’s calling and my passion for Women’s Ministry! That was just the beginning! I will share more of my story in my next book. Stay tuned!

REFLECTION

Now, my Sister, what about you? What’s happening in your life? You are reading these words, in this book. God’s eyes are on you. He sees you. You have His attention. Talk to Him. Tell Him what’s on your mind and in your heart. Write it/journal it here.

Great job! You are amazing!

PRAYER:

Lord, thank You for Your grace that transforms me. Help me to yield to Your process, trusting that You are shaping me into the woman You designed me to be. In Jesus’ Name, Amen

S*DAY__THE GRACE WOMAN**

2 Corinthians 5:19

The Grace Woman is one who has been restored back to the grace and love relationship she had with God, before Adam & Eve ate the fruit God told them not to eat!

Now you are totally brand new! Not an upgrade of the woman you used to be.

...all of the above happened when you got born again, and made Jesus your Lord and Savior].

Grace is a Person. And His Name is Jesus. He knocked on the door of your heart. You answered. You invited Grace into your life. Along with Him came love, mercy and forgiveness. The weight of shame, guilt and condemnation was lifted. You felt brand new as the wonderful presence of Jesus ignited the Grace of change and transformation in your life!

22)

DAY__S*ACCESS TO GRACE**

Romans 5: 2

Ephesians 3:13

Jesus wants you to know He is not angry, mad or upset with you. Contrary to what you may have been taught or what you have heard, He is not waiting for just the right moment to strike you down or punish you. Actually, the opposite is true. The Bible tells us that He is “full of grace...”

What is grace? No limits or restrictions on God’s love towards us because Jesus already took all the punishment on Himself when He died on the Cross.

So now when we receive Jesus and His faith, we have free and full access to the all benefits of God’s promises.

K*DAY__YOU ARE FORGIVEN**

Ephesians 4:32 (NKJV) And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you

Psalms 103:12 (NLT) He has removed our sins as far from us as the east is from the west.

Forgiveness is not something we work for or earn — it’s a gift we receive, accept and embrace.

Our adversary, Satan, loves to remind us of when we missed it, stumbled, and fell. But God’s forgiveness overrides, cancels and erases the record. Because Jesus already paid the bill! Hallelujah!

My Sister, you are forgiven — fully, freely, forever. Your sins are forgiven --- past, present and future. Live every day of your life knowing this truth. Let go of the guilt, shame and condemnation. Take your step of faith into the freedom Jesus purchased for you on the cross and confirmed in His Resurrection from the dead!

PRAYER:

Father, thank You for the gift of Your Son Jesus, and your gift of forgiveness. Help me to believe and receive it fully, and to extend that same forgiving grace to others. Amen.

K*DAY__GOD KNOWS...AND HE CARES**

Luke 12:6-7

"...The very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows."

Sometimes life can make us feel invisible — like no one notices what we're going through.

But your Heavenly Father sees it all: the silent tears, the hidden battles, the quiet prayers.

And He cares deeply about you.

You are not forgotten. You are not overlooked. You matter to God more than you can imagine.

Your life matters. You are valuable to God and to so many others.

You are significant to Him. Your life makes a difference to those around you, and so many others.

You were created with purpose, abundance, depth, destiny, beauty and brilliance!

GOD REALLY LOVES YOU!

23)

My Sister, take comfort today: the One who created you is watching over you with love, compassion, and care.

PRAYER:

Father, I thank You that I am seen, known, and loved by You. Holy Spirit, help me to believe and embrace the truth that God cares about me and every detail of my life. Amen.

K*DAY__GOD'S WORD WORKS!**

Hebrews 4:12

"For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword..." (NLT)

The Word of God is not just ink on pages of the Bible — it is living, active, and effective.

It produces real results in our hearts, minds, and circumstances. When we believe it, speak it, and act on it, it will accomplish exactly what God sent it to do (Isaiah 55:11).

I've seen God's Word heal my body, restore my peace, and open doors I could never open myself. Sometimes the change was immediate, and other times it came slowly — but it always came.

My Sister, you can trust His Word beyond whatever you are feeling or looking at, in this moment.

