



SEATTLE/BELLEVUE GROUP
AGENDA
April 14, 2015

7:30 AM Member Check-in and breakfast at SBW Consulting

8:50 AM Break

9:00 AM Workshop Topic: The Power of Resilience in Complex Times (handout)

One page agenda/topics to be covered

Review of one page handout:

- What is Resilience?
- Why should we care about it?
- What is your role as a CEO in building a resilient organization?

9:10 AM Exercise #1: How Resilient Are You?

- Complete the self-assessment survey.
- Reflect on your results: (handout)
- Share in pairs or with whole group.

9:30 AM Exercise #2: Handling Significant Change (both personally and professionally)

Pre-work: Reflect on the past 5 years, and list the significant changes you have experienced both personally and professionally. Bring this with you to the session and be prepared to discuss what went well and what did not. Pay particular attention to whether or not you could have anticipated these events and subsequent changes.

Exercise: (in pairs first, then sharing with whole group)

- What did you learn about yourself?
- How well did you handle the changes you faced?
- What is one thing you would like to do differently going forward?

10:00 AM	Break
10:10 AM	Topic: The Science and ROI behind Resilience • Cultivating Resilience for Competitive Advantage • Sustaining it to manage VUCA
10:20 AM	Exercise #3: What Resilient Leaders Do Differently • Discuss what “good” looks like with regard to resilience • Case Study (discuss in small groups or in pairs)
10:40 AM	Topic: Cultivating Organizational Resilience (brief intro to next exercise) Exercise #4: Recipe for Building Resilience (3 Pillars) • Assess/discuss how resilient your organization is today. • Using handout provided, brainstorm new strategies, behaviors, and/or programs that you will focus on to build resilience in each of the key arenas. • How can your culture support this effort? • Share your ideas in pairs and challenge each other’s thinking and rationale. • Recap “best” ideas with the whole group.
11:20 AM	Summary of Workshop • Review salient points and key takeaways. • Homework/Next Steps: What are you going to choose to do differently, starting tomorrow, to build resilience in yourself, your senior leadership team, and your organization?
11:40 AM	Recap • 30 day commitments (what Members will take from the Session and use over the next 30 days to strengthen their learning) • How to improve this and other topics? • Completing feedback questionnaire

- Announcements

12:00 PM	Lunch
1:00 PM	Afternoon Member Only Work Sessions
5:00 PM	Adjourn

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