Reading and meditating on the Word of His grace, faith and love in a different Bible translation can reveal power and understanding in a fresh new way. Keep reading. Continue praying and believing on it. Keep speaking it. Don't stop standing on it. You will experience its power in your life!

PRAYER:

Lord, thank You that Your Living Word is real to me and in me. I praise You in advance as I speak it in faith and stand on it in every situation. Amen.

K*DAY__PREGNANT WITH POTENTIAL**

Philippians 1:6 (NLT)

"And I am certain that God, who began the good work within you, will continue His work until it is finally finished."

My Sister, did you know that deep within you lies a treasure, a gift, a passion, a calling? Yes - YOU, INSIDE YOU. God has placed something within you – dreams, gifts, assignments – and they are growing, though you can't yet see the fullness. Like a woman expecting a child, you may feel the weight, the stretching, and the anticipation.

And just as every pregnancy has a due date, so does your calling.

I've learned that preparation is as important as the birthing. Let God develop what's inside you. Protect it from doubt, feed it with His Word, and trust Him with the timing.

PRAYER:

Lord, thank You for the potential You've placed within me. Help me to carry it with faith and bring it forth for Your glory. Amen

24)

K*DAY__“EVEN NOW” FAITH**

John 11:22 (ESV)

"But even now I know that whatever You ask from God, God will give you."

These were Martha's words after her brother Lazarus had been dead for four days. It looked too late — yet she still believed, My Sister, “even now” faith says: *I believe God can heal, restore, and turn this around, no matter how impossible it looks.*

I've stood in places where hope seemed buried, and I still whispered, “Lord, I trust You.” And I've seen Him move in ways that left me in awe, crying tears of joy!

Don't let the clock, calendar or cares of worry shake your faith. Even now, God is able.

PRAYER:

Lord, I choose “even now” faith today. I believe You are able to do the impossible in my life. Amen.

S*DAY__ON COURSE! ON TRACK!**

Proverbs 3:6 (NKJV)

"In all your ways acknowledge Him, and He shall direct your paths."

Staying on course with God doesn't mean the road will be easy — it means you'll always arrive exactly where you're meant to be.

I've learned even detours can be part of His plan when we're surrendered to Him. The key is to keep acknowledging Him, step by step.

My Sister, if you've drifted, it's never too late to realign. One prayer can put you back on track.

PRAYER:

Lord, thank You for guiding my path. Keep my heart in tune with Yours so I stay on course with Your plan for my life. Amen

K*DAY__CONFIDENCE**

Isaiah 41:10

Philippians 1:6

I John 5: 14-15

God's message to you is: "Be confident. Trust Me."

But you are not sure if you can do that. You have been searching. You have been waiting. Things have not turned out the way you thought they would. And He stills says, "Don't be afraid. Don't give up.

Don't cave in. AND DON'T QUIT. Your BREAKTHROUGH is here!

Hold on to your faith in God's Word! Continue to believe. Keep it moving and step into DESTINY!

25)

S*DAY__IT'S BIGGER THAN YOU THINK!****Ephesians 3:20 AMPC**

Now to Him Who, by (in consequence of) the [action of His] power that is at work within us, is able to [carry out His purpose and] do superabundantly, far over and above all that we [dare] ask or think [infinitely beyond our highest prayers, desires, thoughts, hopes, or dreams]

God's plans for you are bigger than you think, My Sister. They reach further, bless more people, and bring Him more glory than you can imagine.

So don't shrink your vision to fit your comfort zone. Let Him stretch you into the life He's designed.

PRAYER:

Lord, expand my vision to match Your plans. I choose to trust You for greater things. Amen

K*DAY__YOU ARE BLESSED!****Ephesians 1:3 TPT**

Every spiritual blessing...has already been lavished on us as a love gift from our wonderful heavenly Father, the Father of our Lord Jesus Christ...

Beloved Friend, did you know that you were born and designed by God to be blessed?

You have probably heard people say, "God bless you." These are good and pleasant words to hear.

Sometimes the phrase is spoken with much thought or purpose. "Bless, blessing, blessed" can be overused words – casual and empty of their power and true meaning. In the Bible, "blessed" means being empowered to live a successful and prosperous life! Now you're talking!

Prosperity and good success in every area of your life: spiritual, physical, relationships, and financial!
This is Whole Life prosperity!

When you believe and receive God's gift of salvation – His Son Jesus – at the same time you receive His blessing. You already have His supernatural empowerment in you! Today, discover and cultivate this power by reading and saying out loud the God's promises in His Word [the Bible].
Today is the best day of the rest of your life!

K*DAY__BLESSED TO BE A BLESSING TO OTHERS!**

Genesis 12:2 (NIV)

"I will bless you... and you will be a blessing."

God's blessings are never meant to stop with us. He pours into our lives so we can pour into the lives of others.

Look for ways today to share what you've been given — a kind word, a prayer, a resource, a helping hand.

PRAYER:

Lord, thank You for blessing me. Show me how to bless others in Your name. Amen.

26)

K*DAY__LIVING BY GIVING**

II Corinthians 9:7

"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."

When you and I give to support the Kingdom of God it is much more than a mere financial/transactional act — it's a lifestyle, an expression of love, trust, and worship toward God. As we give freely, cheerfully, and generously, we are telling Heaven and speaking to our own hearts: *I trust You, Lord, to take care of me. I believe that You are my Source.*

Maybe you've given before when it was easy — when you had extra and could spare it. But have you ever given when it felt like you had nothing to give? That's when giving becomes an act of faith that comes from a loving relationship with God. That's when we experience the true essence and meaning of giving — because we want to, not because we have to or feel pressured to.

I remember a season when my own finances were tight. The "sensible" thing would have been to hold on to what I had. But the Holy Spirit whispered, "Plant this seed." I obeyed. And before the week was over, God opened a door to a financial resource I hadn't even known existed. He brought it to me in a way I was not expecting - a way only He could have arranged.

Today, ask God to show you where and how to give — your time, your spiritual gifts, your prayers, your resources. Then give with joy, knowing you can trust your Loving God to take care of you.

PRAYER:

Father, thank You for being my Source and my Provider. Today I choose to live generously, with open

hands and an open heart. Show me where to give and how to bless others. I trust You to meet all my needs according to Your riches in glory in Christ Jesus. Amen.

K*DAY__YOU HAVE STRENGTH!**

The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid? NKJV

God's Promise to you is Strength!

As a woman (this also happens to men), you have felt weak. At one time or another (maybe even now), you have experienced weakness in some particular area of your life. Maybe it is/was physical because of a medical diagnosis. Maybe something happened to you that caused an emotional or mental health trauma to take place. That habit you've developed or that toxic relationship you've nursed for so long, seems to have stripped you and left you powerless.

But, my Sister and Friend...your Heavenly Father has good news for you! He says, "Enough is enough! It's a new day!"

He wants you to know that because He loves you so much, He gave His Son Jesus Christ to die on the cross and take all your weaknesses. Now you can freely exchange your weakness for His STRENGTH! Now you are strong in Him and in the power of His might!

You are strong because you have God's strength!

27)

K*DAY__DATE WITH DESTINY!**

Ephesians 2:10 AMPC

For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which God predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live].

Hello my Designer-Original Sister!

Today God wants you to know you were created for destiny!

You were born for a special reason and a unique purpose. You were not an accident, an afterthought or a mistake. God planned your birth and life before your mother and father got together and conceived you. What you were born to do, no one else can do. Even if there's someone in the world who may be doing the same thing, they can't do it like God created YOU to do it! Hallelujah!

Beloved Sister, it's your time to discover DESTINY and fulfill the call of God on your life!

The Kingdom of God, Body of Christ and the world need what God has blessed, gifted and especially empowered you to do!

AFFIRMATION: Read or speak out loud

God created me with purpose and His plan for my life. I will fulfill my specific destiny!

PRAYER

Lord Jesus, I thank You that my life matters. I praise You because I am fearfully and wonderfully made! (Psalm 139:14). With your help and guidance, I will discover and accomplish Your plan for my life.

REFLECTION

Do you know what the will of God is for your life?

How do you think God has “wired” you?

What are your gifts and talents? What are you passionate about?